

## Joel G. Anderson, PhD, CHTP, FGSA

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### CERTIFICATIONS

Certified Healing Touch Practitioner, December 2014 to December 2019  
Healing Beyond Borders

### EDUCATION

**Certificate in Advanced Clinical Dementia Practice** December 2015  
School of Social Work  
University of Michigan

**Postdoctoral Research Fellow** July 2009 to June 2012  
Center for the Study of Complementary and Alternative Therapies  
School of Nursing  
University of Virginia  
*Clinical research using non-pharmacological therapies*

**Doctorate of Philosophy** May 2009  
University of North Carolina at Greensboro  
Department of Nutrition  
*Dissertation: Effects of Manganese Exposure and Iron Deficiency on the Biology of GABA and Norepinephrine*

**Bachelor of Science** May 1999  
University of North Carolina at Wilmington  
Department of Biology  
*University Honors and Honors in Biology*  
*Honors Thesis: Trends in Gastroenteritis at New Hanover Regional Medical Center from 1996 to 1999*

### POSITIONS

**Associate Professor (tenure track)** August 2016 to present  
College of Nursing  
University of Tennessee

<b>Assistant Professor</b> ( <i>tenure track</i> ) Department of Acute and Specialty Care School of Nursing University of Virginia	August 2012 to June 2016
<b>Assistant Professor</b> ( <i>non-tenure</i> ) Department of Acute and Specialty Care School of Nursing University of Virginia	August 2011 to May 2012
<b>Graduate Research Assistant</b> Department of Nutrition University of North Carolina at Greensboro	May 2005 to May 2009
<b>Graduate Teaching Assistant</b> Department of Nutrition University of North Carolina at Greensboro	August 2004 to May 2005
<b>Laboratory Technician III</b> Department of Radiation Oncology Wake Forest University School of Medicine	January 2001 to August 2004
<b>Laboratory Technician II</b> Department of Cancer Biology Wake Forest University School of Medicine	July 1999 to January 2001

## PEER-REVIEWED PUBLICATIONS

**Anderson JG**, E Hundt, M Dean and KM Rose. "A fine line that we walk every day": Self-care approaches used by family caregivers of persons with dementia. *Issues in Mental Health Nursing*; *in press*.

Letzkus LC, J Keim-Malpass, **J Anderson**, M Conaway, P Patrick and CM Kennedy. A retrospective analysis of paroxysmal sympathetic hyperactivity following severe pediatric brain injury. *Journal of Pediatric Rehabilitation*; *in press*.

Shearer J, SK Davis, P Erwin, **JG Anderson** and LC Lindley. Neonatal abstinence syndrome and neurodevelopmental health outcomes: A state of the science. *Journal of Neonatal Nursing*; *in press*.

Talbot CV, ST O'Dwyer, L Clare, J Heaton and **JG Anderson**. Identifying people with dementia on Twitter. *Dementia*; *in press*.

**Anderson JG** and JD Flatt. Characteristics of LGBT caregivers of older adults: Results from the national Caregiving in the U.S. 2015 Survey. *Journal of Gay and Lesbian Social Services* 2018; 30(2):103-116.

**Anderson JG**, C Rogers, A Bossen, I Testad and KM Rose. Mind-body therapies in persons with dementia: An integrative review. *Research in Gerontological Nursing* 2017; 10(6):288-296.

Mangione L, D Swengros and **JG Anderson**. Biofield therapies and wellbeing: An integrative review. *Mental Health Issues in Nursing* 2017; 38(11):930-944. (Selected by the Editorial Board as Practice Paper of the Year for 2017)

Matos LC, SC Santos, **JG Anderson**, J Machado, HJ Greten and FJ Monteiro. Instrumental measurements of water and the surrounding space during a randomized blinded controlled trial of focused intention. *Journal of Evidence-Based Complementary and Alternative Medicine* 2017; 22(4):675-686.

Letzkus LC, J Keim-Malpass, **J Anderson** and CM Kennedy. Paroxysmal sympathetic hyperactivity: An exploratory evaluation of documented nursing interventions. *Journal of Pediatric Nursing* 2017; 34:e17-e21.

**Anderson JG**, MA Friesen, A Herbst, D Swengros and L Mangione. Examination of the use of Healing Touch by registered nurses in the acute care setting. *Journal of Holistic Nursing* 2017; 35(1):97-107.

**Anderson JG**, E Hundt, M Dean, J Keim-Malpass and RP Lopez. "The Church of Online Support": Examining the use of blogs by family caregivers of persons with dementia. *Journal of Family Nursing* 2017; 23:34-54.

**Anderson JG**, RP Lopez, KM Rose and J Specht. Non-pharmacological strategies for patients with early stage dementia or mild cognitive impairment: A ten-year update. *Research in Gerontological Nursing* 2017; 10(1):5-11.

Heath J, KM Butler, S Craig, **JG Anderson**, C Barone and J Andrews. Relationships between tobacco cessation interventions and attributes of individual and organizational excellence in acute and critical care nursing practice. *American Journal of Critical Care* 2016; 26:53-61.

Taylor AG, T Fischer-White, **JG Anderson**, KE Adelstein, M Murugesan, JE Lewis, M Scott, RPA Gaykema and L Goehler. Stress, inflammation, and pain: A potential role for monocytes in fibromyalgia-related symptom severity. *Stress and Health* 2016; 32:503-513.

Taylor AG, KE Adelstein, TG Fischer-White, M Murugesan, and **JG Anderson**. Perspectives on living with fibromyalgia. *Global Qualitative Nursing Research*, 2016; 3:1-13.

**Anderson JG**, MA Friesen, J Fabian, D Swengros, A Herbst and L Mangione. Examination of the perceptions of registered nurses regarding the use of Healing Touch in the acute care setting. *Journal of Holistic Nursing*, 2016; 34(2):167-176.

Fischer-White TG, **JG Anderson** and AG Taylor. An integrated methodology to assess compliance with Delphi survey key components of yoga interventions for musculoskeletal conditions as applied in a systematic review of fibromyalgia studies. *Explore: The Journal of Science and Healing*, 2016; 12(2): 100-112.

**Anderson JG**, KM Rose and AG Taylor. A descriptive study of the nutrition-related concerns of caregivers of persons with dementia. *Journal of Aging Research and Clinical Practice*, 2016, 5(1):1-6.

Smith DT, AE Snyder, PJ Hollen, **JG Anderson** and JM Caterino. Analyzing the usability of the 5-level Canadian Triage and Acuity Scale by paramedics in the prehospital environment. *Journal of Emergency Nursing*, 2015; 41(6):489-495.

Burgener SC, YL Jao, **JG Anderson** and A Bossen. Mechanism of action for non-pharmacological therapies for individuals with dementia: Implications for practice and research. *Research in Gerontological Nursing*, 2015; 8(5):240-259.

Fischer-White TG, JE Lewis, KM Rose, **JG Anderson** and AG Taylor. Restorative yoga for symptom management in fibromyalgia: Results of an 8-week intervention. *Journal of Yoga & Physical Therapy*, 2015; 5(2):185.

Fischer-White TG, JE Lewis, KM Rose, **JG Anderson** and AG Taylor. Protocol for a feasibility study of restorative yoga for symptom management in fibromyalgia. *Journal of Yoga & Physical Therapy*, 2015; 5(2):183.

Mensah SB and **JG Anderson**. Barriers and facilitators of the use of mind-body therapies by healthcare providers and clinicians to care for themselves. *Complementary Therapies in Clinical Practice*, 2015; 21:124-130.

**Anderson JG**, L Suchicital, M Lang, A Kukic, L Mangione, D Swengros, J Fabian and MA Friesen. The effects of Healing Touch on pain, nausea and anxiety following bariatric surgery: A pilot study. *Explore*, 2015; 11:208-216.

**Anderson JG**. Clinical roundup: Selected treatment options for Alzheimer's disease—Biofield therapies. *Alternative and Complementary Therapies*, 2015; 21:44.

Johnson CC, AG Taylor, DE Whaley, **JG Anderson** and RA Jones. Feasibility and acceptability of an internet-based, African dance-modified yoga program for African-American women with or at risk for metabolic syndrome. *Journal of Yoga & Physical Therapy*, 2014; 4:174.

Swengros D, AM Herbst, MA Friesen, L Mangione and **JG Anderson**. Promoting caring-healing relationships: Bringing Healing Touch to the bedside in a multi-hospital health system. *Holistic Nursing Practice*, 2014; 28:370-375.

Taylor AG, PF Rodeheaver, M DiBenedetto, C Bourguignon, **JG Anderson** and GT Gillies. Randomized, sham-controlled, pilot trial using magnetic wrist-hand fitments for symptoms of carpal tunnel syndrome. *Journal of Clinical Trials*, 2014; 4:169.

Brotherton CS, AG Taylor, CM Bourguignon and **JG Anderson**. A high fiber diet may improve bowel function and health-related quality of life in patients with Crohn's disease. *Gastroenterology Nursing*, 2014; 37:206-216.

Taylor AG, AE Snyder, **JG Anderson**, CJ Brown, JJ Densmore and C Bourguignon. Gentle massage improves disease- and treatment-related symptoms in patients with acute myelogenous leukemia. *Journal of Clinical Trials*, 2014; 4:161.

Adelstein K, **JG Anderson** and AG Taylor. Importance of meaning-making for patients undergoing hematopoietic stem cell transplantation for hematologic malignancies. *Oncology Nursing Forum*, 2014; 41:E172-E184.

**Anderson JG**, SA Kebaish, JE Lewis and AG Taylor. Effects of cranial electrical stimulation on activity in regions of the basal ganglia in individuals with fibromyalgia. *Journal of Alternative and Complementary Medicine*, 2014; 20:206-207.

Taylor AG, **JG Anderson**, SL Riedel, JE Lewis, PA Kinser and C Bourguignon. Cranial electrical stimulation improves symptoms and functional status in individuals with fibromyalgia. *Pain Management Nursing* 2013; 14:327-335.

Taylor AG, **JG Anderson**, SL Riedel, JE Lewis and CM Bourguignon. A randomized, controlled, double-blind pilot study of the effects of cranial electrical stimulation on activity in brain pain processing regions in individuals with fibromyalgia. *Explore* 2013; 9:32-40. (Profiled by ProHealth, NPR, and the University of Virginia 2013 President's Report)

Dickerson RF, **JG Anderson**, E Hoque, D Gerdt, AG Taylor and J Stankovic. Tracking influence of Reflective Exercise for people with epilepsy. *Wireless Health* 2012; doi: 10.1145/2448096.2448110.

Enyinnaya E, **JG Anderson**, El Merwin and AG Taylor. Chiropractic use, healthcare expenditures, and health outcomes for rural and nonrural individuals with arthritis. *Journal of Manipulative and Physiological Medicine* 2012; 35(7):515-524.

Albrecht TA, **JG Anderson**, R Jones, C Bourguignon and AG Taylor. A complementary care study combining flaxseed oil, caffeine, fasting, and exercise in women diagnosed with advanced ovarian cancer: Findings from a case study. *Holistic Nursing Practice* 2012; 26:308-316.

**Anderson JG** and AG Taylor. Use of complementary therapies by individuals with or at risk for cardiovascular disease: Results of the 2007 National Health Interview Survey. *Journal of Cardiovascular Nursing* 2012; 27:96-102.

**Anderson JG** and AG Taylor. Use of complementary therapies for cancer symptom management: Results of the 2007 National Health Interview Survey. *Journal of Alternative and Complementary Medicine* 2012; 18:235-241.

