

CURRICULUM VITAE

Sandra Paul Thomas

I. GENERAL INFORMATION:

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II. EDUCATION:

Diploma, St. Mary's Hospital, School of Nursing, Knoxville, TN 1960

B.S. Education, University of Tennessee, Knoxville (summa cum laude) 1974

M.S. Education, University of Tennessee, Knoxville 1977
Major: Educational Psychology; *Minor:* Psychology

Ph.D. Education, University of Tennessee, Knoxville 1983
Major: Educational Psychology & Counseling;
Supporting emphasis: Preventive Mental Health
Collateral: Educational Administration; *Cognate:* Child and Family Studies

M.S.N. Nursing, University of Tennessee, Knoxville 1984
Major: Community Mental Health Nursing

III. PROFESSIONAL EXPERIENCE:

Chair, Ph.D. Program and Professor of Nursing, UT College of Nursing, 1993-present

Interim Director, Ph.D. Program and Professor, UT College of Nursing, '92-'93

Professor, UT College of Nursing, 1992-present

Associate Professor, UT College of Nursing, 1989 - 1992

Director, Center for Nursing Research, UT College of Nursing, 1986-1993

Project Director, Kellogg Grant for Graduate Education of ADN Faculty, UT, 1983-1987

Assistant Professor, UT College of Nursing, 1983-1989

Staff Nurse, St. Mary's Medical Center, Psychiatric Unit, 1982-87(part-time)

Staff Nurse, Alcohol and Drug Treatment Unit, St. Mary's (part-time), '82-'83

Graduate Teaching Assistant, UT Dept. of Educ. Psychology, 1981-1982

Instructor, Psychiatric Nursing, East Tenn. Baptist Hospital School of Nursing, 1975-80

Staff Nurse, East Tenn. Baptist Hospital, Knoxville, 1964-1974

IV. PUBLICATIONS

Refereed Journal Articles

1. Thomas, S.P. (1978). Uses and abuses of electric convulsive shock therapy. *Journal of Psychiatric Nursing and Mental Health Services*, 16, 17-23.
2. Thomas, S.P. (1980). Bisexuality: A sexual orientation of great diversity. *Journal of Psychiatric Nursing and Mental Health Services*, 18, 19-27.
3. Thomas, S.P. (1980). The adventures of Joey in patientland ... A futuristic fantasy. *Nursing Forum*, 19, 350-356.
4. Thomas, S.P. (1982). How to conduct an assertion training course for nursing students: A step-by-step plan for instruction. *Journal of Nursing Education*, 21 (3), 33-37.
5. Thomas, S.P. (1982). After divorce: Personality factors related to the process of adjustment. *Journal of Divorce*, 5, 19-36.
6. Thomas, S.P., Albrecht, K. & White, P. (1984). Determinants of marital quality in dual-career couples. *Family Relations*, 33, 513-521.
7. White, P., Mascalo, A., Thomas, S.P., & Shoun, S. (1986). Husbands' and wives' perceptions of marital intimacy and wives' stresses in dual-career marriages. *Family Perspective*, 20, 27-35.
8. Thomas, S.P. (1986). A descriptive profile of Type B personality. *Image: Journal of Nursing Scholarship*, 18, 4-7.
9. Thomas, S.P., & Groër, M. (1986). Relationship of demographic, lifestyle and stress variables to blood pressure in adolescents. *Nursing Research*, 35, 169-172.
10. Thomas, S.P., & Wilt, D. (1986). Mental health nursing clinical specialization: Extinction or adaptation? *Issues in Mental Health Nursing*, 8, 1-13.
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12. Thomas, S.P., Wilt, D., & Noffsinger, A. (1988). Pathophysiology of depressive illness: Review of the literature and case sample. *Issues in Mental Health Nursing*, 9, 271-284.
13. Thomas, S.P. (1988). Is there a disease-prone personality? Synthesis and evaluation of the theoretical and empirical literature. *Issues in Mental Health Nursing*, 9, 339-352.
14. Thomas, S.P. (1989). Gender differences in anger expression: Health implications. *Research in Nursing and Health*, 12, 389-398.
15. Thomas, S.P. (1990). Predictors of health status of mid-life women: Implications for later adulthood. *Journal of Women and Aging*, 2, 49-77.

16. Thomas, S.P., & Jozwiak, J. (1990). Self-attitudes and behavioral characteristics of Type A and B female Registered Nurses. *Health Care for Women International, 11*, 477-489.
17. Thomas, S.P. (1990). Theoretical and empirical perspectives on anger. *Issues in Mental Health Nursing, 11*, 203-216
18. Thomas, S.P. (1991). Toward a new conceptualization of women's anger. *Issues in Mental Health Nursing, 12*, 31-49
19. Thomas, S. P. (1991). Research fraud: When the pressure to publish manifests. *Tennessee Nurse, 54*(1), 17-18.
20. Williams, R.L., Pettibone, T.J., & Thomas, S.P. (1991). Naturalistic application of self-change practices. *Journal of Research in Personality, 25*, 167-176.
21. Kollar, M., Groër, M., Thomas, S.P., & Cunningham, J.L. (1991). Adolescent anger: A developmental study. *Journal of Child and Adolescent Psychiatric and Mental Health Nursing, 4*, 9-15.
22. Thomas, S.P., & Donnellan, M. (1991). Correlates of anger symptoms in women in middle adulthood. *American Journal of Health Promotion, 5*, 266-272.
23. Williams, R.L., Thomas, S.P., Young, D.O., Jozwiak, J.J., & Hector, M.A. (1991). Development of a health habits scale. *Research in Nursing and Health, 14*, 145-153.
24. Thomas, S.P., & Williams, R.L. (1991). Perceived stress, trait anger, modes of anger expression and health status of college men and women. *Nursing Research, 40*, 303-307.
25. Groer, M., Thomas, S., & Shoffner, D. (1992). Adolescent stress and coping: A longitudinal study. *Research in Nursing and Health, 15*, 209-217.
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27. Thomas, S.P. (1992). Storage of research data: Why, how, where? *Nursing Research, 41*, 309-311.
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29. Grover, S.M., & Thomas, S.P. (1993). Substance use and anger in mid-life women. *Issues in Mental Health Nursing, 14*, 19-29.
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31. Thomas, S. P. (1993). The view from Scutari: A look at contemporary nursing. *Nursing Forum*, 28 (2), 19-24.
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39. Smith, M., Droppleman, P., & Thomas, S. P. (1996). Under assault: The experience of work-related anger in female registered nurses. *Nursing Forum*, 31(1), 22-33.
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44. Thomas, S. P. (1996). Nurse psychologists: A unique group within health psychology. *Journal of Clinical Psychology in Medical Settings*, 3, 93-101.
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62. Smith, H., & Thomas, S.P. (2000). Violent and nonviolent girls: Contrasting perceptions of anger experiences, school, and relationships. *Issues in Mental Health Nursing, 21*, 547-575.
63. Thomas, S.P. (2000). A phenomenologic study of chronic pain. *Western Journal of Nursing Research, 22*, 683-699.
64. Thomas, S.P., Groer, M., Davis, M., Droppleman, P., Mozingo, J., & Pierce, M. (2000). Anger and cancer: An analysis of the linkages. *Cancer Nursing, 23*, 344-349.
65. Thomas, S.P. (2001). Teaching healthy anger management. *Perspectives in Psychiatric Care, 37*, 41-48.
66. Thomas, S.P. (2001). The "good-enough dissertation:" A modest proposal. *Nursing Outlook, 49*, 211-212.
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84. Collins, M., Shattell, M., & Thomas, S.P. (2005). An exploration of problematic interviewee behaviors in qualitative research. *Western Journal of Nursing Research*, 27, 188-199.
85. Thomas, S.P. (2005). Through the lens of Merleau-Ponty: Advancing the phenomenological approach to nursing research. *Nursing Philosophy*, 6, 63-76.
86. Thomas, S.P. (2005). Teaching healthy anger management in the community. *Directions in Psychiatric Nursing*, 11 (8), 89-101.
87. Shattell, M., Hogan, B.K., & Thomas, S.P. (2005). "It's the people that make the environment good or bad": The patient's experience of the acute care hospital environment. *AACN Clinical Issues: Advanced Practice in Acute and Critical Care*, 16 (2), 159-169.

88. Thomas, S.P. (2005). Women's anger, aggression, and violence. *Health Care for Women International*, 26, 504-522.
89. Thomas, S.P. (2006). Talking it over with the gals: An analysis of editorials by Phyllis Stern. *Health Care for Women International*, 27, 481-489.
90. Shattell, M., McAllister, S.M., Hogan, B.K., & Thomas, S.P. (2006). "She took the time to make sure she understood:" Mental health patients' experiences of being understood. *Archives of Psychiatric Nursing*, 20, 234-241.
91. Groer, M.W., Thomas, S.P., Evans, G.W., & Helton, S. (2006). Inflammatory and immune system correlates of rape. *Violence and Victims*, 21, 796-808.
92. Thomas, S.P. (2006). The trajectory of healing from childhood abuse: Implications for therapists. *Directions in Psychiatric Nursing*. 12 (7), 89-100.
93. Gunther, M.E., & Thomas, S.P. (2006). Nurses' narratives of unforgettable patient care events. *Journal of Nursing Scholarship*, 38, 370-376.
94. Shattell, M.M., Starr, S.S., & Thomas, S.P. (2007). "Take my hand, help me out:" Mental health service recipients' experience of the therapeutic relationship. *International Journal of Mental Health Nursing*, 16. 274-284.
95. Thomas, S.P., Thompson, C., Pollio, H.R., Greenberg, K., Conwill, W., Sall, A., Klukken, G., Davis, M.W., & Dias-Bowie, Y. (2007). Experiences of struggling African American students at a predominantly White university. *Research in the Schools*, 14 (2), 1-17.
96. Smith, H., Thomas, S.P., & Parker, C.M. (2007). Violence on campus: Practical recommendations for legal educators. *Oklahoma City University Law Review*, 32, 443-460.
97. Thomas, S.P., & Hall, J. M. (2008). Life trajectories of female child abuse survivors thriving in adulthood. *Qualitative Health Research*, 18, 149-166.
98. Shattell, M.M., Andes, M., & Thomas, S.P. (2008). How patients and nurses experience the acute care psychiatric environment. *Nursing Inquiry*, 15, 242-250.
99. Thomas, S.P., & Burk, R. (2009). Junior nursing students' experiences of vertical violence during clinical rotations. *Nursing Outlook*, 57, 226-231.
100. Gaillard, L.M., Shattell, M.M., & Thomas, S.P. (2009). Mental health patients' experiences of being misunderstood. *Journal of the American Psychiatric Nurses Association*, 15, 191-199.
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104. Thomas, S.P. (2011). Conceptual debates and empirical evidence about the peer review process for scholarly journals. *Journal of Professional Nursing, 27*, 168-173.
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108. Stevens, S., & Thomas, S.P. (2012). Recovery of midlife women from myocardial infarction. *Health Care for Women International, 33*, 1096-1113.
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111. Worley, J., & Thomas, S.P. (2013). Women who doctor shop for prescription drugs. *Western Journal of Nursing Research*, doi:10.1177/0193945913509692
112. Thomas, S.P., Phillips, K.D., & Gunther, M. (2013). Childhood sibling and peer relationships of perpetrators of child sexual abuse. *Archives of Psychiatric Nursing, 27*, 293-298.
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125. Thomas, S.P. (2019). Thoughts about teaching psychiatric-mental health nursing. *Issues in Mental Health Nursing, 40*, 931.
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ERIC Documents:

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Thomas, S.P. (1985, October). Predictors of health in middle adulthood. *Resources in Education*. (ERIC Document Reproduction Service No. ED 256 974).

