

# CURRICULUM VITAE

**Allyson M. Neal, DNP, PMHNP-BC, Psychiatric CNS-BC, CPNP**

## **I. GENERAL INFORMATION**

### **Work Address**

Allyson M. Neal, DNP, PMHNP-BC,  
Psychiatric CNS-BC, CPNP  
Clinical Assistant Professor &  
Coordinator PMHNP Program  
College of Nursing  
University of Tennessee  
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### **Work Telephone**

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## **II. EDUCATION**

<b><u>Institution</u></b>	<b><u>Location</u></b>	<b><u>Degree</u></b>	<b><u>Year</u></b>	<b><u>Major/Specialty</u></b>
University of Tennessee Health Science Center	Memphis, TN	Doctor of Nursing Practice	2010	Nursing, Psychiatric Mental Health Nurse Practitioner
Emory University	Atlanta, GA	Master of Science	1996	Nursing, Pediatric Nurse Practitioner
University of Tennessee Chattanooga	Chattanooga, TN	Bachelor of Science	1995	Nursing
East Tennessee State University	Johnson City, TN	Associate of Science	1985	Nursing

## **III. LICENSURE AND CERTIFICATION**

- American Heart Association BLS. Expires August 2022
- Registered Nurse, RN, TN license number: RN 67838
- Advanced Practice Nurse, TN license number: APRN 52153
- American Nurses Credentialing Center-Psychiatric Mental Health Nurse Practitioner, Expires 2025
- American Nurses Credentialing Center-Child & Adolescent Psychiatric, Clinical Nurse Specialist Expires 2021
- National Association of Pediatric Nurse Practitioners Certified Pediatric Nurse Practitioner, Expires 2021
- Drug Enforcement Administration License (DEA), Expires October 31, 2020

**IV. PROFESSIONAL EXPERIENCE**

<b><u>Institution</u></b>	<b><u>Location</u></b>	<b><u>Title</u></b>	<b><u>Date</u></b>
University of Tennessee, College of Nursing	Knoxville, TN	Coordinator Psychiatric Mental Health Practitioner Program  Clinical Assistant Professor of Nursing	May 1, 2019- present
University of Tennessee Health Science Center	Memphis, TN	Assistant Professor	May 1, 2016-April 30, 2019
Helen Ross McNabb Community Mental Health	Chattanooga, TN  Sevierville, TN	Advanced Practice Nurse- Psychiatric Mental Health	August 1, 2014- April 30, 2016  May 1, 2016- present
Agape Youth Behavioral Health	Chattanooga, TN	Advanced Practice Nurse- Psychiatric Mental Health	October 1, 2013- April 1, 2016
Johnson Mental Health Center	Chattanooga, TN	Advanced Practice Nurse- Psychiatric Mental Health	March 1, 2013-July 30, 2014
Fortwood Center	Chattanooga, TN	Advanced Practice Nurse- Psychiatric Mental Health	March 1, 2012- March 30, 2013
Lincoln Memorial University	Knoxville, TN	Assistant Professor	August 1 2011- December 31, 2013
University of Tennessee Chattanooga	Chattanooga, TN	Adjunct Faculty	January 1, 2010- December 31, 2012
Focus Psychiatry Services	Chattanooga, TN	Advanced Practice Nurse-Psychiatric Mental Health	August 1, 2010- March 30, 2012
Johnson Mental Health Center	Chattanooga, TN	Advanced Practice Nurse-Psychiatric Mental Health	February 1, 2010- September 30, 2010
T.C. Thompson Children's Hospital	Chattanooga, TN	Advanced Practice Nurse-Pediatric Neurology	June 1, 203- September 1, 2010

<u>Institution</u>	<u>Location</u>	<u>Title</u>	<u>Date</u>
Peds Care	Dalton, GA	Advanced Practice Nurse-Pediatric Primary Care	October 1, 2001-May 30, 2003
Memorial North Shore Health Center	Chattanooga, TN	Coordinator Building Blocks Program Advanced Practice Nurse-Pediatric Primary Care	March 1, 1997-August 30, 2001
Chattanooga State Community College	Chattanooga, TN	Adjunct Faculty	March 1, 1997-May 30, 1997
East Ridge Hospital	Chattanooga, TN	Neonatal Intensive Care Staff Nurse	June 1, 1994-August 30, 1995
Clinch Valley Medical Center	Richlands, VA	Neonatal Intensive Care and Newborn Nursery Staff Nurse	September 2000–April 2002
T.C. Thompson Children’s Hospital	Chattanooga, TN	Neonatal and Pediatric Intensive Care Staff Nurse	September 1, 1989-September 30, 1993
March of Dimes Birth Defects Foundation	Chattanooga, TN	Health Educator	April 1, 1991-February 28, 1993
Vanderbilt University Medical Center	Nashville, TN	Neonatal and Pediatric Intensive Care; Pediatric Surgery Unit Staff Nurse	August 1, 1988-August 30, 1989
Johnson City Medical Center	Johnson City, TN	Neonatal and Pediatric Intensive Care Staff Nurse; Transport Team	September 1, 1985-July 30, 1988
Holston Valley Medical Center	Kingsport, TN	Oncology Staff Nurse	June 1, 1985-October 1, 1985

## V. PUBLICATIONS

### Peer-reviewed Publications

Neal, A.M. Somatic Interventions to Improve Self-Regulation in Children and Adolescents: A Scoping Review, under review.