**Anderson JG** and AG Taylor. Biofield therapies and cancer pain. *Clinical Journal of Oncology Nursing* 2012; 16:43-48. (Profiled by the American Academy of Pain Management)

**Anderson JG** and AG Taylor. Effects of Healing Touch in clinical practice: A systematic review of randomized clinical trials. *Journal of Holistic Nursing* 2011; 29:221-228.

**Anderson JG** and AG Taylor. The metabolic syndrome and mind-body therapies: A systematic review of clinical trials. *Journal of Nutrition and Metabolism* 2011; article ID 276419.

**Anderson JG** and AG Taylor. Biofield therapies in cardiovascular disease management: A brief review. *Holistic Nursing Practice* 2011; 25:199-204.

Fordahl SC, **JG Anderson**, PT Cooney, TL Weaver, CL Colyer and KM Erikson. Manganese exposure inhibits the clearance of extracellular GABA and influences taurine homeostasis in the striatum of developing rats. *NeuroToxicology* 2010; 31:639-646.

Williams BB, BK Vadodaria, **JG Anderson**, GF Kwakye, D Li, M Aschner, KM Erikson and AB Bowman. Disease-toxicant screen reveals a neuroprotective interaction between Huntington's disease and manganese exposure. *Journal of Neurochemistry* 2010; 112:227-237.

Au C, A Benedetto, **J Anderson**, A Labrousse, K Erikson, JJ Ewbank and M Aschner. SMF-1, SMF-2 and SMF-3 NRAMP orthologues control manganese uptake and toxicity in *C. elegans*. *PLoS One* 2009; 4(11):e7792.

**Anderson JG**, SC Fordahl, PT Cooney, TL Weaver, CL Colyer and KM Erikson. Extracellular norepinephrine, norepinephrine receptor and transporter protein and mRNA levels are differentially altered in the developing rat brain due to dietary iron deficiency and manganese exposure. *Brain Research* 2009; 1281:1-14.

**Anderson JG**, SC Fordahl, PT Cooney, TL Weaver, CL Colyer and KM Erikson. Manganese exposure alters extracellular GABA, GABA receptor and transporter protein and mRNA levels in the developing rat brain. *NeuroToxicology* 2008; 29:1044-1053.

Fitsanakis VA, N Zhang, **JG Anderson**, KM Erikson, MJ Avison, JC Gore and M Aschner. Measuring brain manganese and iron accumulation in rats following 14-weeks of low-dose manganese treatment using atomic absorption spectroscopy (AAS) and magnetic resonance imaging (MRI). *Toxicological Sciences* 2008; 103:116-124.

**Anderson JG**, PT Cooney and KM Erikson. Brain manganese accumulation is inversely related to GABA uptake in male and female rats. *Toxicological Sciences* 2007; 95:188-195.

**Anderson JG**, PT Cooney and KM Erikson. Inhibition of DAT function attenuates manganese accumulation in the globus pallidus. *Environmental Toxicology and Pharmacology* 2007; 23:179-184.

Hess SM, **JG Anderson** and U Bierbach. A non-crosslinking platinum-acridine hybrid agent shows enhanced cytotoxicity compared to BCNU and cisplatin in glioblastoma cells. *Bioorganic and Medicinal Chemistry Letters* 2005; 15:443-446.

Augustus TM, **J Anderson**, SM Hess and U Bierbach. Bis(acridinylthiourea)platinum(II) complexes: synthesis, DNA affinity, and biological activity in glioblastoma cells. *Bioorganic and Medicinal Chemistry Letters* 2003; 13(5):855-8.

## MANUSCRIPTS UNDER REVIEW

Shearer JN, PC Erwin, SK Davis, **JG Anderson** and LC Lindley. Analysis of Tennessee opioid legislation and the implications on neonatal abstinence syndrome. *Policy, Politics and Nursing Practice*

Lee M, H Kim, **JG Anderson** and IC Williams. Self-rated health and caregiver stress among caregivers of persons with dementia: Results from the *Caregiving the U.S.* 2015 data. *Journal of Gerontological Nursing*

Testad I, CT Froiland, M Kajander, A Corbett, MT Gjesten and **JG Anderson**. Nutrition-related interventions for persons with early-stage dementia or Alzheimer's disease: An integrative review. *Research in Gerontological Nursing*

Lee M, JH Ryoo, M Chung, **JG Anderson**, KM Rose and IC Williams. Effective interventions for depressive symptoms among caregivers of people with dementia: A systematic review and meta-analysis. *Dementia*

McLennon SM, **JG Anderson**, FR Epps and KM Rose. “It’s just part of life”: African American daughters caregiving for parents with dementia. *Journal of Women and Aging*

Rose KM, **JG Anderson**, IC Williams and RP Lopez. A systematic scoping review of the dementia family caregiving literature. *Journal of Family Nursing; in revision*

Davis TM, MA Friesen, V Lindgren, A Golino, R Jackson, L Mangione, D Swengros and **JG Anderson**. Healing Touch improves vital signs in critical care patients: A pilot study. *Critical Care Nurse*

## **MANUSCRIPTS IN PREPARATION**

**Anderson JG**, A Eppes and ST O’Dwyer. “Like death is near”: Expressions of suicidal and homicidal thoughts in the blog posts of family caregivers of people with dementia.

**Anderson JG**, E Hundt, M Dean, X Li and KM Rose. Strategies used by caregivers to support family members with dementia.

**Anderson JG**, A Loughlin, C Jacelon and RP Lopez. Investigating the psychosocial impact of dementia and caregiving on dignity through illness blogs.

**Anderson JG**, S Cobb, C Talbot and ST O’Dwyer. Leveraging Twitter to understand family perspectives of dementia caregiving.

**Anderson JG**, A Kirk, RP Lopez and KM Rose. Aspects of stigma in the dementia care experience.

**Anderson JG**, R Jablonski-Jaudon, KB Hirschman, A Perez, L Eastham, IC Williams and KM Rose. Transitions in care for sexual and gender minorities: Recommendations for research, education, and practice.

Lee BG and **JG Anderson**. Cultural competency in health care and aging services: Insights from the #CultCompMatters Twitter chat.

Flatt JD and **JG Anderson**. Health risks of LGB caregivers.

Chen F, JD Flatt and **JG Anderson**. Technology use and the health of LGB older adults.

Rose KM, IC Williams, **JG Anderson** and D Geldmacher. Development and validation of the Family Quality of Life in Dementia Scale.

Williams IC, KM Rose, and **JG Anderson**. Family quality of life in dementia among African American caregivers.

McLennon S, S Mixer, A Davis, S Covington and **JG Anderson**. Riding the rollercoaster: Needs and concerns of family caregivers of persons with Alzheimer's disease and related dementias near the end of life.

Edwards CA, **JG Anderson** and KM Rose. Analysis of social isolation using caregiver blogs.

## BOOKS

**Anderson JG**, L Anselme and LK Hart. *Foundations and Practice of Healing Touch*. Healing Beyond Borders, Lakewood CO, 2017.

## BOOK CHAPTERS

**Anderson JG**. Healing Touch. In: *Encyclopedia of Theory in Counseling and Psychotherapy*. E Neukrug (ed.), Sage Publishers, 2015.

**Anderson JG** and ME Megel. Evidence-based practice. In: *Healing Touch: Enhancing Life through Energy Therapy*. D Wardell, S Kagel and L Anselme (eds.), iUniverse-Penguin, 2014.

**Anderson JG** and KM Erikson. The importance of trace elements for neurological function. In: *The Handbook of Behavior, Food, and Nutrition*. VR Preedy et al., (eds.), Springer Press, 2011.

## WHITE PAPERS

**Anderson JG**, DF Lu, N Strybol, SM Hess and L Mangione. Healing Touch research brief: A summary of topics on research and strategies for the future. Healing Beyond Borders, Lakewood CO, 2015.

## EDITORIALS

**Anderson JG**. The Next Harmonic: A paradigm shift in Healing Touch research, education, and practice. *Perspectives in Healing*; March 2017, p. 10.

Rose KM and **JG Anderson**. Top 10 list for building team science. *Research in Gerontological Nursing* 2016; 9(6):254-255. (Invited)

**Anderson JG**. Transitions, service, and the Volunteer spirit. *Perspectives in Healing*; November 2016, p. 21.

**Anderson JG**. A research hat trick. *Perspectives in Healing*; June 2016, p. 23.

**Anderson JG**. Healing Touch research: Where we've been and where we're going. *Perspectives in Healing*; April 2016, p. 26.

Mensah SB and **JG Anderson**. Nurses' use of mind-body therapies for self-care. *Perspectives in Healing*; December 2015, p. 26-29.

**Anderson JG.** Butterscotch pie: Reflections of family caregiving in dementia. *Richmond Times Dispatch*, November 15, 2015.

**Anderson JG.** Leveraging social media to support Healing Touch research, education, and practice. *Perspectives in Healing*, September 2015, p. 31-34.

**Anderson JG.** The impact of the relaxation response on metabolism, inflammation and other physiological pathways. *Perspectives in Healing*, June 2014, p. 21.

**Anderson JG.** Dispelling myths and criticism regarding research. *Perspectives in Healing*, September 2013, p. 17-18.

**Anderson JG.** Expanding our vision: Supporting the evidence-based practice of Healing Touch. *Perspectives in Healing*, March 2013, p. 24.

**Anderson JG.** Recommendations for Healing Touch clinical research: Assessing subjective patient outcomes and reporting findings. *Perspectives in Healing*, April 2012, p. 24-25.

**Anderson JG.** Energy research: Systematic review of Healing Touch research. *Perspectives in Healing*, May 2011, p. 20-21.

## **PRESENTATIONS**

### **National and International:**

**Anderson JG** and JD Flatt. Characteristics of LGBT caregivers of older adults: Results from the national *Caregiving in the U.S. 2015 Survey*. 2018 Gerontological Society of America Annual Meeting, Boston, MA, November 17, 2018 (*podium*)

**Anderson JG** and JD Flatt. Characteristics of LGBT caregivers of older adults: Results from the national *Caregiving in the U.S. 2015 Survey*. 2018 National Hartford Center for Gerontological Nursing Excellence Leadership Conference, Boston, MA, November 13, 2018 (*poster*)

**Anderson JG.** The Basics of Alzheimer's Disease: Alzheimer's and Sedation/Anesthesia. 2018 American Association of Moderate Sedation Nurses Annual Meeting, Pigeon Forge, TN, September 21, 2018 (*invited keynote presentation*)

**Anderson JG.** Legacy planning and career cartography in holistic care. 2018 Healing Touch International Conference, Minneapolis, MN, September 13, 2018 (*invited presentation*)

**Anderson JG.** Aging and Dementia in the 21<sup>st</sup> Century: A Discussion of Insights and Innovations in Care. 2017 International Dementia Scholars Collaborative Annual Meeting, Knoxville, TN, November 10, 2017 (*invited discussant*)

**Anderson JG** and L Anselme. In service: Raising the vibe. 2017 Healing Touch International Conference, Denver, CO, August 20, 2017 (*invited presentation*)

**Anderson JG**, L Anselme and L Hart. Foundations and practice of Healing Touch. 2017 Healing Touch International Conference, Denver, CO, August 18, 2017 (*invited presentation*)

**Anderson JG.** Culturally congruent practice of Healing Touch. 2017 Healing Touch International Conference, Denver, CO, August 16, 2017 (*invited presentation*)