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On-Line Publications:

Dropleman, P.G., & Thomas, S.P. Anger in nurses: Don't lose it, use it. Lippincott-Raven Publishers, continuing education on-line (originally appeared as an article in *American Journal of Nursing*).

Abstracted article:

Thomas, S.P. (2001). Chronic pain affected the way individuals viewed their bodies, their relationships with others, and their sense of time. *Evidenced-Based Nursing*, 4, p. 94. (originally appeared as a full-length article entitled "A phenomenologic study of chronic pain" in *Western Journal of Nursing Research*. The paper was selected to appear in this abbreviated form in EBN along with commentary).

Proceedings:

Grasso, M., Drake-Clark, D., Thomas, S.P., & Banta, T. (2008, July). Developing successful women leaders: The National Institute of Education Fellows Program. In J. Hutchinson (Ed.), *Engendering leadership through research and practice, Conference Proceedings*, Perth, July 21-24, 2008 (pp. 219-226). Perth: The University of Western Australia Business School.

Books:

1. Thomas, S. P. (Ed.) (1993). *Women and Anger*. New York: Springer Publishing.
2. Thomas, S. P., & Jefferson, C. (1996). *Use Your Anger: A Woman's Guide to Empowerment*. New York: Pocket Books.
3. Thomas, S. P. (1998). *Transforming Nurses' Anger and Pain: Steps toward Healing*. New York: Springer Publishing.
4. Thomas, S.P., & Pollio, H.R. (2002). *Listening to Patients: A Phenomenological Approach to Nursing Research and Practice*. New York: Springer Publishing.
5. Thomas, S.P. (2004). *Transforming Nurses' Stress and Anger: Steps toward Healing (2nd ed)*. New York: Springer Publishing

6. Thomas, S.P., & Pollio, H.R. (2006). *Listening to Patients: A Phenomenological Approach to Nursing Research and Practice* (Japanese translation, Elsevier Japan).
7. Thomas, S.P. (2009). *Transforming Nurses' Stress and Anger: Steps Toward Healing* (3rd ed.) New York: Springer Publishing.
8. Greenberg, K.H., Sohn, B.K., Greenberg, N.B., Pollio, H.R., Thomas, S.P., & Smith, J.T. (2019). *The Phenomenological Heart of Teaching and Learning: Theory, Research, and Practice in Higher Education*. London: Taylor & Francis/Routledge.

Book Chapters:

1. Thomas, S. P. (1995). Women's anger: Causes, manifestations and correlates. In C. D. Spielberger & I. Sarason (Eds.), *Stress and emotion Volume 15* (pp. 53-74). Washington, DC: Taylor & Francis.
2. Thomas, S. P. (1997). Psychosocial correlates of women's self-rated physical health in middle adulthood. In M. Lachman & J. James (Eds.), *Multiple paths of midlife development* (pp. 257-291). University of Chicago Press.
3. Thomas, S. P. (1998). Midlife. In E. Blechman & K. Brownell (Eds.), *Behavioral medicine for women: A comprehensive handbook* (pp. 81-86). New York: Guilford.
4. Droppleman, P.G., & Thomas, S.P. (1998). Anger in nurses: Don't lose it, use it. In E.C. Hein (Ed.), *Contemporary leadership behavior: Selected readings*. (pp. 104-110). Philadelphia, PA: Lippincott-Raven.
5. Thomas, S.P. (2001). Climbing out of the crab bucket: Strategies for resolving conflict among nurses. In N.L. Chaska (Ed.) *The nursing profession: Tomorrow's vision* (pp. 723-733). Thousand Oaks, CA: Sage.
6. Thomas, S.P. (2001). Health and health promotion. In J.L. Creasia & B. Parker (Eds.) *Conceptual foundations: The bridge to professional nursing practice*. (3rd edition) (pp. 329-350). St. Louis: Mosby.
7. Thomas, S.P. (2006). Cultural and gender considerations in assessment and treatment of anger-related disorders. In E. Feindler (Ed.), *Anger-related disorders: A practitioner's guide to comparative treatments* (pp.71-95). New York: Springer.
8. Thomas, S.P. (2007). Health and health promotion. In J.L. Creasia & B. Parker (Eds.), *Conceptual foundations: The bridge to professional nursing practice*. (4th edition)(pp. 343-368). St. Louis: Mosby Elsevier.
9. Ehrenberger, H.E., Alligood, M.R., Thomas, S.P., Wallace, D.C., & Licavolia, C.M. (2007). Testing a theory of decision making derived from King's Systems Framework in women eligible for a cancer clinical trial. In C.L. Sieloff & M.A. Frey (Eds.), *Middle range theory development using King's conceptual system* (pp. 75-91). New York: Springer.
10. Thomas, S.P. (2007). Trait anger, anger expression, and themes of anger incidents in contemporary undergraduate students. In E.I. Clausen (Ed.), *Psychology of Anger*.

(pp. 23-69). New York: Nova Science Publishers.

11. Thomas, S.P. (2008). Management of anger, aggression, and violence. In M.A. Boyd (Ed.), *Psychiatric nursing* (4th ed.) (pp. 817-841). Philadelphia: Wolters Kluwer Health/ Lippincott Williams and Wilkins.
12. Thomas, S.P. (2010). Merleau-Ponty and James Agee: Guides to the novice phenomenologist. In L. Embree, M. Barber, & T.J. Nenon (Eds.), *Phenomenology 2010, Volume 5. Selected Essays from North America. Part 2. Phenomenology Beyond Philosophy* (pp. 281-308). Bucharest: Zeta Books.
13. Thomas, S.P. (2011). Health and health promotion. In J.L. Creasia & E.E. Friberg (Eds.) *Conceptual foundations: The bridge to professional nursing practice* (5th edition).(pp. 329-353). St. Louis: Elsevier.
14. Thomas, S.P. (2012). Management of anger, aggression, and violence. In M.A. Boyd (Ed.), *Psychiatric nursing: Contemporary practice* (5th ed.) (pp. 281-301). Philadelphia: Wolters Kluwer Health/ Lippincott Williams & Wilkins.
15. Thomas, S.P. (2012). Managing anger/emotions. In H.R. Feldman (Ed.), *Nursing Leadership: A Concise Encyclopedia*. New York: Springer Publishing.
16. Thomas, S.P. (2012). Staff retention. In H.R. Feldman (Ed.), *Nursing Leadership: A Concise Encyclopedia*. New York: Springer Publishing.
17. Thomas, S.P. (2012). Examining nurse-to-nurse horizontal violence and nurse-to student vertical violence through the lens of phenomenology. In D. Holmes, T. Rudge, & A. Perron (Eds.), *(Re)thinking Violence in Health Care Settings: A Critical Approach* (pp. 143-161). Surrey, England: Ashgate Publishing.
18. Thomas, S.P. (2014). Management of anger, aggression, and violence. In M.A. Boyd (Ed.), *Psychiatric nursing: Contemporary practice* (5th edition, enhanced update). Wolters Kluwer Health/Lippincott Williams & Wilkins.
19. Thomas, S.P. (2016). Health and health promotion. In E.E. Friberg & J.L. Creasia (Eds.), *Conceptual Foundations: The Bridge to Professional Nursing Practice* (6th ed.) (pp. 270-291). St. Louis: Elsevier.
20. Thomas, S.P. (2017). Management of anger, aggression, and violence. In M.A. Boyd (Ed.), *Essentials of psychiatric nursing*. (pp. 192-210) .Philadelphia: Wolters Kluwer.
21. Thomas, S.P. (2017). Defensive pessimism. In V. Zeigler-Hill & T. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York: Springer.
22. Thomas, S.P. (2018). Management of anger, aggression, and violence. In M.A. Boyd (Ed.) *Psychiatric nursing: Contemporary practice* (6th edition) (pp. 282-301). Philadelphia: Wolters Kluwer.
23. Thomas, S.P. (2019). Health and health promotion. In E.E. Friberg (Ed.), *Conceptual Foundations: The Bridge to Professional Nursing Practice* (7th ed.) (pp. 254-274).

St. Louis: Elsevier.

24. Thomas, S.P. (2019). Management of anger, aggression, and violence. In M.A. Boyd & R. Luebbert (Eds.), *Essentials of psychiatric nursing* (2nd ed.) Philadelphia: Wolters Kluwer.
25. Thomas, S.P. (2020). Defensive pessimism. *Encyclopedia of Personality and Individual Differences*. (pp. 1036-1038). Springer International Publishing.
26. Thomas, S.P. (2021). Management of anger, aggression, and violence. In M.A. Boyd & R. Luebbert (Eds.), *Psychiatric nursing: Contemporary practice* (7th ed.) Wolters Kluwer.
27. Rascon, A.M., & Thomas, S.P. (2023). Health and health promotion. In E.E. Friberg (Ed.), *Conceptual foundations: The bridge to professional nursing practice* (8th ed.) Elsevier.

Other Published Materials:

- Thomas, S.P. (1987). From Tokyo to Inner Mongolia: A look at nursing organizations in the Orient. *Tennessee Nurses' Association Bulletin*, 50, 4, 13.
- Thomas, S.P. (1989). You've done a great research study ... So what? *Tennessee Nurses' Association Bulletin*, 52 (3), 16.
- Thomas, S.P. (1989, November 12). Cross cultures and continents on trip to Istanbul. *The Knoxville News-Sentinel*, E4.
- Thomas, S.P. (1990, January). Putting pen to paper . . . and then what? Thoughts on professional writing. *Pulsebeat: Newsletter of District Two, Tennessee Nurses' Association*.
- Thomas, S.P. (1990). Demystifying statistical analysis for the novice nurse researcher. *Tennessee Nurses' Association Bulletin*, 53(3), 9-10.
- Hinds, P.S., Beckman, C.A., Hathaway, D.K., & Thomas, S.P. (1990). Quality doctoral education in nursing with a Tennessee twist. *Tennessee Nurses' Association Bulletin*, 53(5), 33-34.
- Thomas, S.P., Shoun, S., & Albrecht, K.. (1990). *Career/Marital Stress of Women Inventory (CMSWI)*. Instrument selected for inclusion in *Handbook of Family Measurement Techniques* by John Touliatos, Barry Perlmutter and Murray Straus, Sage Publications. (pp. 467-468).
- Thomas, S.P., Shoun, S., & Albrecht, K. (1990). *Career/Marital Stress of Women Inventory*. Instrument selected for inclusion in *Gender Roles: A handbook of tests and measures* by C. Beere. New York: Greenwood Press, pp. 363-365.
- Thomas, S., Droppleman, P., & Wilt, D. (1991). TNA members participate in international conference in New Zealand. *Tennessee Nurse*, 54(2), 21-22.