Neal, A.M. and Lusk, P. Telesimulation: A Successful Model of Psychotherapy Training in Graduate Psychiatric Advanced Practice Nursing Students, manuscript in progress.

Donohoe, M.L., Neal, A.M. & Gaffney, K.M. Strategies to Promote Resiliency in a Pediatric School Population, manuscript in progress.

## **Published Book Chapters**

Neal, A.M. (2018). *Psychiatric Mental Health in Family Nurse Practitioner Certification Prep Plus*. Kaplan Publishing: New York, NY.

## **Other Publications**

Neal, A.M. Review of *Let Me Not Be Mad: My Story of Unraveling Minds*, by A.K. Benjamin, *Issues in Mental Health Nursing*, (September 10, 2020). DOI: 10.1080/01612840.2020.1797341

Neal, A.M. (Fall 2018). Separating Nurses from Obstacles of Membership. *Tennessee Nurse*, 81(3), 20.

Neal, A.M. (Summer 2018). Benefits of Membership. *Tennessee Nurse*, 81(2), 18.

Neal, A.M. (Spring 2018). Why Should You Be Involved? *Tennessee Nurse*, 81(1), 3.

Neal, A.M. (Fall 2017). TNA Membership Challenge. *Tennessee Nurse*, 80(3), 20.

Neal, A.M. (Spring 2017). So, what is Keeping You? *Tennessee Nurse*, 80(1), 10.

Neal, A.M. (Winter 2015). Collaboration: Not Always a Good Thing. *Tennessee Nurse*, 78(4), 14.

## **Press about Dr. Neal's Accomplishments**

Myers, C. (Interviewer). (August 11, 2020). Children's Mental Health During the Pandemic. [Audio interview]. *91.9fm WUOT*. Available at <https://www.wuot.org/programs/healthconnections>

Myers, C. (Interviewer). (January 28, 2020). Resiliency in the Face of Childhood Trauma. [Audio interview]. *91.9fm WUOT*. Available at <https://www.wuot.org/programs/healthconnections>

## **VI. GRANTS**

### **Internal**

University of Tennessee College of Nursing, Laura Barnes Research Award July 2020. Funding \$1,000.

### **External**

*E<sup>6</sup>: Expanding Nurse-led Interprofessional Care*. Health Resources & Service Administration, Neal, A.M. (PI). Submitted February 7, 2020. Not funded.

*Resilience Strategies to Decrease Negative Behaviors in the Classroom*. National Association of Pediatric Nurse Associates and Practitioners, Neal, A.M. (CoInvestigator). Submitted August 15, 2018. Not funded.

*Community Engagement: ACE Strategies to Promote Resilience in a Pediatric School Population*. Sigma Theta Tau, Neal, A.M. (Co-Investigator). Submitted March 30, 2017. Not funded.

## VII. PRESENTATIONS

### National

Neal, A.M. and Donohoe, M. (2019, October). *The Impact of Improved Resiliency on Education*. American Psychiatric Nurses Association, New Orleans, LA.

Neal, A.M. and Donohoe, M. (2019, March). *Resiliency Skill Building to Mitigate the Impact of ACEs and Trauma*. National Association of Pediatric Nurse Practitioners, New Orleans, LA.

Lusk, P. and Neal, A.M. (2018, October). *A Successful Model for Clinical Training in Child/Adolescent Cognitive Behavioral Therapy (CBT) for Graduate Psychiatric Advanced Practice Nursing Students*. American Psychiatric Nurses Association, Columbus, OH.

Neal, A.M. (2017, October). *MTHFR gene deficiency and mental health*. American Psychiatric Nurses Association, Phoenix, AZ.

Neal, A.M., Gaffney, K., and Donohoe, M. (2017, October). *ACE strategies to promote resilience in a pediatric school population*. Poster presentation at the 2017 American Psychiatric Nurse Association Conference, Phoenix, AZ.

Neal, A.M. (2011, June). *The Effects of a Parent Educational Intervention on ADHD Symptoms in School Age Children*. American Academy of Nurse Practitioners, Nashville, TN.

Neal, A.M. (2010, October). *The Effects of a Parent Educational Intervention on ADHD Symptoms in School Age Children*. American Academy of Nurse Practitioners, Louisville, KY.

Neal, A.M. (2010, January; 2009, October; 2008, April). *Parent to Parent Training*. CHADD, Chattanooga, TN.

Neal, A.M. (2005, May). *Incorporating Neurological and Mental Health Evaluations in Primary Care*. Tennessee Chapter National Association of Pediatric Nurse Practitioners, Chattanooga, TN.