**Anderson JG,** R Jablonski-Jaudon, KB Hirschman, A Perez, L Eastham, IC Williams and KM Rose. Transitions in care for sexual and gender minorities: Recommendations for research, education, and practice. 2017 International Association of Gerontology and Geriatrics World Congress of Gerontology and Geriatrics, San Francisco, CA, July 23, 2017. *Innovation in Aging*, 2017; 1(S1):70. (*podium*)

Bell JM, W Schroeder, **JG Anderson** and W Looman. A social media primer for family nursing scholars. 2017 International Family Nursing Conference, Pamplona, Spain, June 14, 2017 (*pre-conference workshop*)

**Anderson JG.** "The Church of Online Support": Examining the use of blogs among family caregivers of persons with dementia. Regional Conference in Elderly Medicine, Centre for Medicine and Aging, University of Stavanger, Stavanger, Norway, June 8, 2017 (*invited presentation*)

**Anderson JG.** "The Church of Online Support": Examining the use of blogs among family caregivers of persons with dementia. International Collaborative Research Group, Centre for Medicine and Aging, University of Stavanger, Stavanger, Norway, June 7, 2017 (*invited presentation*)

**Anderson JG.** Examining the experience of caring for a family member with dementia through illness blogs. Collaboration for Leadership in Applied Health Research and Care, Institute of Health Research, University of Exeter, Exeter, United Kingdom, June 1, 2017 (*invited presentation*)

**Anderson JG,** IC Williams and KM Rose. Development and testing of the Family Quality of Life in Dementia Scale. 2016 Gerontological Society of America Annual Meeting, New Orleans, LA, November 19, 2016. *The Gerontologist*, 2016; 56:492. (*podium*)

**Anderson JG** and KM Rose. Non-pharmacological strategies in dementia care: The state of the science. 2016 Gerontological Society of America Annual Meeting, New Orleans, LA, November 19, 2016. *The Gerontologist*, 2016; 56:598-599. (*session chair*) (*Invited symposium for Health Science Section Clinical Interventions track*)

**Anderson JG.** Diving into the psychoneuroimmunology model: A Healing Touch perspective. 2016 Healing Touch International Conference, Colorado Springs, CO, October 8, 2016 (*invited keynote presentation*)

**Anderson JG.** Social media made easy for the holistic practitioner. 2016 Healing Touch International Conference, Colorado Springs, CO, October 7, 2016 (*invited keynote presentation*)

**Anderson JG.** Contemplative pedagogy for holistic educators. 2016 Healing Touch International Conference, Colorado Springs, CO, October 6, 2016 (*invited keynote presentation*)

**Anderson JG,** J Keim-Malpass and RP Lopez. Investigating the psychosocial impact of dementia and caregiving on dignity through illness blogs. 2015 Gerontological Society of America Annual Meeting, Orlando, FL, November 19, 2015. *The Gerontologist*, 2015; 55:145. (*podium*)

**Anderson JG** and N Strybol. State of the science in biofield therapy research. 2015 Healing Touch International Conference, Naples, FL, October 3, 2015 (*podium*)

Caprel E, **JG Anderson** and L Mangione. Bringing Healing Touch into your facility: Business planning. 2015 Healing Touch International Conference, Naples, FL, October 2, 2015 (*podium*)

**Anderson JG**, AG Taylor and KM Rose. A descriptive study of the nutrition-related concerns of caregivers of persons with dementia. 2015 International Family Nursing Conference, Odense, Denmark, August 19, 2015 (*podium*)

**Anderson JG**. State of the science in biofield therapy research. 2015 Healing Touch Association of Canada Biennial Conference, Nanaimo, BC, Canada, April 25, 2015 (*invited keynote presentation*)

**Anderson JG**. Investigating the psychosocial impacts of dementia caregiving through blogs. 2014 Gerontological Society of America Annual Meeting, Washington, DC, November 8, 2014 (*podium; session chair*)

**Anderson JG**, L Suchicital, M Lang, A Kukic, L Mangione, J Fabian and MA Friesen. The effects of Healing Touch on pain, nausea and anxiety following bariatric surgery: A pilot study. 2014 National State of the Science Congress in Nursing Research, Council for the Advancement of Nursing Science, Washington, DC, September 2014 (*podium*)

**Anderson JG**. Design and implementation of Healing Touch research in the clinical setting. 2014 Healing Touch International Annual Meeting, Colorado Springs, CO, September 6, 2014 (*podium*)

**Anderson JG**. Healing Touch research. 2014 Healing Touch International Annual Meeting, Colorado Springs, CO, September 5, 2014 (*podium; session chair*)

**Anderson JG**. Investigating the psychosocial impacts of dementia caregiving through blogs. 2014 International Dementia Scholars Collaborative Annual Meeting, Boston, MA, May 30, 2014 (*podium*)

**Anderson JG**. Expanding our vision: Supporting the evidence-based practice of Healing Touch. 2014 Healing Touch California Annual Regional Symposium, Redwood Shores, CA, April 13, 2014 (*invited keynote presentation*)

**Anderson JG**, SM Hess and LK Hart. Healing Touch research. 2013 Healing Touch International Annual Meeting, Denver, CO, October 5, 2013 (*podium; session chair*)

**Anderson JG**. Use of complementary therapies by persons with dementia: Results from the 2007 National Health Interview Survey. 2013 International Dementia Scholars Collaborative Annual Meeting, Charlottesville, VA, May 31, 2013 (*podium*)

**Anderson JG**, H Durham, A Stull and J Lambert. Young professionals mentoring and networking. 2013 American Society for Nutrition Annual Meeting, Boston, MA, April 22, 2013 (*session leader*)

**Anderson JG**, SL Riedel, PA Kinser, JE Lewis, C Bourguignon and AG Taylor. Cranial electrical stimulation improves symptoms and functional status in individuals with fibromyalgia. 2012 National State of the Science Congress in Nursing Research, Council for the Advancement of Nursing Science, Washington, DC, September 14, 2012 (*podium*)

**Anderson JG**. Expanding our knowledge base: Results of the 2007 National Health Interview Survey. Healing Touch International Annual Conference, St. Louis, MO, September 10, 2010 (*podium*)

**Anderson JG** and KM Erikson. Manganese exposure and iron deficiency result in home cage behavior alterations in the developing rat. Experimental Biology 2009 (*poster*)

**Anderson JG**, SC Fordahl, PT Cooney and KM Erikson. Manganese exposure alters GABA and norepinephrine transporter protein expression in the developing rat brain. Society of Toxicology 2008 (*poster*)

**Anderson JG**, SC Fordahl, PT Cooney and KM Erikson. Iron deficiency and manganese toxicity are associated with decreases in neurotransmitter uptake. Experimental Biology 2007. *FASEB Journal* 21:A1065. (*poster*)

**Anderson JG**, SC Fordahl, PT Cooney and KM Erikson. The effect of manganese accumulation on neurotransmitter uptake. Society of Toxicology 2007 (*poster*)

**Anderson JG** and Erikson KM. Effect of DAT blockade on dietary iron/manganese interactions in the developing male rat brain. Society of Toxicology 2006 (*poster*)

Hess SM, **J Anderson**, P Brady, J Davenport and U Bierbach. Effects of the novel drugs ACRAMTU and PT-ACRAMTU in glioblastoma cells. American Association for Cancer Research 2003 (*poster*)

Blackstock AW, R Johnson, **J Anderson** and SM Hess. Analysis of oxaliplatin damage and repair in RKO colon cancer cells. American Association for Cancer Research 2003 (*poster*)

### **Regional:**

**Anderson JG**. Supporting families living with Alzheimer's disease and dementia: A research perspective. The Summitt Series: Alzheimer's Education and Legal Aid Wellness Checkup, The Pat Summitt Foundation, Johnson City, TN, April 18, 2018 (*invited presentation*)

**Anderson JG**. Supporting families living with Alzheimer's disease and dementia: A research perspective. The Summitt Series: Alzheimer's Education and Legal Aid Wellness Checkup, The Pat Summitt Foundation, Kingsport, TN, April 18, 2018 (*invited presentation*)

**Anderson JG**. Nutritional and dietary support for mental health and wellbeing. 2017 Tennessee Chapter of the American Psychiatric Nurses Association Annual Meeting, Knoxville, TN, April 28, 2017 (*invited keynote presentation*)

**Anderson JG**, E Hundt, M Dean, J Keim-Malpass and RP Lopez. Examining the use of blogs and social media by family caregivers of persons with dementia. 2016 Southern Gerontological Society Annual Meeting, Charlottesville, VA, April 2, 2016 (*podium*)

**Anderson JG**, AG Taylor and KM Rose. A descriptive study of the nutrition-related concerns of caregivers of persons with dementia. 2016 Southern Nursing Research Society Annual Meeting, Williamsburg, VA, February 25, 2016 (*poster*)

**Anderson JG**, MA Friesen, A Herbst, D Swengros and L Mangione. Examination of the use of Healing Touch by registered nurses in the acute care setting. 2015 Inova Nursing Research Symposium, Falls Church, VA, October 16, 2015 (*poster*)

Davis TM, L Mangione, J Kyte, A Golino, K Hicks, R Jackson, V Lindgren and **JG Anderson**. Effects of Healing Touch in the critical care environment. 2015 Inova Nursing Research Symposium, Falls Church, VA, October 16, 2015 (*invited presentation*)

**Anderson JG**. Healing Touch in the acute care setting. Edelman Conference, Inova Health System, Falls Church, VA, May 14, 2015 (*invited presentation*)

**Anderson JG**. Investigating the psychosocial impacts of dementia caregiving through blogs. 2015 Southern Gerontological Society Annual Meeting, Williamsburg, VA, April 17, 2015 (*podium*)

**Anderson JG**. Healing Touch in the acute care setting. Inova Health System, Falls Church, VA, December 7, 2013 (*invited presentation*)

**Anderson JG** and L Suchicital. Healing Touch research in the acute care setting: Preliminary findings and recommendations. 2013 Inova Nursing Research Symposium, Falls Church, VA, November 8, 2013 (*invited keynote presentation*)

#### **Local:**

**Anderson JG** and JD Flatt. Characteristics of LGBT caregivers of older adults: Results from the national *Caregiving in the U.S.* 2015 Survey. LGBTQ Appalachian Health Equity Interdisciplinary Symposium, Department of Public Health, University of Tennessee, April 6, 2018 (*poster*)

**Anderson JG**. Characterizing psychosocial measures among LGBTQ+ caregivers of persons with Alzheimer's disease and related dementias. Doctoral Student Colloquium, College of Nursing, University of Tennessee, April 2, 2018 (*invited presentation*)

**Anderson JG**. "A little bit of their souls": Dignity and compassion in Alzheimer's disease and dementia. MicNite, University of Tennessee, November 15, 2017 (*invited presentation*)

**Anderson JG**. To tweet or not to tweet: A place for Twitter in scholarship. College of Nursing, University of Tennessee, September 8, 2017 (*invited presentation*)

Davis TM, MA Friesen, L Mangione, A Herbst, J Kyte, D Swengros, A Golino, K Hicks, R Jackson, M Obeid, V Lindgren and **JG Anderson**. The effects of Healing Touch on the vital signs of critical care patients. 2016 Sigma Theta Tau International Gamma Chi Research Day, College of Nursing, University of Tennessee, November 7, 2016 (*poster*) (*Selected as Third Place in Research*)

**Anderson JG**, MA Friesen, A Herbst, D Swengros and L Mangione. Examination of the use of Healing Touch by registered nurses in the acute care setting. 2016 Sigma Theta Tau International Gamma Chi Research Day, College of Nursing, University of Tennessee, November 7, 2016 (*poster*)