- Thomas, S.P. (1992, January/February). How Attitudes Affect Your Health. *Arthritis Arrow*, pp. 1, 2. (newsletter of the Mountain Empire Arthritis Association)
- Thomas, S. P. (1996). Nurse psychologists: What are they and what do they do? *The Health Psychologist*, 18(4), 16-17.
- Thomas, S. P. (1997). Wais and wats: Experiences of three farangs in Thailand. *Tennessee Nurse*, 60(2), 19-20.
- Thomas, S. P. (1997). "Oh to be in Europe, now that fall is here." *The Health Psychologist*, 19(2), 11.
- Thomas, S.P. (2000). Under the Tuscan sun: The 13th conference of the European Health Psychology Society. *The Health Psychologist*, 22 (1), 10, 14.
- Thomas, S.P. (2000). Response by Thomas. *Western Journal of Nursing Research*, 22, 702-705.
- Thomas, S.P. (2001, August). Toward a unified voice for our specialty. *Connections, Newsletter of the International Society of Psychiatric-Mental Health Nurses* 4, (1), p. 3. (Later reprinted in the *Journal of the American Psychiatric Association*)
- Thomas, S.P. (2011). I am TNA. *Tennessee Nurse*, 74 (3), 1-2.
- Thomas, S.P. (2018). Foreword. *The Anger Management Workbook for Women* (J. Catalano), Emeryville, CA: Althea Press (pp. viii-x).

Published Book Reviews:

- Thomas, S. P. (1997). Review of *Tears and Rage: The Nursing Crisis in America* by Jane Schweitzer, in *Women and Health*, 26 (4), 97-99.

Confidential Reviews at Request of Publishers:

- Reviewed anger chapter by Jack for *Encyclopedia of Women and Gender*, Academic Press, 2000
- Reviewed grounded theory text by Schreiber and Stern, Springer Publishing, 2000
- Reviewed text on caring for the suicidal person by John Cutcliffe et al., Elsevier, 2004
- Reviewed proposed undergraduate research textbook for Lippincott, 2006
- Numerous article reviews for various Lippincott journals, 2006 – present
- Reviewed APA Publication Manual revision (at request of APA) – 2007
- Reviewed text on stress management in organizations (at request of APA) – 2007
- Reviewed text on research literacy for nurses and health professionals for F.A. Davis- 2012
- Reviewed text on phenomenology at request of Sage Publications – 2012
- Reviewed prospectus for a psychiatric text at request of Taylor and Francis Publishing- 2015

Edited Journal Issues:

- Edited special issue of *Issues in Mental Health Nursing*, "Psychiatric Nursing for the 1990s: New Concepts, New Therapies," Volume 12, Number 1, 1991.
- Edited special issue of *Issues in Mental Health Nursing*, "Innovations in Psychiatric Nursing Theory, Practice, and Research," Volume 15, Number 1, 1994.

Edited special issue of *Nursing Clinics in North America, Volume 33, Number 1, "Mental Health Nursing Interventions for the Generalist Nurse,"* 1998

Non-print Media:

"Transforming Anger into Personal and Professional Empowerment" --audiotape included in ANA's Centennial Nursing Continuing Education Independent Study Module Series (taped from speech at ANA convention)

Unpublished Documents:

Thomas, S.P. (1983). *The relationship between selected psychological, environmental, and behavioral variables and health status of Americans in middle adulthood.* Doctoral dissertation, University of Tennessee, Knoxville.

Thomas, S.P. (1984). *A descriptive profile of individuals exhibiting the Type B personality pattern.* Master's thesis, University of Tennessee, Knoxville.

Thomas, S.P. (1985). *Treatise on Doctoral Education in Nursing.* Prepared at the request of the Dean and used as working document regarding proposed Ph.D. program for UT Knoxville.

Thomas, S.P. (1985). *Predictors of Performance in the UTK MSN Program.* Report of study examining the relationship of selected predictor variables with GPA upon completion of the program. Distributed to Dean, Curriculum Committee and other appropriate constituencies within the College of Nursing.

Thomas, S.P. (1986). *Report of the TNA Research Committee to the Nurse Practice Act Task Force.* Synthesis of literature review and critical evaluation of empirical investigations conducted between 1966 and 1986 on effects of different types of educational preparation on nursing competency, performance and quality of care.

Thomas, S.P., Shoffner, D., & Norman, L. (1987). *Nursing for the Twenty-First Century: Today's Goals and Tomorrow's Challenges.* Prepared at the request of the Tennessee Nurses' Association and disseminated to district presidents, news media, and legislators.

Thomas, S.P. & Jozwiak, J. (1989). *Relationships Among COMP Examination Scores and Academic Achievement Variables for Nursing Students.* In *Assessment of Student Outcomes in Higher Education: Research Reports by Faculty at the University of Tennessee, Knoxville*, compiled by the Center for Assessment Research and Development, UT Knoxville, and distributed to the Office of the Chancellor, Academic Programs.

Thomas, S.P. (1989). *The view from Scutari: A look at contemporary nursing.* Prepared for entry in the annual American Journal of Nursing/Tennessee Nurses' Association Writing Contest; award received at October, 1989, Tennessee Nurses' Association Convention.

Thomas, S.P., Jozwiak, J., & Hart, S. (1990). *Development of discriminant models with implications for prevention of nursing licensure examination failure.* In *Assessment of Student Outcomes in Higher Education: Research Reports by Faculty at the University of Tennessee, Knoxville 1989-90*, compiled by Center for Assessment Research and Development, UTK.

Thomas, S.P. (2001). *Healthy anger management: A manual for trainers.* Knoxville, TN.

Service as Journal Reviewer and Editor:

A. Editorial positions:

Editor in Chief, *Issues in Mental Health Nursing*, 1997-present (former Associate Editor, 1990-97)
Invited Article Editor, *Sage Open*, 2015

B. Service as Journal Reviewer:

Nursing Philosophy, 2019-present
Psychological Trauma: Theory, Research, and Practice, 2010- 2020
Journal of Professional Nursing, 1985 and several years following
Nursing Research, 1998 -2008
American Journal of Health Behavior, 1991-2001

C. Ad Hoc Invited Reviews:

Psychology of Women Quarterly, 1990
Clinical Nursing Research, 1991
International Journal of Qualitative Studies in Education, 1993
Health Psychology, 1994-1995 (Volume 14)
Annals of Behavioral Medicine, 1996
Journal of Advanced Nursing, 1996
Journal of the Association of Nurses in AIDS Care, 1997
Social Science and Medicine, 2001 and 2004
Psychological Bulletin, 2002
Health Care for Women International, 2003
Anxiety, Stress and Coping, 2004
Journal of Interpersonal Violence, 2006
Western Journal of Nursing Research, 1990's and again in 2007 and 2009
Feminism and Psychology, 2007, and again in 2009
Men in Nursing, 2007
Families, Systems, and Health, 2010
Medical Education, 2011
Nursing Research and Practice, 2011
Biological Research for Nursing, 2011
Archives of Psychiatric Nursing, 2011
Social Work in Health Care, 2012
Psychology and Health, 2012, 2013
BMC Public Health, 2013

Academic Program Reviews:

Served as external reviewer for PhD program, Adelphi University, 2006

Past Service on Thesis and Dissertation Committees

Chair of 45 completed PhD dissertations, (41 in nursing, 2 in psychology, 2 in education);
Member of 22 other **nursing** dissertation committees (20 at UT, 1 at U of South Florida, 1 at ETSU); **Member** of 62 **non-nursing** dissertation committees (typically, these have been in psychology, education, philosophy, counseling, social work, or child and family studies);
Chair of 30 MSN thesis committees and **member** of 22 other MSN thesis committees and 4 non-nursing master's thesis committees).

Current Service on Dissertation Committees:

Chair of 2 dissertations in nursing, **Co-chair** of 1 dissertation in nursing, **member** of 4 dissertation committees in nursing, one committee in education (n=8 total)

Titles of Dissertations Chaired (listed in chronological order):

1. Tollett, Jane (1992). *Effects of a nursing intervention with homeless veterans.*
2. Ausbrooks, Erskine (1993). *Relationships among self-efficacy, dispositional optimism, trait anger, and modes of expressing anger in college students.* (Dissertation in educational psychology)
3. Smucker, Carol (1993). *The wonder of meaning: A phenomenological understanding of spiritual distress.*
4. Brooks, Ella (1995). *Exploring the perception and judgment of senior baccalaureate student nurses in clinical decision-making from a nursing theoretical perspective.*
5. Slater, Victoria (1996). *Safety, elements, and effects of healing touch on chronic nonmalignant abdominal pain.*
6. Smith, Marilyn (1996). *Protective shield: A thematic analysis of the experience of having an adult sibling with insulin dependent diabetes.*
7. Winker, Cynthia (1996). *A descriptive study of the relationship of interaction disturbance to the organizational health of a metropolitan general hospital.*
8. Secret, Janet (1997). *Quality of life following stroke: The survivors' perspective.*
9. duMont, Phyllis (1998). *The effects of early menarche on health risk behaviors.*
10. Meighan, Mary Margaret (Molly) (1998). *Testing a nursing intervention to enhance paternal-infant interaction and promote paternal role attainment.*
11. Robinson, Carolyn (1998). *Determinants of diet and physical activity of fifth grade children.*
12. McCurry, Alice (1999). *A phenomenological study of the experience of the spouse of a heart transplant recipient.*
13. Reesman, Karen (2000). *The point of no return: Formerly abused women's experience of staying out of the abusive relationship.*
14. Sarvey, Sharon (2001). *Living with a machine: The experience of the child who is ventilator-dependent.*
15. Shattell, Mona (2002). *"Make them your friend": A phenomenological study of patients' experience soliciting nursing care in the hospital setting.*
16. Fields, Becky (2002). *Client-professional interaction and level of participation in preventive health screenings in community-dwelling African American older adults: Testing a middle-range theory derived from Cox's Interaction Model of Client Health Behavior.*
17. Batson, Desiree (2004). *The experience of menopausal transition among Amish women.*
18. Wade, Josephine (2004). *"Crying alone with my child": An existential phenomenological exploration of the meaning of being a parent of a school age child with bipolar disorder.*
19. Weed, L. Diane (2004). *The meaning of the death of an adult child to an elder*
20. Short, Blair (2005). *Breast milk or formula: An existential phenomenological study of infant feeding decisions made by WIC recipients in East Tennessee.*
21. George, Sharon (2005). *"The only way out is to die": Perceptions and experiences of rural, homebound, older diabetics.*
22. Myers, Carole (2006). *A critical case study of program fidelity in Tenn Care.*
23. Broyles, Tonya (2006). *Facing down death and moving beyond: Strategies utilized by female survivors of childhood maltreatment.*
24. King, Phyllis (2006). *Promises to keep: A phenomenological study of ICU nurses' experiences caring for dying patients.*