### State/Regional

Donohoe, M. and Neal, A.M. (2017, September). *A resiliency intervention in a middle school classroom with a trauma-informed care teacher led by PNs: A pilot project*. Tennessee Nurses Association Educational Conference, Murfreesboro, TN.

Neal, A.M. (2017, September). *Resiliency: A community approach to neuroplasticity*. Poster presentation at the 2017 Tennessee Nurses Association Educational Conference, Murfreesboro, TN.

Neal, A.M. (2017, April). *Depression: An interprofessional approach to treatment*. Poster presentation at the 3<sup>rd</sup> Annual Southeastern Interprofessional Education Conference, Pigeon Forge, TN.

## **Local**

Neal, A.M. (2017). *Understanding child and adolescent mental health*. Sevier County Juvenile Justice Center, Sevierville, TN. June 15, 2017. Presenter, invited.

Neal, A.M. (2019). *Mental health medications for adolescents*. Sevier County Juvenile Justice Center, Sevierville, TN. May 16, 2019, Sevierville, TN. Presenter, invited.

## **VIII. PROFESSIONAL APPOINTMENTS AND OFFICES**

### **College Service**

<b><u>Role- University of Tennessee-Knoxville</u></b>	<b><u>Dates</u></b>
Graduate Curriculum Committee, College of Nursing Chairperson	September 2020-present
Graduate Council, Proxy, University of Tennessee-Knoxville	September 2020-present
Graduate Curriculum Committee, College of Nursing	2019-2020
Search Committee Member to hire Graduate Clinical Coordinator, College of Nursing	May 2020–November 2019
<b><u>Role- University of Tennessee Health Science Center</u></b>	<b><u>Dates</u></b>
Bylaws Committee, Member, University of Tennessee Health Science Center	May 2017–May 2019

### **National Appointments**

<b><u>Role</u></b>	<b><u>Dates</u></b>
American Psychiatric Nurses Association- Chair Scholarly Review Committee	November 2020-present
National Task Force for Quality Nurse Practitioner Education Criteria for Evaluation of Nurse Practitioner Programs-American Psychiatric Nurses Association Representative	November 2019-present
American Psychiatric Nurses Association-Associate Chair Scholarly Review Committee	January 2019-October 2020
Licensure, Accreditation, Certification, and Education (LACE Network) representing the American Psychiatric Nurses Association	October 2018-present
American Psychiatric Nurses Association Child and Adolescent-Advisory Board	August 2016-present

### **Community Service**

<b><u>Role</u></b>	<b><u>Dates</u></b>
Sevier County Tennessee Juvenile Justice Center, Sevierville, TN-educator/consultant	May 2017-present
Foci Cognitive Training, Chattanooga, TN	May 2016-December 2016

## Professional Service

<b>Organization and Role</b>	<b>Dates</b>
<b>Current member in the following professional societies:</b> American Nurses Association American Association of Psychiatric Nurses Sigma Theta Tau International, Gamma Chi Chapter Tennessee Nurses Association Tennessee Chapter-American Psychiatric Nurses Association	
Fairfield University, Fairfield, CT-Panel Expert to develop Trauma and Resilience competencies for undergraduate nursing students, graduate and doctoral nursing students and practicing advanced nurse practitioners-Invited member	June 2018–present
National Association of Pediatric Nurse Practitioners-Emotional Care of Children Committee position statement “Building Resiliency Throughout Childhood and Adolescence”-Invited member	November 2018–May 2019
<b>Organization and Role</b>	<b>Dates</b>
<i>Issues in Mental Health Nursing</i> , Oxford, United Kingdom: Taylor & Francis-Reviewer. Editor: Sandra P. Thomas	September 2020–present
Sigma Theta Tau International, Gamma Chi Chapter-Leadership Committee	2020-present
Tennessee Nurses Association, District 2-Director	2020-present
Tennessee Nurses Association, District 2-Sevier County Representative	2016-2020
Tennessee Nurses Association-Director of Membership	2016-2018
University of Tennessee Health Science Center College of Nursing Alumni Board	2011-2019
Tennessee Nurses Association, District 4-President	2010-2012
American Psychiatric Nurses Association, Child and Adolescent Council Steering Committee	2010-2011
Pediatric Nursing Certification Board, Child and Adolescent Behavioral and Mental Health Specialty Certification Exam Item Writer	2010-2011
Children and Adults with Attention Deficit/Hyperactivity Disorder (CHADD), Greater Chattanooga Chapter, Board of Directors	2007-2011
National Association of Pediatric Nurse Practitioners, Tennessee Chapter- President, Education Chair, Membership Chair 1998-2007	1998-2007

## Professional Development

<b>Role</b>	<b>Dates</b>
Community Resiliency Model-Trainer Certified	November 2019
Trauma Resiliency Model-Level 1-Certified	August 2017
Community Resiliency Model-Certified	June 2017
COPE2Thrive-Certified	May 2018

**IX. HONORS AND AWARDS**

<b>Organization and Award or Honor</b>	<b>Dates</b>
CHEPS Outstanding Adjunct Faculty of the Year, University of Tennessee Chattanooga, 2009-2010	May 2010