**Anderson JG**. Development and testing of the Family Quality of Life in Dementia Scale. Graduate School of Medicine Research Seminar Series, University of Tennessee Medical Center-Knoxville, October 18, 2016 (*invited presentation*)

**Anderson JG**. Tailored education interventions for dementia caregiver support. Population Health and Prevention Research Seminar Series, Department of Public Health Sciences, University of Virginia School of Medicine, November 13, 2015 (*invited presentation*)

**Anderson JG**. Clinical research from bench to bedside. Office of Nursing Research, University of Virginia, July 17, 2015 (*invited presentation*)

**Anderson JG**. Healing Touch: Implications for education and practice. School of Nursing, University of Virginia, October 31, 2014 (*invited presentation*)

**Anderson JG** and K Keim-Malpass. Using social media to build a research network. School of Nursing, University of Virginia, October 20, 2014 (*invited presentation*)

**Anderson JG**. Clinical research from bench to bedside. Office of Nursing Research, University of Virginia, June 23, 2014 (*invited presentation*)

**Anderson JG**. Teaching statistics to graduate and undergraduate students. 2013 Quantitative Collaborative CAFÉ, University of Virginia, September 27, 2013 (*invited presentation*)

**Anderson JG**. Clinical research from bench to bedside. Office of Nursing Research, University of Virginia, July 8, 2013 (*invited presentation*)

**Anderson JG**. Randomized behavioral clinical trials: points of consideration from the NIH summer research institute. Office of Nursing Research, University of Virginia, April 16, 2013 (*invited presentation*)

**Anderson JG**, M Baernholdt, J Keim-Malpass and T Albrecht. Post-doctoral fellowship panel discussion. School of Nursing, University of Virginia, April 3, 2013 (*panel discussant*)

**Anderson JG**. Showcasing innovation in teaching. School of Nursing, University of Virginia, February 13, 2013 (*invited presentation*)

Rose KM and **JG Anderson**. Diagnosis of dementia: Implications for individuals and family caregivers. Office of Nursing Research, University of Virginia, June 29, 2012 (*invited presentation*)

**Anderson JG**, SL Riedel, PA Kinser, JE Lewis, C Bourguignon and AG Taylor. Cranial electrical stimulation improves symptoms and functional status in individuals with fibromyalgia. 2<sup>nd</sup> Annual Presidential Poster Competition, University of Virginia, May 4, 2012 (*poster*)

Taylor AG and **JG Anderson**. Researcher perspectives on selected complementary and supportive care therapies. Society for Multicultural Medicine, University of Virginia, March 21, 2012 (*invited presentation*)

**Anderson JG**, J Kirchgessner, H Lee and A Jamal-Kabani. Beneath the surface: A closer look at the influence of diversity in academic and clinical nursing professionals. University of Virginia School of Nursing, March 31, 2010 (*panel discussant*)

## **MEDIA AND IMPACT**

### **Blog posts:**

[“Family is who they say they are”: Health disparities among LGBTQ+ families.](#) International Family Nursing Association blog, July 31, 2018.

[The 4 C’s of Tweeting for #familynursing.](#) International Family Nursing Association blog, May 25, 2018.

[Engaging multidisciplinary and interprofessional family health scholars in family nursing.](#) International Family Nursing Association blog, April 24, 2018

[Self-care for family nursing scholars: Walking our talk.](#) International Family Nursing Association blog, March 26, 2018

[IFNA-graphics: How to Use Infographics to Promote Family Nursing.](#) International Family Nursing Association blog, February 26, 2018

[“Who are you from?”: Family narratives and family nursing.](#) International Family Nursing Association blog, September 15, 2017

[And to think that it started with IFNC13.](#) International Family Nursing Association blog, July 19, 2017

[Social media and #familynursing.](#) International Family Nursing Association blog, April 9, 2017

[It takes a village.](#) International Family Nursing Association blog, February 20, 2017

[“I see and I remember. I do and I understand”: YouTube and family nursing.](#) International Family Nursing Association blog, January 10, 2017

[MIND-ful superfoods.](#) Work Healthy UT blog, December 20, 2016 (*invited post*)

[Finding time for “deep work.”](#) International Family Nursing Association blog, October 3, 2016

[Reflections on IFNC12.](#) International Family Nursing Association blog, July 17, 2016

[Dining with dementia.](#) International Family Nursing Association blog, June 3, 2016

[The how’s and why’s of blogging.](#) International Family Nursing Association blog, May 6, 2016

## **Media Interviews:**

WUOT (NPR; Knoxville, TN), Health Connections, “Myths about Alzheimer’s disease and dementia”	June 2018
WVIR (NBC 29; Charlottesville, VA), “UVA Health System MLK celebration”	January 2016
WVIR (NBC 29; Charlottesville, VA), “UVA hosts ‘Day in the Life’ of a health care professional”	January 2014
WVTF (NPR; Charlottesville, VA), “Help for fibromyalgia”	May 2013
WVIR (NBC 29; Charlottesville, VA), “Device sends electrical pulses and relief to fibromyalgia patients”	March 2013

## **ABSTRACTS**

Anderson JG, RP Lopez, LH Beebe, KM Rose and SM McLennon. Innovative data collection methods in family research. 2019 International Family Nursing Conference.

Davis TM, MA Friesen, V Lindgren, A Golino, R Jackson, J Drake, J Gucciardo, L Mangione, J Shearer, M DeMariano, M Corkins, MF Kamin, A Escalante and **JG Anderson**. Effects of Healing Touch on outcomes in persons experiencing orthopaedic surgery. 2018 American Holistic Nurses Association Annual Meeting. (*poster*)

Davis TM, MA Friesen, V Lindgren, A Golino, R Jackson, J Drake, J Gucciardo, L Mangione, J Shearer, M DeMariano, M Corkins, MF Kamin, A Escalante and **JG Anderson**. Effects of Healing Touch on outcomes in persons experiencing orthopaedic surgery. 2018 Reston/Marymount Annual Research Meeting. (*poster*) (*Selected as Second Place in Research*)

Smith SM and **JG Anderson**. Emotion-focused coping among individuals with fibromyalgia. 2018 Exhibition of Undergraduate Research and Creative Achievement, University of Tennessee. (*poster*)

Smith SM and **JG Anderson**. Emotion-focused coping among individuals with fibromyalgia. 2018 Annual Undergraduate Research Symposium, University of Tennessee. (*podium*)

Metz A, J Heath, **J Anderson** and K Butler. Nurses’ perceptions of the safety of e-cigarettes and marijuana compared with conventional cigarettes. 2018 Southern Nursing Research Society Annual Meeting. (*poster*)

Shearer J, L Lindley and **J Anderson**. The long-term effect of neonatal abstinence syndrome on intellectual and developmental health outcomes of children. 2017 Sigma Theta Tau International Gamma Chi Research Day, College of Nursing, University of Tennessee. (*poster*)

Davis TM, MA Friesen, A Golino, V Lindgren, R Jackson, J Drake, J Gucciardo, J Shearer and **JG Anderson**. Effects of Healing Touch on outcomes in persons experiencing orthopaedic surgery. 2017 Inova Nursing Research and Evidence Based Practice Symposium. (*podium*)

Rose KM, KB Hirschman, A Perez, L Eastham, R Jablonski-Jaudon, **JG Anderson** and IC Williams. State of science: Transitional care among older vulnerable adults. 2017 International Association of Gerontology and Geriatrics World Congress of Gerontology and Geriatrics. *Innovation in Aging*, 2017; 1(S1):69. (*podium*)

Williams IC, A Perez, L Eastham, KB Hirschman, R Jablonski-Jaudon, **JG Anderson** and KM Rose. Exploring transitional care challenges among older racial/ethnic minorities. 2017 International Association of Gerontology and Geriatrics World Congress of Gerontology and Geriatrics. *Innovation in Aging*, 2017; 1(S1):69-70. (*podium*)

McLennon S, **JG Anderson** and KM Rose. African American female family caregivers for older persons with Alzheimer's disease: Experiences with crisis and coping. 2017 International Family Nursing Conference. (*podium*)

Smith S and **JG Anderson**. Emotional coping in individuals with fibromyalgia. 2017 Annual Undergraduate Research Symposium, University of Tennessee. (*podium*)

Smith S and **JG Anderson**. Emotional coping in individuals with fibromyalgia. 2017 Exhibition of Undergraduate Research and Creative Achievement, University of Tennessee. (*poster*)

Yost T, J Krusel, **JG Anderson** and AG Taylor. Cranial Electrotherapy for Military Beneficiaries with Restless Leg Syndrome. 2017 Annual Meeting of the Associated Professional Sleep Societies. (*poster*)

Zhao H, HD Byon and **JG Anderson**. Ethnic differences in caregiver burden experiences among caregivers of persons with dementia. 2017 Southern Nursing Research Society Annual Meeting. (*poster*)

Butler K, J Heath, **J Anderson**, C Barone and J Andrews. Nurses' knowledge of tobacco products and beliefs related to assisting patients with cessation. 2017 Southern Nursing Research Society Annual Meeting. (*poster*)

Suchicital L, M Lang, MA Friesen, **JG Anderson**, L Mangione, J Fabian and A Kukic. Nursing research: findings from implementation of a Healing Touch program for bariatric surgical patients. 2016 Healing Touch International Conference. (*poster*)

Friesen MA, **JG Anderson**, A Herbst, D Swengros and L Mangione. Examination of the use of Healing Touch by registered nurses in the acute care setting: Implications for holistic nursing practice. 2016 Healing Touch International Conference. (*poster*)

Davis TM, MA Friesen, L Mangione, A Herbst, J Kyte, D Swengros, A Golino, K Hicks, R Jackson, M Obeid, V Lindgren and **JG Anderson**. The effects of Healing Touch on the vital signs of critical care patients. 2016 Healing Touch International Conference. (*poster*)

Williams IC, **JG Anderson** and KM Rose. Family quality of life among African American caregivers of persons with dementia. 2016 Gerontological Society of America Annual Meeting. *The Gerontologist*, 2016; 56:492. (*podium*)

Chung M, **JG Anderson**, IC Williams and KM Rose. Stigma among Korean-American dementia caregivers: Impact on quality of life and coping strategies. 2016 Gerontological Society of America Annual Meeting. *The Gerontologist*, 2016; 56:492. (*podium*)

Rogers CE, **JG Anderson**, A Bossen, I Testad and K Rose. Mind-body therapies in persons with dementia: An integrative review. 2016 Gerontological Society of America. *The Gerontologist*, 2016; 56:598. (*podium*) (*Invited symposium presentation for Health Sciences Section Clinical Interventions track*)

Testad I, CT Froiland, M Kajander, MT Gjesten and **JG Anderson**. Nutritional interventions for persons with early-stage dementia or Alzheimer's disease: An integrative review. 2016 Gerontological Society of America. *The Gerontologist*, 2016; 56:598-599. (*podium*) (*Invited symposium presentation for Health Sciences Section Clinical Interventions track*)

Davis TM, MA Friesen, L Mangione, A Herbst, J Kyte, D Swengros, A Golino, K Hicks, R Jackson, M Obeid, V Lindgren and **JG Anderson**. The effects of Healing Touch on the vital signs of critical care patients. 2016 National State of the Science Congress in Nursing Research, Council for the Advancement of Nursing Science (*podium*)