25. Shea-Messler, Wendy (2007). *“Why am I still here, you ask?”: A phenomenological study of the lived experience of nurse managers.*
26. Plaas, Kristina. (2007). *“Waiting for the other shoe to drop”:* The lived experience of hope for mothers of premature infants in the neonatal intensive care unit.
27. Stevens, Sherri (2008). *Recovery of midlife women from myocardial infarction.*
28. Doane, Lois (2009). *Small windows of hope: Understanding the meaning of fatigue experienced by cancer patients.*
29. McArthur, Polly (2010). *Case Study: Community Perspectives of a Service Learning Partnership Involving One School of Nursing in the Southeastern United States.*
30. DeMoll, Kelly (2010). *Everyday experiences of power.* (Co-chaired with Deborah Baldwin from Psychology).
31. Levasseur, Priscilla (2011). *The phenomenology of everyday experiences of contemporary mystics in the Jewish traditions of Kabbalah.* (Dissertation in Psychology)
32. Stewart-Glenn, Jennifer (2012). *“I’ve accomplished something here:” The lived experience of employed breastfeeding mothers, A phenomenological analysis.*
33. Worley, Julie (2013). *The lived experience of female doctor shoppers.*
34. Parker, Renee (2013). *The lived experience of transitioning from the foster care system to adulthood.*
35. Kirkland, Lisa (2015). *Experiences of newly licensed registered nurses who stay in their first jobs.*
36. Ruskie, Stasia (2015). *“You came to not normal land”:* Nurses’ experience of the environment of disaster: A phenomenological investigation.
37. Sohn, Brian (2016). *The student experience of other students.* (Dissertation in Education)
38. Webb, Jenny (2017). *A phenomenological study of adolescent pregnancy loss.*
39. Jones, Deborah (2018). *Military children’s perceptions of parents’ frequent missile base deployments.*
40. Todt, Kendrea (2020). *The lived experience of nurses caring for patients diagnosed with infective endocarditis who use or have used intravenous drugs in Appalachia: A phenomenological study.*
41. Roach, Ashley (2020). *The lived experience of adolescents who provide support to friends with anxiety, depression, or suicidal ideation.*
42. Banks, Linda (2020). *A phenomenological study of uninsured individuals’ primary healthcare experience at nurse managed clinics in Mississippi.*
43. Mefford, Lauren (2020). *The lived resettlement experience for single refugee mothers from the Democratic Republic of Congo.*
44. Munoz, Lauren. (2022). *Intervening in the Doctor of Philosophy (PhD) Nursing Shortage: Graduate Student Self-Efficacy, PhD Enrollment Interventions, and the Experiences of Doctor of Nursing Practice (DNP)-to-PhD Students*
45. Blaine, Susan (2022). *The Lived Experience of Losing Employment after Diagnosis with Dementia: A Phenomenological Analysis.*

VI. RESEARCH AND SCHOLARLY ACTIVITIES:

Funded Research Projects:

1. **Co-investigator**, dual-career family research project (partially funded by National Institute of Education Doctoral Fellowship), 1981-1986
2. **Principal investigator**, longitudinal study of health in middle adulthood (partially funded by National Institute of Education Doctoral Fellowship and by a small grant from Gamma Chi Chapter of Sigma Theta Tau), 1982-1992

3. **Principal investigator**, project investigating anger, stress, and health indicators in mid-life women (1989 phase funded by a \$5,000 UTK Faculty Research Award, 1990 phase funded by a \$5,000 grant from the Associate Vice Provost for Research and \$1,000 from the Dean's Discretionary Fund, College of Nursing), 1989-1992
4. **Co-investigator**, project investigating relationship of UTK College Outcome Measures Program (COMP) examination scores and performance of baccalaureate nursing students in nursing courses, non-nursing courses, prelicensure achievement tests and the state licensure examination (supported by a \$7,192 grant from the UTK Learning Research Center), 1988-1989
5. **Co-investigator**, project developing discriminant models using selected nursing performance indicators (supported by a \$8,475 grant from the UTK Learning Research Center), completed 1990
6. **Co-investigator**, project examining factors associated with perceived competency levels of senior baccalaureate nursing students (supported by a \$2,000 grant from the UTK Center for Assessment Research in 1991)
7. **Principal investigator**, project on women's health in middle adulthood conducted under the auspices of the Mid-Life Research Program of the Henry A. Murray Research Center at Radcliffe College (one of 14 proposals selected in a national competition, project funded by the MacArthur Foundation), 1991-1992
8. **Advisor**, project on healing touch conducted by Victoria Slater for her dissertation research (funded by Tri-Service Nursing Research Group, Uniformed Services University of the Health Sciences, \$20,539 and Gamma Chi chapter of STT, \$800), 1994-1995
9. **Principal investigator**, LISREL testing of Pender's Health Promotion Model, (supported by \$4,500 grant from the UTK Scholarly Activities Research Incentive Fund, and by a small grant from Gamma Chi chapter of Sigma Theta Tau), 1994
10. **Co-investigator**, phenomenological study of postpartum depression (funded by Gamma Chi chapter, STT), 1995-1997
11. **Co-investigator**, phenomenological study of Mexican-American women's anger (supported by a \$3,000 grant from the UTK Scholarly Activities Research Incentive Fund), 1996.
12. **Advisor**, project on quality of life following stroke conducted by Janet Secrest for her dissertation research (funded by Rehabilitation Nursing Foundation New Investigator Award, \$2,000), 1996-1997
13. **Advisor**, project on early maturing girls and risk behavior conducted by Phyllis duMont for her dissertation research (funded by \$671 grant from Sigma Theta Tau, Gamma Chi, 1996-98
14. **Advisor**, project on assumption of the paternal role conducted by Molly Meighan for her dissertation research (funded by \$500 grant from AWHONN), 1997-1998
15. **Co-investigator**, study of childbirth anger, with Johnie Mazingo, Mitzi Davis, Pat Droppleman, (supported by \$500 grant from AWHONN District II and additional funds from Roche Laboratories), 1997-1999
16. **Co-investigator**, project designed to increase retention of African American nursing students (Project SUCCESS), with Mitzi Davis, funded by the UTK Center for Undergraduate Excellence, \$3500, 1999-2000
17. **Co-investigator**, Multidisciplinary/Collaborative Grant Development for Applied Phenomenological Studies Group, with Howard Pollio and Mark Hector, funded by the UTK Interdisciplinary Council for Intellectual and Cultural Expression (ICE), \$5000, summer 2000
18. **Principal investigator**, world of the patient study, supported by a \$3000 SARIF (Scholarly Activities Research Incentive Fund) grant for graduate research assistant Mona Shattell for summer semester, 2000
19. **Co-investigator**, Continuation grant for Project SUCCESS, with Mitzi Davis, funded by the UTK Center for Undergraduate Excellence, \$3500, 2000-2001
20. **Co-investigator**, Continuation Grant for Project SUCCESS, with Mitzi Davis, funded

by the UTK Center for Undergraduate Excellence, \$3000, 2001-2002

21. **Co-investigator**, UTK Interdisciplinary Council for Intellectual and Cultural Expression (ICE) award for collaborative research on the African American student experience at UTK, with Katherine Greenberg, Mitzi Davis, Charles Thompson, Howard Pollio, and Gary Klukken, \$7200, 2000-2001

22. **Advisor**, phenomenological study of ventilator-dependent children, conducted by Sharon Sarvey for her dissertation research, (funded by grant from Gamma Chi chapter, Sigma Theta Tau International), 2001

23. **Advisor**, phenomenological study of patients' ways of soliciting nursing care, conducted by Mona Shattell for her dissertation research (funded by \$600 grant from Gamma Chi chapter, Sigma Theta Tau International), 2001

24. **Coinvestigator**, study of community response to events of 9/11 (funded by a small grant from the Dean's Discretionary Fund, College of Nursing), 2002-2003

25. **Principal investigator**, "Exploring the Struggle: The African American Student on the Predominately White Campus," funded by \$7,000 grant from Phi Kappa Phi Honor Society, 2002-2003

26. **Coinvestigator**, "Women Thriving Abuse Survivors", NINR-funded RO1 project with PI Joanne Hall, 2002-2007; \$927,377

27. **Advisor**, phenomenological study of Amish women in menopausal transition, conducted by Desi Batson for her dissertation research (funded by grant from Gamma Chi chapter, Sigma Theta Tau International), 2003-2004

28. **Advisor**, phenomenological study of the experience of the nurse manager, conducted by Wendy Shea-Messler for her dissertation research (funded by grant from Gamma Chi chapter, Sigma Theta Tau International), 2003-2004

29. **Advisor**, phenomenological study of the experience of an elder losing an adult child, conducted by Diane Weed for her dissertation research (funded by grant from Gamma Chi chapter, Sigma Theta Tau International), 2003-2004

30. **Advisor**, phenomenological study of the experience of parenting a bipolar child, conducted by Jo Wade for her dissertation research (funded by grant from Gamma Chi chapter, Sigma Theta Tau International), 2003-2004

31. **Advisor**, phenomenological study of women's decision-making about infant feeding, conducted by Blair Short for her dissertation research, 2004-2005 (funded by Southern Nursing Research Society)

32. **Advisor**, dissertation research on the TennCare program, conducted by Carole Myers, 2004-2005 (funded by Gamma Chi chapter, Sigma Theta Tau)

33. **Coinvestigator**, phenomenological study of registered nurses' experiences of giving care in the hospital setting, 2003-2006 (funded in part by SARIF grant 2005 RA, Alice Raymond)

34. **Consultant**, phenomenological study of the mental health patient's experience of being understood, conducted by PI Mona Shattell, 2005 (funded by \$9500 Dean's Research Award, University of Alabama-Birmingham)

35. **Coinvestigator**, phenomenological study of deferred empathy (funded by 2004-2005 F&A Award to PI Mary Gunther), \$1000

36. **Consultant**, phenomenological study of psychiatric patients' and nurses' experience of the acute care psychiatric environment (funded by \$800 grant from Gamma Zeta chapter of Sigma Theta Tau to PI Mona Shattell)—completed 2006

37. **Advisor**, dissertation research of Phyllis King on critical care nurses' experience caring for dying patients, funded by Appalachian Colleges Association Wilma Dykeman Fellowship (dissertation completed 2006)

38. **Advisor**, phenomenological dissertation research on cancer-related fatigue, conducted by PI Lois Doane, funded by the Wilkinson Nursing Fund, dissertation completed 2009

39. **Principal Investigator**, evaluation study of process and outcomes during the inaugural year (2009-2010) of the Online PhD Program in Nursing at University of Tennessee, Knoxville; funded by \$1000 grant from the Tennessee Nurses Foundation
40. **Principal Investigator**, “Narratives of Childhood by Male and Female Perpetrators of Child Sexual Abuse,” funded by Center for Health Science Research, College of Nursing, University of Tennessee, Knoxville, \$6,500
41. **Coinvestigator**, “Adaptive Capabilities and Health in Child Sex Offenders Who Experienced Childhood/Adolescent Sorrow and Loss,” funded by Center for Health Science Research, College of Nursing, UT Knoxville, grant awarded to Co-PI’s Linda Mefford and Ken Phillips (joined project after grant was funded)
42. **SARIF Travel Grant** to present research in Ghent, Belgium, October 2013
43. **Coinvestigator**, “The Experience of Recovery Following Critical Illness in Appalachia, A Phenomenological Exploration,” funded by Physicians’ Medical Education and Research Foundation, University of Tennessee Medical Center, \$2906, (PI Reba Umberger), 2014-2015; project continued 2016-2021 with new phase “Informal Caregivers of Sepsis Survivors,” transferred in July 2018 to UT Health Sciences Center in Memphis
44. **Advisor**, “Perceptions of Newly Licensed Registered Nurses Who Remain in Bedside Nursing in an Acute Care Hospital,” Dissertation of PI Lisa Kirkland, funded by Gamma Chi chapter, Sigma Theta Tau, 2015
45. **Advisor**, “Military Children’s Perceptions of Parents’ Frequent Missile Base Deployment,” Funded by Tri-Service Nursing Research Program, \$26,996 (Dissertation of PI Deborah Jones), 2015-2018.
46. **Advisor**, “The Lived Resettlement Experience for Single Refugee Mothers from the Democratic Republic of Congo: A Phenomenological Study,” funded by UTK Graduate School, \$2,600 (Dissertation of PI Lauren Oppizzi Mefford, 2019-2020).
47. **Advisor**, “Intervening in the Doctor of Philosophy (PhD) Nursing Shortage: Graduate Student Self-Efficacy, PhD Enrollment Interventions, and the Experiences of Doctor of Nursing Practice (DNP)-to-PhD Students,” funded by 2022 Graduate Education Research Grant (Silver Award) from National Association of Graduate Admissions Professionals, \$1,000; Dean’s Dissertation Award; and Gamma Chi chapter of Sigma Theta Tau International

Other Grant Funding (Not Research-Related):

\$2000 Travel grant from University of Tennessee to participate in a People to People Nursing Education and Administration Delegation to China, Inner Mongolia, and Japan, 1985

\$2000 Professional Development Award, UTK, to participate in the 1998 International Congress on Women’s Health Issues, Egypt, 1998

\$10,000 grant to fund a PhD student as a Jonas Scholar at UTK, 2014-2016

\$20,000 grant to fund two PhD students as Jonas Scholars at UTK, 2016-2018

Grants Submitted But Not Funded:

1. Principal investigator, forgiveness intervention for divorced angry women, submitted to Templeton Foundation, 1998, approved for award of \$120,000, not funded
2. Coinvestigator, “Success of Black Students on White Campuses,” submitted to Association for Institutional Research, \$29,887, in 2004, approved and ranked in top third of grants reviewed, not funded.