Friesen MA, **JG Anderson**, A Herbst, D Swengros and L Mangione. Examination of the use of Healing Touch by registered nurses in the acute care setting: Implications for holistic nursing practice. 2016 Reston Nursing Research Conference (*poster*)

Davis TM, MA Friesen, L Mangione, A Herbst, J Kyte, D Swengros, A Golino, K Hicks, R Jackson, M Obeid, V Lindgren and **JG Anderson**. The effects of Healing Touch on the vital signs of critical care patients. 2016 Reston Nursing Research Conference (*poster*) (*Selected as Best in Research at conference*)

Williams IC, **JG Anderson**, M Dean, E Epstein, RP Lopez, K Rose, D Wilson and A Xie. Nuts and bolts of a scoping effort in dementia caregiving. 2016 Southern Gerontological Society Annual Meeting (*podium*)

Zhao H and **JG Anderson**. Mind-body therapies for informal caregivers of people with dementia: an integrative review. 2016 Southern Gerontological Society Annual Meeting (*poster*)

Friesen MA, **JG Anderson**, A Herbst, D Swengros and L Mangione. Examination of the use of Healing Touch by registered nurses in the acute care setting: Implications for holistic nursing practice. 2016 American Holistic Nurses Association Annual Meeting (*poster*)

Davis TM, MA Friesen, L Mangione, A Herbst, J Kyte, D Swengros, A Golino, K Hicks, R Jackson, M Obeid, V Lindgren and **JG Anderson**. Effects of Healing Touch in the critical care environment. 2016 American Holistic Nurses Association Annual Meeting (*poster*)

Davis TM, MA Friesen, L Mangione, A Herbst, J Kyte, D Swengros, A Golino, K Hicks, R Jackson, M Obeid, V Lindgren and **JG Anderson**. Effects of Healing Touch in the critical care environment. 2016 Virginia Patient Safety Summit (*poster*)

Butler K, J Heath, **J Anderson**, S Craig, C Barone and J Andrews. Relationship of tobacco cessation pharmacotherapy options and standards for nursing practice. 2016 Society for Research on Nicotine and Tobacco (*poster*)

Mensah SB and **JG Anderson**. Nurses' perceptions of barriers and facilitators to the use of mind-body therapies for self-care. 2016 Southern Nursing Research Society Annual Meeting (*poster*)

Davis TM, MA Friesen, L Mangione, A Herbst, J Kyte, D Swengros, A Golino, K Hicks, R Jackson, M Obeid, V Lindgren and **JG Anderson**. Effects of Healing Touch in the critical care environment. 2015 Virginia Hospital and Healthcare Association Annual Meeting (*poster*)

**Anderson JG**, MA Friesen, A Herbst, D Swengros and L Mangione. Examination of the use of Healing Touch by registered nurses in the acute care setting. 2015 Shenandoah University School of Nursing Fall Research Summit (*poster*)

Davis TM, MA Friesen, L Mangione, A Herbst, J Kyte, D Swengros, A Golino, K Hicks, R Jackson, M Obeid, V Lindgren and **JG Anderson**. Effects of Healing Touch in the critical care environment. 2015 Shenandoah University School of Nursing Fall Research Summit (*podium*)

Davis TM, MA Friesen, L Mangione, A Herbst, J Kyte, D Swengros, A Golino, K Hicks, R Jackson, M Obeid, V Lindgren and **JG Anderson**. Effects of Healing Touch in the critical care environment. 2015 Greater Washington Area Chapter of American Association of Critical Care Nurses Annual Conference (*poster*) (*Selected as Best in Research at conference*)

Suchicital L, M Lang, MA Friesen, **JG Anderson**, L Mangione, J Fabian and A Kukic. Nursing research: findings from implementation of a Healing Touch program for bariatric surgical patients. 2015 Virginia Nurses Association Annual Meeting (*poster*)

Davis TM, MA Friesen, L Mangione, A Herbst, J Kyte, D Swengros, A Golino, K Hicks, R Jackson, M Obeid, V Lindgren and **JG Anderson**. Effects of Healing Touch in the critical care environment. 2015 Virginia Nurses Association Annual Meeting (*poster*)

Rose K, **J Anderson**, M Dean, E Epstein, R Lopez, I Williams, D Wilson and A Xie. A systematic scoping review of dementia family caregiving. 2015 Gerontological Society of America Annual Meeting. *Gerontologist* 2015; 55:495. (*podium*)

Rose K, **J Anderson**, M Dean, E Epstein, R Lopez, I Williams, D Wilson and A Xie. A systematic scoping review of dementia family caregiving. 2015 International Family Nursing Association Biennial Conference (*podium*)

Rose K, **J Anderson**, A Bossen, R Davis, I Testad and I Williams. Use of cognitive training in persons with early stage dementia. 2015 International Dementia Scholars Collaborative Annual Meeting (*podium*)

Friesen MA, **JG Anderson**, L Suchicital, M Lang and L Mangione. Nursing research: findings from implementation of a Healing Touch program for bariatric surgical patients. 2015 Reston Hospital Center Research Conference (*poster*)

Friesen MA, **JG Anderson**, L Mangione, D Swengros, A Herbst and J Fabian. Perceptions of a nursing innovation using Healing Touch in a health care system: A pilot study. 2015 Reston Hospital Center Research Conference (*poster*)

Mensah SB and **JG Anderson**. Barriers and facilitators of healthcare providers' and clinicians' self-use of mind-body therapies. 2015 Virginia Nurses Association Legislative Day (*poster*)

Heath J, S Craig, **J Anderson**, C Barone and J Andrews. Electronic cigarettes: knowledge and perceptions among acute and critical care nurses. 2015 Southern Nurses Research Society Annual Conference (*poster*)

Suchicital L, M Lang, **JG Anderson** and L Mangione. Nursing Research: Findings from Implementation of a Healing Touch Program for Bariatric Surgical Patients. 2014 Inova Nursing Research Symposium (*poster*)

Friesen MA, **JG Anderson**, L Mangione, D Swengros, A Herbst and J Fabian. Perceptions of a nursing innovation using Healing Touch in a health care system: a pilot study. 2014 Inova Nursing Research Symposium (*poster*)

Friesen MA, **JG Anderson**, M Lang, L Suchicital, L Mangione, J Fabian and A Kukic. Findings from implementation of a Healing Touch program for bariatric surgical patients. George Mason University School of Nursing 40<sup>th</sup> Anniversary Celebration (*poster*)

Friesen MA, **JG Anderson**, L Mangione, D Swengros, A Herbst and J Fabian. Perceptions of a nursing innovation using Healing Touch in a health care system: A pilot study. 2014 Virginia Nurses Association Conference (*poster*) (*Profiled by the Virginia Society for PeriAnesthesia Nurses*)

Fischer-White TG, AG Taylor, KE Adelstein, RPA Gaykema, JE Lewis, **JG Anderson** and LE Goehler. Inverse correlations between circulating classical and intermediate monocytes and fibromyalgia symptoms of self-reported stress and pain. 2014 Council for the Advancement of Nursing Science (*podium*)

Friesen MA, **JG Anderson**, L Suchicital, M Lang and L Mangione. Nursing research: findings from implementation of a Healing Touch program for bariatric surgical patients. 2014 American Nurses Credentialing Center National Magnet Conference (*poster*)

Mensah SB, **JG Anderson**, MA Friesen, L Mangione, D Swengros and A Herbst. Examination of the use of Healing Touch by registered nurses in the acute care setting. 2014 Undergraduate Research Poster Session, University of Virginia (*poster*)

Goehler LE, T Fischer-White, KE Adelstein, M Murugesan, J Denomme, S Mensah, M Scott, RPA Gaykema, JE Lewis, **JG Anderson** and AG Taylor. Stress, pain and monocytes in fibromyalgia. 2014 Psychoneuroimmunology Research Society Annual Meeting. *Brain, Behavior and Immunity* 40:e6. (*poster*)

Fischer-White TG, AG Taylor, KE Adelstein, M Murugesan, J Denomme, S Mensah, M Scott, RPA Gaykema, JE Lewis, **JG Anderson** and LE Goehler. A PNI approach to correlations between circulating classical and intermediate monocytes, perceived stress, and reported pain in individuals with fibromyalgia. 2014 Robert J. Huskey Research Competition, University of Virginia (*poster*)

Johnson CC, AG Taylor, **JG Anderson**, RA Jones and DE Whaley. Dance/modified yoga for African American women at risk for chronic diseases. 2014 Southern Nurses Research Society Annual Conference (*poster*)

Heath J, S Craig, **J Anderson**, L Lassiter, C Barone and J Andrews. Three-year trends with tobacco cessation interventions among acute and critical care nurses. 2014 Southern Nurses Research Society Annual Conference (*poster*)

Brotherton CS, **JG Anderson** and AG Taylor. Nurse-led investigation of the relationship between dietary fiber and Crohn's disease symptoms. 2013 Crohn's and Colitis Foundation of America Annual Conference; *Inflammatory Bowel Diseases* 2013; 19:S7-S8 (*poster*)

Craig S, L Lassiter, **JG Anderson** and J Heath. Professional development factors and tobacco cessation interventions among acute and critical care nurses. Sigma Theta Tau 2013 (*poster*)

Taylor AG, A Snyder, **JG Anderson**, CJ Brown, JJ Densmore and C Bourguignon. Gentle massage improves disease- and treatment-related symptoms in patients with AML. 9<sup>th</sup> International Conference of the Society for Integrative Oncology, Albuquerque, NM, October 8, 2012 (*poster*)

Brotherton CS, AG Taylor and **JG Anderson**. Can a high fiber diet improve bowel function and health-related quality of life in Crohn's disease? Experimental Biology 2012. *FASEB Journal* 26:1b338. (*poster*)

Albrecht TA, **JG Anderson**, L Duska and AG Taylor. A complementary care study combining flaxseed oil, caffeine, fasting, and exercise in women diagnosed with advanced ovarian cancer: A case study. 15<sup>th</sup> International Symposium on Palliative and Supportive Oncology 2012 (*poster*)

Taylor AG, **JG Anderson**, TA Albrecht, S Modesitt and P Taylor. The effect of combining flaxseed oil, caffeine, fasting, and exercise on tumor burden in women diagnosed with stage III or IV ovarian cancer: a pilot study. Oncology Nursing Society 2011 (*poster*)

Fordahl SC, **JG Anderson**, D Milatovic, M Aschner and KM Erikson. The effect of manganese exposure on endogenous markers of oxidative stress in astrocytes. Experimental Biology 2009 (*poster*)

Williams BB, BK Vadodaria, **JG Anderson**, GF Kwakye, D Li, HL Tanner, KM Erikson and AB Bowman. The Huntington's disease mutation leads to an alteration in manganese transport or storage. Society of Toxicology 2009 (*poster*)

Williams BB, BK Vadodaria, **JG Anderson**, GF Kwakye, D Li, HL Tanner, KM Erikson and AB Bowman. Exploring gene-environment interactions in Huntington's disease to elucidate the molecular pathways of neurodegeneration. Society for Neuroscience 2008 (*poster*)

Williams BB, BK Vadodaria, H Tanner, **JG Anderson**, KM Erikson and AB Bowman. Gene-environment interactions between the Huntington's disease gene and manganese exposure. INC 2008 (*poster*)

Fordahl SC, **JG Anderson**, PT Cooney and KM Erikson. Manganese exposure alters GABA and norepinephrine gene expression in the developing rat brain. UNCG Research Symposium 2008 (*poster*)