3. PI, \$376,398 GAANN Grant, "Curing the Critical Shortage: Preparing New Nurse Faculty", submitted to U.S. Department of Education, November, 2005 (numeric ratings of 90 and 91 out of 100, but not funded)
4. Coinvestigator, "Rape: The Biobehavioral Response Trajectory," 2004, with PI Maureen Groer (not funded)
5. PI, \$380,016 GAANN Grant, "Graduate Assistance in Areas of National Need for Nursing," submitted to U.S. Department of Education, November, 2006, not funded

Other Research-Related Activities:

- Recipient of National Institute of Education Fellowship for Advanced Research and Training in Educational Research for Women and Minorities; worked with faculty mentors on a variety of research projects, 1981-1982
- Participant in weekly interdisciplinary research group on wellness and preventive mental health issues, College of Education, 1981-1992
- Initiator and moderator of weekly brown-bag lunch thesis groups at UT for graduate students to share thesis ideas and discuss research methodologies 1984-1989
- Reviewer of American Nurses' Association Cabinet on Nursing Research document *Directions for Nursing Research: Toward the Twenty-First Century*, at request of Tennessee Nurses' Association, 1984
- Consultant to Aluminum Company of America regarding preparation of instrument package to assess job satisfaction and employee benefit utilization by managerial/technical employees, 1985-1986
- Chairperson, Research Poster Sessions, TNA Convention, 1986, 1987
- Chairperson, Research Day, TNA Convention, 1988, 1989, 1990, 1991
- Co-Chairperson Annual Research Symposium, College of Nursing, 1986, 1987, 1988
- Chairperson Annual Research Symposium, College of Nursing, UT, 1989
- Collateral reviewer for Sigma Theta Tau International Research Grants, 1988-1990
- Abstract reviewer, Psychology of Women Division, American Psychological Association, '88-90
- Abstract reviewer, Southern Nursing Research Society, 1988, 1989, 1990
- Chairperson, Session on Victimization and Sexual Abuse, American Psychological Association, 1988
- Initiator and chairperson, Mental Health Research Group for faculty and students in College of Nursing, 1989-1992
- Chairperson, Abstract Review Committee for the 1990 Southeastern Conference of Clinical Specialists in Psychiatric-Mental Health Nursing
- Invited participant 1990 National Institute of Mental Health Technical Assistance Workshop for Psychiatric Nurses
- Abstract reviewer, Southern Council on Collegiate Education for Nursing Research Conference, 1990
- Sponsor of researcher from Istanbul, Turkey for summer work at University of Tennessee in 1988 and 1990 and for a portion of the 1991-1992 academic year
- Member, University Hospital Nursing Research Committee, 1991-1992
- Abstract reviewer, International Nursing Research Conference of Sigma Theta Tau and Ohio State University, 1992
- Planning Committee, Southern Nursing Research Society Annual Conference, 1992

- Consultant to Massachusetts General Hospital Institute of Health Professions regarding establishment of a Center for Nursing Research, 1992
- Abstract reviewer, International Nursing Research Conference sponsored by Sigma Theta Tau in 1993 in Madrid
- Panelist at conference "Women, Health Care, and Ethics," University of Tennessee, 1993
- Chairperson, Health Promotion Research Group for faculty and students in College of Nursing, 1993-1994
- Member, Program committee for the 1994 meeting of the Society of Behavioral Medicine
- Organizer & Chair of symposium "Dimensions of Women's Anger in Relation to Cardiovascular Responsivity," American Psychological Association, Los Angeles, 1994.
- Organizer and chair of symposium "Women's Anger: Pain, Power and Paradox," Southern Nursing Research Society, Lexington, KY, 1995.
- Grant reviewer, Tri-Service Nursing Research Group Scientific Review Panel, 1997
- Chairperson, UT College of Nursing/Sigma Theta Tau Research Day, 2000
- Chair of Transdisciplinary Phenomenology Research Group, University of Tennessee, 2000 to present (co-chair previously from 1994 to 2000)
- Mentor of the undergraduate honors research project of Teri Overman, 2003
- Mentor of undergraduate honors research project of Emily Munoz, 2005
- Chair, Scholarly Review for 2005 APNA national conference
- Abstract Reviewer, International Congress on Women's Health Issues, 2006
- Grant Reviewer, Austrian Science Fund, 2007
- Grant Reviewer, American Psychiatric Nurses Foundation Research Grants, 2011-2015, 2018, 2021
- Grant Reviewer, International Society of Psychiatric-Mental Health Nurses Foundation, 2017-2019

Presentations at Scientific Sessions: (grouped as regional, national, then international)

A. Regional Presentations at Scientific Sessions

Thomas, S.P., (1981, April; 1981, October). *Adjusting to divorce: From crisis to recovery.*

Presented at Sigma Theta Tau Research Day, University of Tennessee, in April and for the Tennessee Nurses' Association Annual Convention, in October.

Thomas, S.P. (1984, April). *Personality factors related to divorce adjustment.* Presented at Sigma Theta Tau Research Day, University of Tennessee-Chattanooga.

Thomas, S.P. & Evans, G. (1986, Sept.). *Pragmatic psychotherapy: Organizing the eclectic approach.* Presented at the Eighth Southeastern Regional Conference for Clinical Specialists in Psychiatric-Mental Health Nursing, Hilton Head, SC.

Thomas, S.P., & Jozwiak, J.S. (1987, April). *Attitudes toward research among university nursing students.* Presented at the Poster Session of the Southern Nursing Research Society, Atlanta, GA.

Jozwiak, J.S. & Thomas, S.P. (1987, April). *Perfectionism and self-description of Type A and B registered nurses.* Presented at the Poster session of the Southern Nursing Research Society, Atlanta, GA.

- Thomas, S.P. (1987, Dec.). *Refining an empirically developed profile of the Type B personality pattern in middle adulthood*. Presented at the Seventh Annual Council on Collegiate Education for Nursing Research Conference, Atlanta, GA.
- Thomas, S.P., & Evans, G. (1987, Sept.). *New approaches to counseling Type A clients: Dispelling the 'hurry sickness' myths*. Presented at the Ninth Southeastern Conference of Clinical Specialists in Psychiatric-Mental Health Nursing, Norfolk, VA.
- Thomas, S.P., & Wilt, D. (1988, Sept.). *Angry mid-life women: Intervention strategies*. Presented at the Tenth Southeastern Conference of Clinical Specialists in Psychiatric-Mental Health Nursing, Asheville, NC.
- Thomas, S.P. (1988, Oct.). *Women in mid-life: At the peak or over the hill? Anger symptomatology, stress reactivity and health status*. Presented at the Tennessee Nurses' Association Research Day, Gatlinburg, TN.
- Thomas, S.P. (1989, Feb.). *Somatization of anger in men and women: Contrasts and implications for nursing intervention*. Presented at the Third Annual Conference of the Southern Nursing Research Society, Austin, TX.
- Thomas, S.P. (1989, October). *Factors associated with women's anger*. Presented at the Tennessee Nurses' Association Research Day, Nashville, TN.
- Schneider, G., Williams, R., Thomas, S., & Pettibone, T. (1989, November). *Development of an instrument to distinguish adaptive from nonadaptive internal locus of control*. Paper presented at the annual meeting of the Mid South Educational Research Association, Little Rock, AR
- Thomas, S.P. (1989, December). *Relationship of College Outcome Measures Program (COMP) Scores and academic achievement variables in baccalaureate nursing students*. Presented at the 9th annual Southern Council on Collegiate Education for Nursing Research Conference, Lexington, KY.
- Thomas, S.P., Modrcin-McCarthy, M.A., & Tollett, J.H. (1990, September). *Stress and anger in mid-life women: Contrasting profiles of clinical and non-clinical samples*. Presented at the 12th Southeastern Conference of Clinical Specialists in Psychiatric/Mental Health Nursing, Gatlinburg, Tennessee.
- Thomas, S.P., Modrcin-McCarthy, M.A., & Tollett, J.H. (1990, October). *Symposium: Stress and anger in mid-life women: Theories, research and implications for practice*. Presented at the Tennessee Nurses' Association Research Day, Chattanooga, TN.
- Thomas, S.P. (1991, February). *Relationships among perceived stress, trait anger, modes of anger expression and health status of college men and women*. Presented at the Fifth Annual Conference of the Southern Nursing Research Society, Richmond Virginia
- Thomas, S.P. (1989, Feb.). *Somatization of anger in men and women: Contrasts and implications for nursing intervention*. Presented at the Third Annual Conference of the Southern Nursing Research Society, Austin, TX.