Weaver T, C Colyer, **J Anderson** and K Erikson. Using capillary electrophoresis with laser-induced fluorescence detection to measure neurotransmitters as markers of manganese toxicity. Pitt Con 2007 (*poster*)

Weaver T, **JG Anderson**, KM Erikson and CL Colyer. Using capillary electrophoresis with laser-induced fluorescence detection to measure neurotransmitters as markers of manganese toxicity. TCDG 2006 (*poster*)

Zhang N, **JG Anderson**, KM Erikson, JC Gore, MJ Avison and M Aschner. Changes in dietary iron levels affect brain manganese accumulation and distribution. Society of Toxicology 2006. *Neurotoxicology* 27:1164. (poster)

Miyatake LA, V Fitsanakis, D Milatovic, **J Anderson**, KM Erikson, M McDonald and M Aschner. Utilization of behavioral testing, atomic absorption spectroscopy (AAS) and isoprostane analysis to determine the effects of brain manganese (Mn) accumulation in male C57BL/6J mice. Society of Toxicology 2006. *Neurotoxicology* 27:1188-1189. (poster)

Au C, **JG Anderson**, KM Erikson, R Nass and M Aschner. Effects of manganese chloride on three isoforms of divalent metal transporter knockouts in *Caenorhabditis elegans*. Society of Toxicology 2006 (poster)

Fitsanakis VA, N Zhang, **JG Anderson**, KM Erikson, JC Gore and M Aschner. Determination of brain manganese accumulation using magnetic resonance imaging (MRI) and atomic absorption spectroscopy. Society of Toxicology 2006 (poster)

Fitsanakis VA, N Zhang, **JG Anderson**, KM Erikson, JC Gore and M Aschner. Use of magnetic resonance imaging (MRI) to determine brain manganese deposition in male Sprague-Dawley rats. INC 2005 (poster)

Hess SM, A Mounce, R Sequeira, **JG Anderson**, AW Blackstock and GJ Lesser. The *in vitro* cytotoxic and radiation sensitizing effects of docetaxel (Taxotere) and a novel taxane RPR116258 on glioblastoma cell lines. American Association for Cancer Research 2005 (poster)

Hess SM, C Shaw, **J Anderson** and E Shaw. DNA damage and cytotoxicity of therapeutic grade essential oils. *Journal of Cancer and Integrative Medicine* 2004; 1(2):41. (poster)

Hess SM, **J Anderson** and U Bierbach. The effect of the novel drugs ACRAMTU and PT-ACRAMTU on glioblastoma cells. American Association for Cancer Research 2002 (poster)

Hess SM, J Butler, **J Anderson** and AW Blackstock. The effect of BBR3464 on colon cancer cells. *Radiation Research* 2002 (poster)

Smith H, **J Anderson**, K Lockett, MC Hall and JJ Hu. DNA damage and repair in prostate cancer cases and controls using the comet assay. American Association for Cancer Research 2001 (poster)

Lockett K, MC Hall, FM Torti, DL McCullough, SD Cramer, HW Mohrenweiser, **J Anderson**, TR Smith, K Lohman and JJ Hu. Amino acid substitution variants of DNA repair genes and prostate cancer susceptibility. American Association for Cancer Research 2001 (poster)

Lockett K, MC Hall, FM Torti, DL McCullough, SD Cramer, HW Mohrenweiser, **J Anderson**, TR Smith, K Lohman and JJ Hu. Prostate cancer risk and amino acid substitution variants of DNA repair genes. Society of Toxicology 2001 (poster)

Hu JJ, MC Hall, FM Torti, DL McCullough, SD Cramer, HW Mohrenweiser, **J Anderson**, TR Smith, K Lohman and B Zheng. Genetic polymorphisms of DNA repair in human prostate cancer risk. American Association for Cancer Research 2000 (poster)

## TEACHING EXPERIENCE

### Course Instructor

Aging in the 21 <sup>st</sup> Century ( <i>University of Tennessee</i> )	Fall 2018
Statistical Methods for Health Care Research ( <i>University of Tennessee</i> )	Fall 2018
Advanced Statistical Methods for Health Care Research ( <i>University of Tennessee</i> )	Spring 2018-2019
Statistics for Evidenced-Based Practice in Nursing ( <i>University of Tennessee</i> )	Fall 2017; Summer 2018
Advanced Quantitative Research Methods ( <i>University of Tennessee</i> )	Spring 2017, 2019
Quantitative Research Methods ( <i>University of Tennessee</i> )	Fall 2016
Statistical Methods for Healthcare Research I ( <i>University of Virginia</i> )	Fall 2012-2015
Statistical Methods for Healthcare Research II ( <i>University of Virginia</i> )	Spring 2013-2016
Statistical Methods for Healthcare Research III ( <i>University of Virginia</i> )	Fall 2012-2015

### Lecturer

Health and Health Care Policy ( <i>University of Tennessee</i> ) <i>Guest lecture on social media for graduate nursing course</i>	Fall 2017
Pathophysiology ( <i>University of Tennessee</i> ) <i>Guest lecture on nutrition for undergraduate nursing course</i>	Fall 2017
Quantitative Research Methods ( <i>University of Tennessee</i> ) <i>Guest lecture on randomization in clinical trials for graduate nursing course</i>	Fall 2017-2018
Public Health Aspects of Aging ( <i>University of Tennessee</i> ) <i>Guest lecture on the epidemiology of Alzheimer's disease and related dementias for undergraduate public health course</i>	Spring 2017
Scholarly Inquiry ( <i>University of Tennessee</i> ) <i>Guest lecture on research program development for graduate nursing course</i>	Fall 2016; Spring 2017
Pediatric Nurse Practitioner ( <i>University of Tennessee</i> ) <i>Guest lecture on complementary and integrative medicine for graduate nursing course</i>	Fall 2016-2018
Clinical Nursing Leader in the Health Care System ( <i>University of Virginia</i> ) <i>Guest lecture on leadership in a diverse workforce in health care for graduate nursing course</i>	Spring 2016
Foundations of Nursing Research ( <i>University of Virginia</i> ) <i>Guest lecture on program of research for undergraduate nursing course</i>	Spring 2015

Immunocompetence in Vulnerable Populations (*University of Virginia*) January Term 2015-2016  
*Guest lecture on psychoneuroimmunology for graduate nursing course*

Clinical Nurse Leader Capstone Practicum (*University of Virginia*) Spring 2014  
*Guest lecture on mind-body therapies for graduate nursing course*

Trends and Issues in Clinical Nursing Practice (*University of Virginia*) Fall 2013, 2015  
*Guest lecture on complementary and integrative medicine for undergraduate nursing course*

Exploring Culture and Healthcare Access Issues (*University of Virginia*) Spring 2013, 2016  
*Guest lecture on LGBT health disparities for interprofessional undergraduate nursing course*

Proposal Writing Seminar I (*University of Virginia*) Spring 2013  
*Guest lecture on formulating research questions and specific aims for graduate nursing course*

Research and Biostatistical Processes for Healthcare (*University of Virginia*) Spring 2013-2014  
*Guest lecture on interpretation of statistical methods and results for graduate nursing course*

Scientific Progress in Nursing (*University of Virginia*) Fall 2012-2015  
*Guest lecture on research program development for graduate nursing course*

Statistical Methods for Healthcare Research II-lab (*University of Virginia*) Spring 2012

Statistical Methods for Healthcare Research III-lab (*University of Virginia*) Fall 2011

Psychiatric-Mental Health Nursing (*University of Virginia*) Fall 2011  
*Guest lecture on stress reduction and mind-body therapies for undergraduate nursing course*

Psychiatric Nursing (*Piedmont Virginia Community College*) Fall 2011  
*Guest lecture on stress reduction and mind-body therapies for undergraduate nursing course*

Introduction to Resilience in Nursing (*University of Virginia*) Spring 2010-2014; Fall 2015  
*Guest lecture on stress reduction and resiliency using mind-body techniques for undergraduate nursing course*

Complementary and Alternative Practices and Products (*University of Virginia*) Fall 2009-2014  
*Guest lectures on non-pharmacological therapies in clinical research for interprofessional graduate nursing course*

Current Topics in Nutrition: The Mediterranean Diet (*UNC-Greensboro*) Spring 2007  
*Lectures, course development and course management as part of an independent study*

### **Graduate Teaching Assistant**

Introduction to Nutrition (*UNC-Greensboro*) Fall 2004; Spring 2005

## **UNDERGRADUATE STUDENT SUPERVISION**

### **University of Tennessee Undergraduate Research Mentorship:**

Abigail Anderson (Biology), "Leveraging Twitter to understand family perspectives of dementia caregiving" Fall 2017

### **University of Tennessee College of Nursing Honors Program Mentorship:**

Starla M. Smith, "Coping strategies of persons with fibromyalgia as examined through blogs" 2016-2018

### **University of Virginia School of Nursing Distinguished Majors Mentorship:**

Sylvanus B. Mensah, "Factors that determine an individual's prolonged use of complementary therapies and how these can be applicable to healthcare providers" 2014-2015

## **MASTERS STUDENT SUPERVISION**

### **University of Tennessee College of Nursing:**

Erin Pidkowicz, "Use of complementary and integrative therapies by LGBT older adults" Fall 2018

Chelsea Morrison, "Risk factors for chronic disease among LGBT older adults" Fall 2018

Joshua Carico, "How family is defined in the context of dementia caregiving" Spring 2018

Kristina Mullin, "How family is defined in the context of dementia caregiving" Spring 2018

William Payne, "Leveraging Twitter to understand family perspectives of dementia caregiving" Fall 2017

Amanda Loughlin, "Exploring the psychosocial impact on dementia family caregiving on dignity and personhood" Fall 2017

Alexis Eppes, "Expression of suicidal and homicidal ideation among family caregivers of persons with dementia" Fall 2017

## **DOCTORAL STUDENT SUPERVISION**

### **University of Tennessee College of Nursing:**

Advisor, Natalie Owsley 2018-present

Advisor, W. Travis McCall 2017-present

Dissertation Chair, Shadé Adigun 2017-present  
“Health care utilization among immigrant populations in the United States”

Dissertation Committee Member, Jennifer Shearer 2017-present  
“Long term effects of neonatal abstinence syndrome on intellectual and developmental outcomes”

**University of Virginia School of Nursing:**

Dissertation Committee Member, Maheswari Murugesan 2015-2016  
“Yoga as an intervention in patients with heart failure”

Dissertation Committee Member, Lisa Letzkus 2014-2016  
“Storming: Autonomic instability and muscle over-activity following severe pediatric brain injury”

Dissertation Committee Member, Tamara Fischer-White 2013-2015  
“Efficacy and potential mechanisms of restorative yoga in reducing symptoms of fibromyalgia”

Dissertation Committee Member, Emily Evans 2013-2014  
“Nurse-patient interaction: characterizing support for women experiencing depression during pregnancy”

Dissertation Committee Member, D. Todd Smith 2013-2014  
“Triage training, instrument development, and communications: A mixed methods evaluation to analyze safety, throughput, and outcomes correlation in the emergency department”

Dissertation Committee Member, Candace Johnson 2012-2013  
“Dance/Modified yoga: A health strategy for African-American women at risk for chronic diseases”

Dissertation Committee Member, Juliane Milburn 2012-2014  
“Intrapartum Pain Management in Hispanic Women”

**University of Virginia School of Medicine Generalist Scholars Program Mentorship:**

Vaishnavi Lanka, “Effects of Healing Touch on surgical outcomes in patients following orthopedic surgery” 2016

**FUNDED RESEARCH SUPPORT**

Family quality of life among LGBT caregivers of persons with dementia: A pilot study  
(PI: **Anderson**)  
Office of Research Services, College of Nursing, August 2018-June 2019  
University of Tennessee

Listening to Family Caregivers: A Comprehensive Caregivers' Needs Assessment in  
Co-occurrence of Diabetes and Dementia  
(PI: Abdoli)  
Sigma Theta Tau, Gamma Chi Chapter, University of Tennessee April 2018-March 2019  
*Co-Investigator*

Listening to Family Caregivers: A Comprehensive Caregivers' Needs Assessment in  
Co-occurrence of Diabetes and Dementia  
(PI: Abdoli)  
Community Engagement Incentive Grant, University of Tennessee April 2018-March 2019  
*Co-Investigator*

Healthy IDEAS for Congregate Meals in Knox County  
(PI: Community Action Council Office on Aging)  
Humana Foundation September 2017-June 2018  
*Consultant*

Supporting Family Caregivers with Technology for Dementia Home Care (FamTechCare)  
(PI: Williams)  
National Institute of Nursing Research January 2017-July 2018  
5R01NR014737-02  
*Consultant*

Development of a Biobehavioral and Genetics Laboratory  
(PI: Hardy)  
Scholarly and Research Incentive Fund, October 2016-June 2017  
Office of Research and Engagement, University of Tennessee  
*Co-Investigator*

iRemember: Phase I Development of an App for Support of Patients with Dementia and Their  
Families  
(PIs: **Anderson** and Li)  
Kavli Foundation September 2016-May 2017

Cranial Electrotherapy for Military Beneficiaries with Restless Legs Syndrome  
(PI: Yost)  
Tri-service Nursing Research Program March 2013-February 2017  
*Co-investigator and Data Manager*

Effects of Healing Touch on Surgical Outcomes  
(PI: Friesen)  
Inova Health System Foundation February 2016-January 2017  
*Consultant*

ENGAGE-IL: Enhancement of Geriatric Care for All through Training and Empowerment: An  
Interprofessional Imperative  
(PI: Gruss)  
Health Resources and Services Administration August 2016-December 2016  
U1QHP28730  
*Consultant*

Issues in Transitions of Care among Vulnerable Older Adult Populations  
 (PIs: Rose and Williams)  
 Change AGENTS Action Community Grant, John A. Hartford Foundation July 2015-June 2016  
*Co-investigator*

Effects of Healing Touch in the Critical Care Environment  
 (PI: Davis)  
 American Nurses Foundation September 2014-August 2015  
*Consultant*

Family Caregiving in Dementia: A Scoping Study  
 (PI: Rose)  
 Office of Nursing Research, University of Virginia July 2014-June 2015  
*Co-investigator*

Examination of the Use of Healing Touch by Registered Nurses in the Acute Care Setting  
 (PI: **Anderson**)  
 Office of Nursing Research, University of Virginia July 2014-June 2015

Examination of the Use of Healing Touch by Registered Nurses in the Acute Care Setting  
 (PIs: Friesen and **Anderson**)  
 Epsilon Zeta Chapter, Sigma Theta Tau International June 2014-May 2015

Family Quality of Life in Dementia among African American Families  
 (PI: Williams)  
 Office of Nursing Research, University of Virginia June 2014-May 2015  
*Co-investigator and Data Manager*

Effects of a Healing Touch Intervention on Patient Outcomes in Persons Undergoing Bariatric  
 Surgery: A Pilot Study  
 (PI: **Anderson**)  
 Office of Nursing Research, University of Virginia June 2013-May 2014

Efficacy and Potential Mechanisms of Restorative Yoga in Reducing Symptoms of Fibromyalgia  
 (PI: Taylor)  
 Center for Contemplative Sciences, University of Virginia June 2013-May 2015  
*Co-investigator and Data Manager*

The Effects of Healing Touch on Patient-Reported Outcomes in Health Care  
 (PIs: **Anderson** and Friesen)  
 Inova Health System Foundation Research Grant January 2013-December 2013

Assessing Immune Cell Populations in Fibromyalgia: A Preliminary Proof-of-Concept Study  
 (PI: Taylor)  
 Center for the Study of Complementary and Alternative Therapies, University of Virginia November 2012-October 2013  
*Co-investigator and Data Manager*

A Descriptive Study of the Nutrition-Related Concerns of Caregivers of Individuals with Dementia  
(PIs: Taylor and Rose)  
Office of Nursing Research, University of Virginia  
*Co-investigator and Study Coordinator* July 2012-June 2015

Qigong as a Novel Intervention to Reduce Frequency of Seizures and Enhance Health-Related Quality of Life in Persons with Epilepsy: A Feasibility Study  
(PI: Taylor)  
Center for Nursing Research, University of Virginia  
*Co-investigator* October 2011-September 2013

Training Program in Complementary and Alternative Medicine  
(PI: Taylor)  
National Center for Complementary and Alternative Medicine  
5-T32-AT000052  
*Postdoctoral fellowship* July 2009-June 2012

Neurotoxicology of Dietary Iron/Manganese Interactions  
(PI: Erikson)  
National Institute of Environmental Health Sciences  
ES013791-01  
*Predoctoral fellowship* August 2005-May 2009

## **HONORS, AWARDS, AND HONOR SOCIETIES**

Fellow, Gerontological Society of America	2018
Faculty Marshall, Chancellor's Investiture, University of Tennessee	Fall 2017
Undergraduate Research Award, University of Tennessee ( <i>mentor</i> )	Fall 2017
Honoree, Top 20 Nursing Professors on Twitter	2017
Wellness Warrior Award, University of Tennessee	2017
Summer Undergraduate Research Internship, University of Tennessee ( <i>mentor</i> )	2017
Visiting International Academic Fellow, University of Exeter	2017
University of Virginia Health System Martin Luther King, Jr., Award	2016
Taylor Summer Stipend, School of Nursing, University of Virginia	2015
Scholarly Dissemination Award, School of Nursing, University of Virginia	2014
Jeanette Lancaster Endowment Fund of Faculty Excellence, School of Nursing, University of Virginia	2014, 2015

Honoree, 100 Inspiring Nursing Professors to Watch in 2014, Online LPN to RN	2014
Susan McDonald Nursing Student Research Award, School of Nursing, University of Virginia ( <i>mentor</i> )	2013
Oscar and Ruth Lanford Research Award, School of Nursing, University of Virginia	2013
Office of Nursing Research Travel Award, School of Nursing, University of Virginia	2012
Roberts Scholar, School of Nursing, University of Virginia	2012-2014
Fellow, 12 <sup>th</sup> Annual Summer Institute on Randomized Behavioral Clinical Trials, Office of Behavioral and Social Sciences Research, National Institutes of Health	2012
Fellow, 6 <sup>th</sup> Annual Mary Frances Picciano Dietary Supplement Research Practicum, Office of Dietary Supplements, National Institutes of Health	2012
Finalist, 2 <sup>nd</sup> Annual Presidential Poster Competition, University of Virginia	2012
John C. Lockhart Scholarship, UNC-Greensboro	2008
Graduate Student Travel Award, Society of Toxicology	2008
Sigma Xi Scientific Research Society	2007-present
Outstanding Graduate Student in Nutrition Award, UNC-Greensboro	2006
Edith S. Hinshaw Endowed Scholarship Fund, UNC-Greensboro	2006
Sarah and David Stedman Fund, UNC-Greensboro	2006
School of Human Environmental Sciences Travel Award, UNC-Greensboro	2006-2009
Graduate Student Association Travel Award, UNC-Greensboro	2005-2009
Kappa Omicron Nu Honor Society	2005-present
Rev. and Mrs. G.D. Albanese Scholarship, UNC-Greensboro	2005; 2007
University Scholarship, UNC-Wilmington	1998
University Honors Scholar, UNC-Wilmington	1995-1999
Samuel Oscar Brown Memorial Scholarship	1995

## **PROFESSIONAL MEMBERSHIPS**

International Family Nursing Association	2015-present
National Hartford Center for Gerontological Nursing Excellence	2014-present
International Dementia Scholars Collaborative	2011-present
Gerontological Society of America	2011-present
Healing Beyond Borders	2010-present
Society for Health Psychology	2018-2019
Society for the Psychology of Sexual Orientation and Gender Diversity	2018-2019
American Society for Nutrition	2004-2016
Southern Gerontological Society	2015-2016
Southern Nursing Research Society	2014-2016
Council for the Advancement of Nursing Science	2012-2015
American Holistic Nurses Association	2012-2015
National Organization of Gay and Lesbian Scientists and Technical Professionals	2009-2012
National Postdoctoral Association	2009-2012
Society of Toxicology	2007-2009
North Carolina Society of Toxicology	2007-2009
American Association for the Advancement of Science	2005-2009

## **PROFESSIONAL SERVICE**

Co-Host, Shut Up and Write Tuesdays-North America, Twitter Writing Group	2018-present
Member, Communications Committee, National Hartford Center for Gerontological Nursing Excellence	2017-present
Member, Communications Committee, International Family Nursing Association <i>Blog Editor 2016-present</i>	2016-present
Reviewer, Department of Defense Congressionally Directed Medical Research Programs	2015-present

Secretary, International Dementia Scholars Collaborative	2013-present
Member, Board of Directors, Healing Beyond Borders	2012-present
<i>President</i>	2017-present
<i>Member, Executive Committee</i>	2016-present
<i>Vice President</i>	2016-2017
<i>Research Director</i>	2012-2017
<i>Member, Research Committee</i>	2011-2017
<i>Secretary</i>	2014-2016
<i>Member, Conference Planning Committee</i>	2013-2018
Member, Health Sciences Section, Gerontological Society of America	2011-present
<i>Member, Nursing Care of Older Adults Interest Group</i>	2011-present
<i>Member, Alzheimer's Disease Research Interest Group</i>	2011-present
<i>Member, Rainbow Research Interest Group</i>	2016-present
<i>Member, Technology and Aging Research Interest Group</i>	2016-present
<i>Conference Abstract Peer Reviewer</i>	2014-2016; 2018
<i>Session Chair, Annual Meeting</i>	2014; 2016
<i>Ex Officio</i> Member, Healing Touch Steering Committee, Inova Health System	2015-2018
Volunteer, Southern Nursing Research Society Annual Meeting	2016
Member, Local Arrangements Committee, Southern Gerontological Society Conference	2015-2016
Reviewer, Tri-Service Nursing Research Program	2015-2016
Reviewer, Wellcome Trust/Department of Biotechnology India Alliance Fellowship	2015
Member, Early Career Nutrition Interest Group, American Society for Nutrition	2012-2015
<i>Member, Executive Board</i>	2012-2014
<i>American Society for Nutrition Postdoctoral Research Award     Selection Committee</i>	2013-2014
Judge, Spirit of Innovation Challenge, Conrad Foundation	2011-2014
Guest Editor, Special Issue, <i>Journal of Family Nursing</i>	2018-2019
Invited Member, Review Panel, <i>Research in Gerontological Nursing</i>	2018-2021
Reviewer, <i>Journal of Family Nursing</i>	2016-present
Reviewer, <i>Explore: The Journal of Science and Healing</i>	2012-present
Reviewer, <i>Journal of Alternative and Complementary Medicine</i>	2011-present
Reviewer, <i>Evidence-Based Complementary and Alternative Medicine</i>	2010-present
Reviewer, <i>EBioMedicine</i>	2018
Reviewer, <i>Nursing Open</i>	2015, 2017, 2018
Reviewer, Springer Publishing	2017
Reviewer, <i>PLOS One</i>	2015, 2017
Reviewer, <i>Alternative Therapies in Health and Medicine</i>	2010-2012, 2016