- Thomas, S.P. (1989, October). *Factors associated with women's anger*. Presented at the Tennessee Nurses' Association Research Day, Nashville, TN.
- Schneider, G., Williams, R., Thomas, S., & Pettibone, T. (1989, November). *Development of an instrument to distinguish adaptive from nonadaptive internal locus of control*. Paper presented at the annual meeting of the Mid South Educational Research Association, Little Rock, AR
- Thomas, S.P. (1989, December). *Relationship of College Outcome Measures Program (COMP) Scores and academic achievement variables in baccalaureate nursing students*. Presented at the 9th annual Southern Council on Collegiate Education for Nursing Research Conference, Lexington, KY.
- Thomas, S.P., Modrcin-McCarthy, M.A., & Tollett, J.H. (1990, September). *Stress and anger in mid-life women: Contrasting profiles of clinical and non-clinical samples*. Presented at the 12th Southeastern Conference of Clinical Specialists in Psychiatric/Mental Health Nursing, Gatlinburg, Tennessee.
- Thomas, S.P., Modrcin-McCarthy, M.A., & Tollett, J.H. (1990, October). *Symposium: Stress and anger in mid-life women: Theories, research and implications for practice*. Presented at the Tennessee Nurses' Association Research Day, Chattanooga, TN.
- Thomas, S.P. (1991, February). *Relationships among perceived stress, trait anger, modes of anger expression and health status of college men and women*. Presented at the Fifth Annual Conference of the Southern Nursing Research Society, Richmond Virginia.
- Russell, S., Thomas, S., & Shirk, B. (1991, October). *Cheesecake and ice cream: A closer look at the phenomenon of anger and eating in women*. Presented at the Tennessee Nurses' Association Research Day, Memphis, TN.
- Thomas, S.P. (1992, February). *Storage of research data: Why, how, where?* Paper presented at the Sixth Annual Conference of the Southern Nursing Research Society, Nashville, TN.
- Thomas, S.P. (1992, September). *Anger management techniques: A synthesis of the literature*. Paper presented at the 14th Southeastern Conference of Clinical Specialists in Psychiatric-Mental Health Nursing, Lexington, KY.
- Shoffner, D., Thomas, S. P., & Groër, M. (1993, February). *A longitudinal study of stress in adolescence*. Poster presented at the Southern Nursing Research Society, Birmingham, AL.
- Mozingo, J., Thomas, S. P., & Brooks, E. (1993, February). *Factors associated with perceived competency levels of senior baccalaureate nursing students*. Paper presented at the Southern Nursing Research Society, Birmingham, AL.
- Thomas, S. P. (1994, February). *Psychosocial predictors of health in women in middle adulthood*. Paper presented at the Southern Nursing Research Society, Chapel Hill, NC.
- Thomas, S. P. (1995, February). *Women's anger: Pain, power, and paradox*. Paper presented in symposium session at the Southern Nursing Research Society, Lexington, KY.

- Thomas, S. P., Droppleman, P., Evans, G., & Helton, S. (1996, February). *Angry? Let's Talk About It!* Poster presented at the Southern Nursing Research Society, Miami, FL.
- Smith, M., Droppleman, P., & Thomas, S. (1996, February). *Under assault: The experience of work-related anger in female registered nurses.* Poster presented at the Southern Nursing Research Society, Miami, FL.
- Droppleman, P., Davis, M., Thomas, S.P., & Wood, A. (1996, September). *The anger of postpartum depression.* Paper presented at the 18th Southeastern Conference of Clinical Specialists in Psychiatric-Mental Health Nursing, Winston-Salem, NC.
- Thomas, S. P., Droppleman, P., & Smucker, C. (1997, April). *What's at the heart of women's anger? A phenomenological exploration.* Paper presented at the Southern Nursing Research Society, Norfolk, VA.
- Wood, A., Thomas, S. P., Droppleman, P., & Meighan, M. (1997, April). *The downward spiral of post-partum depression.* Poster presented at SNRS, Norfolk, VA.
- Meighan, M., Droppleman, P., Thomas, S. P., & Davis, M. (1997, April). *Postpartum depression: The father's experience.* Poster presented at SNRS, Norfolk, VA. (Poster won first place award)
- Reesman, K., Robinson, C., Fields, B., McCall, B., Short, B., & Thomas, S. P. (1997, April). *African-American women and anger.* Poster presented at the Southern Nursing Research Society, Norfolk, VA.
- Davis, M., Meighan, M., Thomas, S., & Droppleman, P. (1997, October). *Postpartum depression: The father's experience.* Paper presented at the 19th Annual Southeastern Conference of Clinical Specialists in Psychiatric Mental Health Nursing, Jekyll Island, Georgia.
- Thomas, S.P., & Fields, B. (1998, September). *Anger of Caucasian American and African American Women: A report of two studies with guidelines for conducting anger management groups.* Paper presented at the 20th Annual Southeastern Conference of Clinical Specialists in Psychiatric Mental Health Nursing, Nashville, TN.
- Thomas, S.P. (1999, February). *A phenomenological study of chronic pain.* Paper presented at the Southern Nursing Research Society, Charleston, SC.
- Thomas, S.P. (1999, February). *Age differences in anger frequency, intensity, and expression.* Poster presented at the Southern Nursing Research Society, Charleston, SC.
- Thomas, S.P. (2000, September). *Violent and nonviolent girls: Contrasting perceptions of anger experiences, school, and relationships.* Paper presented at the 21st Annual Southeastern Conference of Clinical Specialists in Psychiatric Mental Health Nursing, Lexington, KY.
- Thomas, S.P. (2001, February). *Violent and nonviolent girls: Contrasting perceptions of anger experiences, school, and relationships.* Poster presented at the Southern Nursing Research Society, Baltimore, MD.

- Shattell, M., Martin, T., & Thomas, S.P. (2001, February). *The phenomenal world of the psychiatric patient*. Poster presented at the Southern Nursing Research Society, Baltimore, MD. (Poster also shown at Sigma Theta Tau Research Day, UNC Charlotte and UTK)
- Thomas, S.P. (2002, February). *Men's anger: A phenomenological exploration of its meaning*. Paper presented at the Southern Nursing Research Society, San Antonio, Texas.
- Plaas, K.M., & Thomas, S.P. (2002, February). *"Like a bunch of cattle": The patient's experience of the outpatient health care environment*. Poster presented at the Southern Nursing Research Society, San Antonio, Texas.
- Thomas, S.P. (2002, October). *Listening to patients*. Paper presented at the Tennessee Nurses Association, Franklin, TN.
- Thomas, S.P. (2003, February). *Anger behaviors, school connectedness, and relationships of violent and nonviolent American youths*. Paper presented at the Southern Nursing Research Society, Orlando, FL.
- Thomas, S.P. (2004, February). *Application of terror management theory to 9/11 reactions of American midlife women*. Paper presented at the Southern Nursing Research Society, Louisville, KY.
- Gunther, M., & Thomas, S.P. (2004, February). *The experience of registered nurses employed in acute care hospitals*. Poster presented at the Southern Nursing Research Society, Louisville, KY.
- Gunther, M., & Thomas, S.P. (2005, February). *The experience of registered nurses employed in acute care hospitals: A phenomenological study*. Paper presented at the Southern Nursing Research Society, Atlanta, GA.
- Hall, J., Thomas, S.P., Powell, J., Evans, G., Helton, S., & Bolton, K. (2005, February). *Dimensions of thriving in women child abuse survivors*. Poster presented at the Southern Nursing Research Society, Atlanta, GA.
- Thomas, S.P., & Martin, T.L. (2005, February). *Longing to make a difference: Inpatient psychiatric nurses' experience*. Paper presented at the Southern Nursing Research Society, Atlanta, GA.
- Shattell, M., Hogan, B., & Thomas, S. (2005, April). *"It's the people that make the environment good or bad": The patient's experience of the acute care hospital environment*. Paper presented at the Alabama State Nurses Association, Montgomery, A

- Shattell, M., McAllister, S., Hogan, B., & Thomas, S. (2006, February). *The experience of misunderstood*. Poster presented at the Southern Nursing Research Society, Memphis, TN.
- Thomas, S.P., Munoz, E., & Adelman, M. (2006, February). *Anger narratives of contemporary undergraduate students*. Poster presented at the Southern Nursing Research Society, Memphis, TN.
- Thomas, S.P., & Shoffner, D. (2006, February). *Diverse turning points and trajectories of female adult survivors of childhood maltreatment*. Paper presented at Southern Nursing Research Society, Memphis, TN
- Shattell, M., Starr, S., & Thomas, S.P. (2007, February). *“Take my hand, help me out”: Mental health patients’ experience of the therapeutic relationship*. Poster presented at the Southern Nursing Research Society, Galveston, TX.
- Thomas, S.P., & Burk, R. (2007, February). *What are the students angry about?* Poster presented at the Southern Nursing Research Society, Galveston, TX.
- Gunther, M., & Thomas, S.P. (2007, February). *“Now I understand”: A phenomenological study of deferred empathy*. Paper presented at the Southern Nursing Research Society, Galveston, TX.
- Thomas, S.P., & Burk, R. (2007, October). *What are the students angry about?* Poster presented at the Tennessee Nurses Association convention, Knoxville, TN
- Callen, B., Groer, M.W., Thomas, S.P., Shoffner, D., & Mefford, L. (2008, February). *Relationships among anger, perceived stress, religiousness, and symptoms of infection in well elderly*. Poster presented at the Southern Nursing Research Society, Birmingham, AL.
- Thomas, S.P. (2008, February). *Anger in the trajectory of healing from child maltreatment*. Paper presented at the Southern Nursing Research Society, Birmingham, AL.
- Andes, M., Shattell, M.M., & Thomas, S.P. (2008, February). *How psychiatric patients experience the acute care psychiatric environment*. Paper presented at the Southern Nursing Research Society, Birmingham, AL
- Gaillard, L.M., Shattell, M.M., & Thomas, S.P. (2009, February). *“I am more than my mental illness”: Mental health patients’ experiences of being misunderstood*. Paper presented at the Southern Nursing Research Society, Baltimore, MD
- Phillips, K.D., Moneyham, L., Murdaugh, C., Thomas, S.P., & Gunther, M. (2009, February). *A view of the lives of women with HIV/AIDS living in the rural Southeastern United States*. Paper presented at the Southern Nursing Research Society, Baltimore, MD
- Thomas, S.P., Roman, M., Mixer, S., Wyatt, T., Myers, C., & Gunther, M. (2011, February). *Diminishing the distance in distance education*. Paper presented at the Southern Nursing Research Society, Jacksonville, FL.
- Carlson, K., Powers, S., Thomas, S.P., & Phillips, K. (2011, February). *Narratives of childhood*

by perpetrators of child sexual abuse. Poster presented at the Southern Nursing Research Society, Jacksonville, FL. (Poster also displayed at local Sigma Theta Tau Research Day in April in Knoxville).

Thomas, S.P., Phillips, K., Carlson, K., Kirkwood, E., & Shieh, E. (2012, February). *Childhood narratives of perpetrators who sexually abuse children.* Poster presented at the Southern Nursing Research Society, New Orleans, LA (Poster also displayed at local Sigma Theta Tau Research Day in April in Knoxville).

Thomas, S.P., Phillips, K., Shenandoah, C., & Goodpasture, J. (2013, February). *Childhood peer and sibling relationships of perpetrators who sexually abuse children.* Poster presented at the Southern Nursing Research Society, Little Rock, AR

Phillips, K., et al. (2013, February). *Sleep disturbances related to adverse childhood experiences among adults who have committed sex offenses against a child.* Poster presented at the Southern Nursing Research Society, Little Rock, AR.

Webb, J., Morris, M., Thomas, S.P., & Orme, T. (2014, February). *Perceptions of low income mothers about good parenting.* Poster presented at the Southern Nursing Research Society, San Antonio, TX.

Thomas, S.P., Phillips, K., & Blaine, S. (2014, February). *Psychotherapy experiences of perpetrators of child sexual abuse.* Poster presented at the Southern Nursing Research Society, San Antonio, TX.

Webb, J., Morris, M., Thomas, S., & Combs-Orme, T. (2014, April). *Perceptions of low income mothers about good parenting.* Presented at Gamma Chi STTI Research Day, UT Knoxville.

Webb, J., Morris, M., Thomas, S., & Combs-Orme, T. (2014, May). *Perceptions of low income mothers about good parenting.* Presented at AWHONN Tennessee Conference, Nashville TN and at the Vanderbilt Nurses Week Celebration 6th Annual Research Poster Presentation, Nashville, TN, and the annual convention of the Tennessee Nurses Association.