Reviewer, <i>Quality in Ageing and Older Adults</i>	2016
Reviewer, <i>Journal of Traditional and Complementary Medicine</i>	2016
Reviewer, <i>Arthritis Care &amp; Research</i>	2016
Reviewer, <i>BMC Complementary and Alternative Medicine</i>	2014-2015
Reviewer, <i>Oncology Nursing Forum</i>	2012-2015
Reviewer, <i>Pain Management Nursing</i>	2015
Reviewer, <i>Complementary Therapies in Clinical Practice</i>	2015
Reviewer, <i>Advances in Mind-Body Medicine</i>	2015
Reviewer, <i>Nutritional Neuroscience</i>	2015
Reviewer, <i>Nutrients</i>	2015
Reviewer, <i>Aging and Mental Health</i>	2015
Reviewer, <i>Journal of Transcultural Nursing</i>	2015
Reviewer, Wolters Kluwer Health Publishing	2014
Reviewer, <i>SAGE Open</i>	2014
Reviewer, <i>Public Health Frontier</i>	2014
Reviewer, <i>Journal of Virological Methods</i>	2013
Reviewer, <i>Current Neuropharmacology</i>	2013
Reviewer, <i>American Journal of Cardiology</i>	2012
Reviewer, <i>Integrative Cancer Therapies</i>	2011-2012
Reviewer, <i>Western Journal of Nursing Research</i>	2011
Reviewer, <i>Quality of Life Research</i>	2010
Reviewer, <i>Stress and Health</i>	2009

## **UNIVERSITY SERVICE**

### **University of Tennessee**

Co-Chair, Chancellor's Commission for LGBT People, University Tennessee	2018-2019
<i>Ex Officio</i> Member, Chancellor's Commission for Women, University of Tennessee	2018-2019
<i>Ex Officio</i> Member, Chancellor's Commission for Blacks, University of Tennessee	2018-2019
<i>Ex Officio</i> Member, Council for Diversity and Interculturalism, University of Tennessee	2018-2019
Member, Faculty Senate, University of Tennessee	2018-2021
Member, Diversity and Inclusion Committee, Faculty Senate, University of Tennessee	2018-2021
Judge, Exhibition of Undergraduate Research and Creative Achievement, University of Tennessee	2017-present
Member, Neuroscience Network of East Tennessee (NeuroNET), University of Tennessee	2016-present
Member, Be Well Initiative, University of Tennessee	2016-present

Judge, 3-Minute Thesis Competition, University of Tennessee 2018

Member, Faculty Mentorship Program, University of Tennessee 2018

### **University of Tennessee College of Nursing**

Coordinator, Faculty Writing Group, College of Nursing, University of Tennessee 2016-present

Graduate Advisory Council, College of Nursing, University of Tennessee 2016-present

Graduate Student Affairs Committee, College of Nursing, University of Tennessee 2016-2019  
*Co-Chair 2016-2018*

Scholarship and Awards Committee, College of Nursing, University of Tennessee 2016-2019  
*Chair 2016-2018*

Appeals Committee, College of Nursing, University of Tennessee 2018-2019

PhD Faculty Diversity and Inclusion Task Force, College of Nursing,  
University of Tennessee 2017

Council of Chairs, College of Nursing, University of Tennessee 2016-2018

Faculty Search Committee, College of Nursing, University of Tennessee 2016-2018

### **University of Tennessee Medical Center**

Member, Care Coordination Committee, Pat Summitt Clinic 2017-present

Member, Research Committee, Pat Summitt Clinic 2017-present

### **University of Virginia**

Consultant, DataFest, Data Science Institute, University of Virginia 2016

University Committee on Information Technology, University of Virginia 2014-2016

Quantitative Reasoning Undergraduate Competency  
Assessment Committee, University of Virginia 2013-2015

Reviewer, Scientific Reasoning Assessment Examinations, University of Virginia 2013

Martin Luther King, Jr., Celebration Planning Committee, University of Virginia 2011-2016  
*Martin Luther King, Jr., University of Virginia Health System Award  
Selection Committee 2012-2016*

Judge, Robert J. Huskey Graduate Research Exhibition,  
University of Virginia 2011-2013, 2016

### **University of Virginia School of Nursing**

Faculty Ally, Inclusion, Diversity and Excellence Achievement Initiative, School of Nursing, University of Virginia	2016
McDonald Travel Award Selection Committee, School of Nursing, University of Virginia	2015-2016
Faculty Ambassador, Compassionate Care Initiative, School of Nursing, University of Virginia	2014-2016
PhD Admissions Committee, School of Nursing, University of Virginia	2013-2016
Research Committee, School of Nursing, University of Virginia	2013-2016
Diversity Committee, School of Nursing, University of Virginia <i>Summer Task Force on Diversity 2011</i>	2009-2011

### **University of Virginia Health System**

Mentor, Cells to Society, School of Medicine, University of Virginia	2013-2014
Professional Nursing Service Organization Research Committee, University of Virginia Health System	2013-2014

### **University of North Carolina-Greensboro**

Inclusive Community Initiative Task Force, UNC-Greensboro	2008-2009
Ashby Dialogues, <i>Sustainability and the Future of Food</i> , UNC-Greensboro	2008-2009
Faculty Senate, Graduate Student Association delegate, UNC-Greensboro	2008-2009
University Sustainability Committee, UNC-Greensboro <i>Dining Services Working Group</i>	2007-2009
Provost's Student Advisory Committee, UNC-Greensboro	2007-2009
Biochemistry Tutor, UNC-Greensboro	2005
Graduate Student Association, UNC-Greensboro <i>Finance Committee 2006-2007</i>	2004-2009
Nutrition Graduate Student Association, UNC-Greensboro <i>President 2007-2009</i> <i>Vice-President 2006-2007</i> <i>Secretary 2005-2006</i>	2004-2009

## **Wake Forest University School of Medicine**

Center for Excellence, Research, Teaching and Learning Wake Forest University School of Medicine ( <i>mentor</i> )	2002-2004
Gay Straight Alliance, Wake Forest University Baptist Medical Center	2002-2004
Visual and Performing Arts Committee, Wake Forest University Baptist Medical Center <i>Gallery Curator</i> 2002-2004	2001-2004

## **PROFESSIONAL DEVELOPMENT ATTENDED**

Leadership Conference, National Hartford Center for Gerontological Nursing Excellence	November 2018
Savvy Caregiving Training, Pat Summitt Clinic, University of Tennessee Medical Center	August 2018
Designing and Teaching an Online Nursing Course, College of Nursing Summer Boot Camp, Office of Institutional Technology, University of Tennessee	June-July 2018
Healing Touch Instructor Training, Healing Beyond Borders	January 2018
Leadership Conference, National Hartford Center for Gerontological Nursing Excellence	July 2017
Program Funding and Grants Administration, NIH Regional Seminar	May 2017
Gender Identity Workshop, University of Tennessee	March 2017
Social Media as a Research Recruitment Tool, Office of Research and Engagement, University of Tennessee	February 2017
Unpacking Curriculum with Cultural Objects, McClung Museum of Natural History and Culture, University of Tennessee	February 2017
Development of Evidence-Based Practices: Expanding the Reach To Lesbian, Gay, Bisexual and Transgender (LGBT) Older Adults, Gerontological Society of America	November 2016
Neuroscience Network of East Tennessee (NeuroNET) Retreat, University of Tennessee	November 2016
Strategies and Tactics for Recruiting to Improve Diversity and Excellence Faculty Search Workshop, University of Tennessee	August 2016
Kavli Neuroscience Workshop, University of Tennessee	August 2016

New Faculty Teaching Institute, University of Tennessee Teaching and Learning Center	August 2016
Leadership Conference, National Hartford Center for Gerontological Nursing Excellence	November 2015
Contemplative Learning and Inquiry Across Disciplines Reading Roundtable, University of Virginia Teaching Resource Center	Fall 2014
Innovation in Pedagogy Summit, University of Virginia Teaching Resource Center	May 2014
Quantitative Collaborative CAFÉ, University of Virginia	September 2013
Habits of Highly Productive Writers, University of Virginia Teaching Resource Center	May 2013
Innovation in Pedagogy Summit, University of Virginia Teaching Resource Center	May 2013
January Teaching Workshop, University of Virginia Teaching Resource Center	January 2013
Contemplative Practices in Teaching, University of Virginia Teaching Resource Center	November 2012
Art of Perception Faculty Development Workshop, University of Virginia School of Nursing	October 2012
Science Education in the 21 <sup>st</sup> Century, University of Virginia Teaching Resource Center	September 2012
August Teaching Workshop, University of Virginia Teaching Resource Center	August 2012
Course Design Institute, University of Virginia Teaching Resource Center	May 2012
Big Data Summit, University of Virginia	May 2012
Building Student Scholarly Writing Faculty Workshop, University of Virginia School of Nursing	April 2012
Promoting and Assessing Student's Higher Order Learning, University of Virginia Teaching Resource Center	March 2012
Multilevel Model Workshop, University of Virginia School of Nursing	March 2012
January Teaching Workshop, University of Virginia Teaching Resource Center	January 2012
Proposal Writing Workshop, University of Virginia School of Nursing	December 2011
August Teaching Workshop, University of Virginia Teaching Resource Center	August 2011
Statistical Modeling Workshop, North Carolina State University	August 2011

Syllabus Design Workshop, University of Virginia Teaching Resource Center	March 2011
Writing Workshop, University of Virginia School of Nursing	January 2011
Control/Comparison Groups for Trials of Non-Pharmacologic Interventions, National Center for Complementary and Alternative Medicine	April 2010
Education Network to Advance Cancer Clinical Trials Healthcare Provider Training Program, University of Virginia	February 2010
Creating Excitement and Overcoming Apathy in the Classroom, University of Virginia Teaching Resource Center	January 2010
Writing Workshop, University of Virginia School of Nursing	January 2010
Safe Space Training, University of Virginia LGBT Resource Center	October 2009
Teaching Portfolio Workshop, University of Virginia Teaching Resource Center	August 2009

### **COMMUNITY SERVICE**

Pat Summitt Foundation	2018-present
Alzheimer's Association: Mid-South Chapter	2018-present
American Civil Liberties Union	2017-present
Red Bird Mission Health Fair	2017
Inova Health System Healing Touch Mentorship Group	2014-2016
Alzheimer's Association: Central and Western Virginia Chapter	2013-2016
Blue Ridge Shenandoah Healing Touch Practice Group	2010-2016
Healthcare Access Roadshow ( <i>organizer</i> )	2013
Charlottesville Area Community Foundation	2010-2015
<i>Member, Future Fund</i>	2010-2013
<i>Member, Future Fund Grants Committee</i>	2010-2011
Albemarle Housing Improvement Project	2011-2012
ACCEPT (All Charlottesville Caring for Every Person Together)	2010-2012
<i>Chair, Resources Committee</i>	2010-2011
Virginia Piedmont Regional Science Fair ( <i>judge</i> )	2010-2012
University of Virginia Health Sciences Pain Clinic Support Group ( <i>guest speaker</i> )	2009

Slow Food USA	2007-2012
Healing Touch Community Clinic, Winston-Salem NC	2006-2009
Prostate Cancer Screening, Wake Forest University Health Sciences ( <i>organizer</i> )	1999-2002
GROW: A Community Service Organization, Wilmington NC	1997-1999