Umberger, R., & Thomas, S.P. (2016, February). *Sepsis survivors: Perceptions of their illness experience.* Poster presented at the Southern Nursing Research Society, Williamsburg, VA.

Umberger, R., & Thomas, S.P. (2016, September). *Perceptions of the illness experience among sepsis survivors more than one year after their ICU stay.* Podium presentation at the Sigma Theta Tau International Region 8 Conference, Jackson, MS.

Umberger, R., Todt, K., Talbott, E., Sparks, L., & Thomas, S.P. (2017, November). *Experiences of informal caregivers of sepsis survivors in Appalachia.* Poster presentation at Gamma Chi STTI/ College of Nursing Research Day, UT Knoxville.

Bartmess, M., & Thomas, S.P. (2020, November 2). *Shaping effective nurse scientists through independent studies for scholarly writing.* Poster presentation at the Mary T. Boynton Lecture Series/Sigma Gamma Chi Research Day, UT Knoxville.

National Presentations at Scientific Sessions

Shoun, S., Thomas, S.P., White, P., & Faires, C. (1981, August). *Stress factors affecting career development of married professional women*. Presented at the annual convention of the American Psychological Association, Los Angeles.

Thomas, S.P., Olsen, D., & Williams, R.L. (1982, March). *The development of a naturalistic self-management inventory*. Presented at the annual convention of the American Educational Research Association, New York.

Thomas, S.P., Albrecht, K., Shoun, S., White, P., & Faires, C. (1982, August). *Determinants of marital quality in dual-career couples*. Presented at the annual convention of the American Psychological Association, Washington, D.C.

Albrecht, K., Thomas, S.P., & White, P. (1983, June). *Coping strategies and determinants of marital quality in dual-career professional couples*. Presented at "Families and Work: Dialogue for Change," conference sponsored by Family and Child Development Section, American Home Economics Association, Milwaukee.

Thomas, S.P. (1984, August). *Predictors of health in middle adulthood*. Presented at the annual convention of the American Psychological Association, Toronto, Canada

Thomas, S.P. & Albrecht, K. (1984, August). *Dilemmas of dual-career professional women: Dialectics of coping*. Presented at the annual convention of the American Psychological Association, Toronto, Canada.

Thomas, S.P. (1985, March). *Toward an empirical model of health for middle adulthood: A progress report*. Presented at the annual scientific sessions of the Society of Behavioral Medicine, New Orleans.

Thomas, S.P. & Groër, M. (1985, April). *Relationship of demographic, anthropometric, lifestyle, and stress variables with blood pressure in adolescents*. Presented at the National Conference on High Blood Pressure Control, Chicago.

Thomas, S.P. (1985, Nov.). *A descriptive profile of individuals exhibiting the Type B personality pattern*. Presented at Research Day of the Sigma Theta Tau Biennial Convention, Indianapolis.

Thomas, S.P. (1986, August). *Type B: Cognitive/attitudinal characteristics, stress reactivity, and health status*. Presented at the annual convention of the American Psychological Association, Washington, D.C.

Thomas, S.P. (1988, Aug.). *Anger symptomatology, stress reactivity and health status of mid-life women*. Presented at the annual convention of the American Psychological Association, Atlanta, GA.

Thomas, S.P. (1989, September). *Anger in mid-life women: Theoretical, empirical and therapeutic considerations*. Presented at the American Nurses' Association 1989 Nursing Research Conference, Chicago, IL.

Thomas, S.P., & Jozwiak, J. (1989). *Relationships among COMP examination scores and academic achievement variables for nursing students*. Presented at the Fourth Annual Workshop of the Center for Assessment Research and Development "Strategies for Assessing Outcomes", Knoxville, on November 7, and for a University of Tennessee Faculty Colloquium October 23.

Thomas, S.P. (1989, November). *Relationships among anger expression modes, stress and health status*. Presented at the Sigma Theta Tau 30th Biennial Convention Scientific Sessions, Indianapolis, IN.

Thomas, S.P. & Williams, R.L. (1990, April). *Gender differences in modes of anger expression: Health implications*. Presented at the Eleventh Annual meeting of the Society of Behavioral Medicine, Chicago IL

Thomas, S.P., Groër, M.W., Kollar, M., & Cunningham, J.L. (1990, September). *Stability of Siegel's Anger Index during adolescent development*. Presented at the National Conference on Instrumentation in Nursing, Tucson, Arizona.

Thomas, S.P., Hart, S.E., & Jozwiak, J. (1990, November). *Development of discriminant models with implications for prevention of nursing licensure examination failure*. Presented at the Fifth Annual Assessment Workshop "Strategies for Assessing Outcomes," sponsored by UTK Center for Assessment Research and Development, Knoxville, TN and for a UTK faculty colloquium October 1st.

Thomas, S.P. (1991, March). *Stress and anger in mid-life women*. Presented in paper session at the Society of Behavioral Medicine, Washington, DC.

Groër, M.W., Thomas, S.P., & Droppleman, P. (1991, March). *A longitudinal study of adolescent blood pressures, lifestyles, stress and anger*. Presented in symposium session, "Cardiovascular risk across the lifespan: Nursing research and interdisciplinary imperatives" at the Society of Behavioral Medicine, Washington, DC.

Williams, R.L., Schneider, G.D., Pettibone, T.J., & Thomas, S.P. (1991, March). *Adaptive versus nonadaptive internal locus of control*. Presented in poster session at the Society of Behavioral Medicine, Washington, DC.

Williams, R.L., Moore, C.A., Pettibone, T.J., & Thomas, S.P. (1991, March). *Self-report scale of self-management practices*. Presented in poster session at the Society of Behavioral Medicine, Washington, DC.

Thomas, S.P., & Wilt, D. (1991, September). *Stress and anger in mid-life women*. Presented in poster session at the Society for Education and Research in Psychiatric-Mental Health Nursing, San Francisco.

Thomas, S.P., Droppleman, P., Smucker, C., & Denham, G. (1991, November). *Women's anger: Dispelling the myths*. Presented in paper session at the Scientific Sessions of Sigma Theta Tau Biennial Convention, Tampa, FL.

Sherman, A., Williams, R.L., Thomas, S.P., Lawler, K.A., Hutchens, T.A., & Pettibone, T.J. (1992, March). *Gender differences in the relationship of locus of control to mental health variables*. Presented in poster session at Society of Behavioral Medicine, New York, NY.

Denham, G., Johnson-Saylor, P., & Thomas, S. (1992, March). *The relationship of self-esteem to anger dimensions in women: Is it worth shouting about?* Presented in paper session at Society of Behavioral Medicine, New York, NY

Thomas, S.P. (1992, September). *Psychosocial predictors of women's physical health in middle adulthood*. Presented at the Midlife Research Program Conference, Cape Cod, MA.

Thomas, S.P. (1992, November). *Dispelling myths about women's anger*. Presented in paper session at Society for Education and Research in Psychiatric-Mental Health Nursing, Chevy Chase, MD.

Thomas, S. P. (1993, March). *Psychosocial predictors of health in women in middle adulthood*. Presented in poster session at the Society of Behavioral Medicine, San Francisco

Thomas, S. P., & Donnellan, M. M. (1993, March). *Stress, role responsibilities, social support and anger in women*. Presented in poster session at Society of Behavioral Medicine, San Francisco.

Thomas, S. P. (1993, August). *Psychosocial predictors of health in women in middle adulthood*. Presented in poster session at the American Psychological Association Convention, Toronto.

Thomas, S. P. (1993, November). *Women and anger: New data*. Symposium at the American Nurses Association Council of Nurse Researchers Scientific Session, Washington, DC.

Thomas, S. P. (1993, November). *Women's anger: A comprehensive empirical investigation*. Symposium at the Sigma Theta Tau Scientific Sessions, Indianapolis, Indiana.

Thomas, S. P. (1994, April). *Gender as it relates to health: Toward an understanding of women's roles and their consequences*. Paper presented at the Society of Behavioral Medicine, Boston

Ausbrooks, E., & Thomas, S. P. (1994, April). *Relationships among self-efficacy, dispositional optimism, trait anger, and modes of expressing anger in college students*. Poster presented at the Society of Behavioral Medicine, Boston

Thomas, S. P. (1994, May). *Health consequences of women's anger*. Paper presented at American Psychological Association conference "Psychosocial and Behavioral Factors in Women's Health: Creating an Agenda for the 21st Century," Washington, DC.

Droppleman, P., & Thomas, S. P. (1995, March). *Anger in women: What the research shows*. Paper presented at the Ninth National MCN Convention, Atlanta.

Thomas, S. P., McKay, T., & Ladd, T. (1995, March). *LISREL VII Testing of Pender's Health Promotion Model in a University Sample*. Poster presented at the Society of Behavioral Medicine, San Diego.

Thomas, S. P., Droppleman, P., Evans, G., & Helton, S. (1995, March). *Angry? Let's Talk About It!* Poster presented at the Society of Behavioral Medicine, San Diego.

Thomas, S. P., Phillips, K., & Lawler, K. (1995, March). *Gender differences in anger/hostility factor structures*. Poster presented at the Society of Behavioral Medicine, San Diego.

Thomas, S. P., Phillips, K., & Lawler, K. (1995, August). *Gender differences in anger experience and expression*. Poster presented at the American Psychological Association Convention, New York City.

Thomas, S. P. (1996, September). *Women's anger: Effects of suppression on blood pressure*. Paper presented at the American Psychological Association Conference "Psychosocial and Behavioral Factors in Women's Health: Research, Prevention, Treatment, and Service Delivery in Clinical and Community Settings. Washington, DC.

Droppleman, P. G., Davis, M., Thomas, S. P., & Wood, A. (1996, September). *The anger of postpartum depression*. Paper presented at the American Psychological Association Conference "Psychosocial and Behavioral Factors in Women's Health: Research, Prevention, Treatment, and Service Delivery in Clinical and Community Settings." Washington, DC.

Phillips, K. D., Thomas, S. P., & Lawler, K. (1997). *Comparison of anger experience and expression in men and women: Factor analysis of instruments commonly used to measure anger*. Poster presented at the American Public Health Association, Indianapolis.

Droppleman, P. Davis, M., Thomas, S.P., & Wood, A. (1997, August). *Anger of postpartum depression*. Poster presented at the American Psychological Association, Chicago. Thomas, S.P.,

Fields, B., Reesman, K., & Robinson, C. (1997, August). *Phenomenological exploration of African American women's anger*. Poster presented at the American Psychological Association, Chicago.

Droppleman, P., Thomas, S.P., Wood, A., & Meighan, M. (1997, December). *The downward spiral of postpartum depression*. Poster presented at Sigma Theta Tau, Indianapolis.

Thomas, S.P., Droppleman, P., & Smucker, C. (1997, December). *It hurts most around the heart: A phenomenological exploration of women's anger*. Poster presented at Sigma Theta Tau Scientific Sessions, Indianapolis.

Thomas, S.P. (1998, March). *Age differences in anger frequency, intensity, and expression*. Poster presented at the scientific sessions of the Society of Behavioral Medicine, New Orleans.

Groer, M., Davis, M., Droppleman, P., Jolly, M.L., Mozingo, J., Pierce, M., & Thomas, S. (1998, March). *Mood states of oncology patients*. Poster presented at the scientific sessions of the Society of Behavioral Medicine, New Orleans.

Thomas, S.P. (1998, June). *A phenomenological study of chronic pain*. Paper presented at the ANA Council of Nursing Research Conference, San Diego, CA

Thomas, S.P. (1998, June). *Anger management modalities: An integrative research review*. Poster presented at the ANA Council of Nursing Research Conference, San Diego, CA.

Thomas, S.P., & Fields, B. (1998, November). *Anger of Caucasian American and African American women: Application of study findings in psychoeducational groups for women*. Poster

presented at the Society for Education and Research in Psychiatric-Mental Health Nursing, Chicago, IL.

Robinson, C.H., & Thomas, S.P. (1999, March). *Determinants of diet and physical activity of fifth-grade children.* Poster presented at the Society of Behavioral Medicine, San Diego, CA.

duMont, P., & Thomas, S.P. (1999, March). *Effects of asynchronous development on health related behaviors of middle school girls.* Poster presented at the Society of Behavioral Medicine, San Diego, CA

Smith, H., & Thomas, S.P. (2000, April). *Anger expression, loneliness, and interpersonal relationships in violent and nonviolent girls.* Poster presented at the Society of Behavioral Medicine, Nashville, TN

Thomas, S.P. (2000, June). *A roadmap out of the confusion: The Pollio approach to phenomenology.* Paper presented in symposium session at the Phenomenology and Hermeneutics Conference, University of Minnesota, Minneapolis

Thomas, S.P., McCoy, J.D., & Martin, R. M. (2000, August). *Men's anger: A phenomenological exploration of its meaning.* Poster presented at the American Psychological Association, Washington, DC.

Droppleman, P.G., & Thomas, S.P. (2000, October). *Becoming a mother through the process of adoption.* Poster presented at the meeting of the National Association of Nurse Practitioners in Women's Health, Albuquerque.

Thomas, S.P., & Davis, M. (2000, November). *Enhancing success of black nursing students: Project SUCCESS.* Paper presented at the American Academy of Nursing 2000 Conference, San Diego.

Robinson, C., & Thomas, S.P. (2000, November). *Diet and physical activity of fifth grade children.* Presented at the 128th Annual Meeting of the American Public Health Association, Boston.

Droppleman, P.G., & Thomas, S.P. (2001, March). *Becoming a mother through the adoption process: Implications for counseling.* Poster presented at the Society of Behavioral Medicine, Seattle.

Groer, M., Thomas, S.P., Graham, M., & Wright, P. (2001, March). *Relationship of symptoms of infectious illness and perceived stress.* Poster presented at the Society of Behavioral Medicine, Seattle

Thomas, S.P., Davis, M., Fields, B., & Dias-Bowie, Y. (2001, August). *Promoting faculty cultural competence.* Poster presented at the American Psychological Association, San Francisco.

Thomas, S.P., Davis, M., Fields, B., & Dias-Bowie, Y. (2001, September). *Promoting faculty cultural competence.* Paper presented at the National League for Nursing Education Summit, Baltimore.

- Thomas, S.P. (2001, October). *Discovering the meaning of men's anger: A phenomenological study*. Poster presented at the American Psychiatric Nurses Association, Reno, NV.
- Fields, B., Davis, M., Thomas, S.P., & Dias-Bowie, Y. (2001, October). *A holistic approach to improving the success of African American students*. Paper presented at the American Psychiatric Nurses Association, Reno, NV.
- Shattell, M.M., Martin, T., & Thomas, S.P. (2001, October). *The phenomenal world of the psychiatric patient*. Poster presented at the American Psychiatric Nurses Association, Reno, NV.
- Thomas, S.P., & Smith, H. (2002, February). *Violent and nonviolent girls: Contrasting perceptions of anger experiences, school, and relationships*. Poster presented at the American Psychological Association Conference on Women's Health, "Enhancing Outcomes in Women's Health," Washington, DC.
- Thomas, S.P., & Smith, H. (2002, April). *Anger behaviors, school connectedness, and relationships of violent and nonviolent American youths*. Paper presented at the Society of Behavioral Medicine, Washington, DC.
- Thomas, S.P. (2002, July). *School violence: Identifying and intervening with girls at risk*. Paper presented at the Biennial Convention of the American Nurses Association, Philadelphia, PA.
- Thomas, S.P., Davis, M., Dias-Bowie, Y., Greenberg, K., Klukken, G., Pollio, H.R., & Thompson, C.L. (2002, August). *Fly in the buttermilk: Black students in a white university*. Poster presented at the American Psychological Association, Chicago, IL.
- Shattell, M.M., & Thomas, S.P. (2002, September). *"Make them your friend:" A phenomenological study of patients' experience soliciting nursing care in the hospital setting*. Paper presented at the State of the Science Congress, Washington, DC
- Thomas, S.P. (2002, October). *Developing a research program*. Invited paper presented in qualitative research panel session at the American Psychiatric Nurses Association, Dallas TX.

- Thomas, S.P. (2003, March). *Application of terror management theory to 9/11 reactions of mid-life women*. Poster presented at the Society of Behavioral Medicine, Washington, DC.
- Thomas, S.P. (2003, October). *Reactions of midlife women to terrorism*. Poster presented at the American Psychiatric Nurses Association, Atlanta, GA.
- Groer, M., & Thomas, S.P. (2004, March). *Health and immune correlates of anger in postpartum mothers*. Poster presented at the Society of Behavioral Medicine, Baltimore, MD.
- Shattell, M., Hogan, B., & Thomas, S.P. (2005, November). *The mental health patient's experience of being understood*. Poster presented at the American Psychiatric Nurses Association, Nashville, TN.
- Thomas, S.P., Munoz, E., & Adelman, M. (2005, November). *Anger narratives of contemporary undergraduate students*. Poster presented at the American Psychiatric Nurses Association, Nashville, TN.
- Hall, J.M., Powell, J., Thomas, S., Travis, C., Roman, M., Tennison, C., & Moyers, K. (2005, November). *Clinical implications of resoluteness as a central aspect of thriving in women child abuse survivors: Narrative analytic findings*. Paper presented at the American Psychiatric Nurses Association, Nashville, TN.
- Speraw, S., & Thomas, S.P. (2006, January). *Homeland security nursing: Innovation for the 21st century*. Poster presented at the AACN Doctoral Education Conference, San Diego, CA.
- Groer, M.W., & Thomas, S.P. (2006, March). *The psychoneuroimmunology of rape*. Paper presented at the Society of Behavioral Medicine, San Francisco, CA. (Paper presented by Groer).
- Thomas, S.P. (2006, October). *Life trajectories of women survivors of child maltreatment: Redemptive and contaminating sequences*. Paper presented at the American Psychiatric Association Institute on Psychiatric Services, New York, NY.
- Thomas, S.P. (2007, March). *Components of anger in contemporary undergraduate students*. Poster presented at the Society of Behavioral Medicine, Washington, DC.
- Callen, B., Groer, M.W., Thomas, S.P., Shoffner, D., & Mefford, L. (2007, March). *Relationships among anger, perceived stress, religiousness, and symptoms of infection in well elderly*. Poster presented at the Society of Behavioral Medicine, Washington, DC. (this poster was also presented at APHA, and at TNA in 2007)
- Thomas, S.P. (2007, September). *Effects of living in urban neighborhoods on women's ability to enact health-promoting lifestyles*. Paper presented at "Women's Health is the Community's Health: Impacting Women's Lives in Urban Places," an invitational conference at the University of Pennsylvania School of Nursing, Philadelphia, PA
- Thomas, S.P. (2007, November). *Anger management/sustaining optimism*. Invitational paper presented at the Hartford Geriatric Nursing Initiative Leadership Conference, San Francisco, CA.

- Mefford, L., Thomas, S., Callen, B., Groer, M., & Shoffner, D. (2008, March). *Religiousness and spirituality as predictors of anger management styles in community dwelling older persons*. Poster presented at the Society of Behavioral Medicine, San Diego, CA.
- Thomas, S.P. (2008, September). *Managing anger and sustaining optimism*. Paper presented at "Frontiers in Psychoneuroimmunology: The emotional interface," Tampa, FL.
- Thomas, S.P., & Hall, J. (2008, October). *Anger in the trajectory of healing from childhood maltreatment*. Paper presented at the 22nd annual conference of the American Psychiatric Nurses Association, Minneapolis, MN.
- Gaillard, L., Shattell, M., & Thomas, S.P. (2008, October). *"I am more than my mental illness" Mental health patients' experiences of being misunderstood*. Poster presented at the American Psychiatric Nurses Association, Minneapolis, MN.
- Mefford, L., Thomas, S.P., Callen, B., & Groer, M.W. (2010, November). *Religiousness and spirituality as predictors of anger management style in community-dwelling older persons*. Paper presented at Mayo Spiritual Care Research Conference "Spirituality and Health Across the Life Span: Investigation and Application," Mayo Clinic, Rochester, NY.
- Thomas, S.P. (2010, November). *Understanding the meaning of urban spaces and places to women: Impact on health and well-being*. Invited paper presentation to the CDC, Built Environment Working Group, Atlanta, GA.
- Thomas, S.P., Myers, C., Wyatt, T., Gunther, M., Roman, M., & Mixer, S. (2010, November). *Diminishing the distance in distance education*. Podium presentation at the American Academy of Nursing Pre-Conference, Washington, DC.
- Carlson, K., Powers, S., Thomas, S.P., & Phillips, K. (2011, April). *Narratives of childhood by male and female perpetrators of child sexual abuse*. Poster presented at the Academy of Violence and Abuse, Minneapolis, MN.
- Franklin, K., & Thomas, S.P. (2014, February). *Applying insights from Merleau-Ponty and van Manen to pedagogy in higher education*. Poster presented at the Conference on Higher Education Pedagogy, Virginia Tech, Blacksburg, VA.
- Franklin, K., Dellard, T., Murphy, B., Plaas, K., Skutnik, A., Sohn, B., Williams, M., Greenberg, K., Greenberg, N., Pollio, H., & Thomas, S.P. (2014, February). *A transformational twist on learner-centered teaching: Experience and existential phenomenology*. Paper presented at the Conference on Higher Education Pedagogy, Virginia Tech.
- Greenberg, N., Deshpande, D., Greenberg, K., Franklin, K., Murphy, B., Pollio, H., Sohn, B., & Thomas, S.P. (2015, February). *Patterns in transformative pedagogy: Ethological perspective*. Poster presentation at the Conference on Higher Education Pedagogy, Virginia Tech, Blacksburg, VA.
- Greenberg, K., Deshpande, D., Franklin, K., Greenberg, N., Murphy, B., Plaas, K., Pollio, H., Sohn, B., & Thomas, S.P. (2015, February). *Teaching conservatives, liberals, and libertarians: A conversation about opening learners to more pluralistic views of*

- academic content*. Conversation session at the Conference on Higher Education Pedagogy, Virginia Tech, Blacksburg, VA.
- Greenberg, N., Greenberg, K., Plaas, K., Murphy, B., Sohn, B., & Thomas, S.P. (2016, February). *The natural history of the teaching moment: Exploring practices that enhance profound learning experiences*. Practice session at the Conference on Higher Education Pedagogy, Virginia Tech, Blacksburg, VA.
- Greenberg, N., Greenberg, K., Thomas, S.P., Sohn, B., Plaas, K., & Murphy, B. (2017, February). *The art and science of teaching: The deep dialectic*. Practice session at the Conference on Higher Education Pedagogy, Virginia Tech, Blacksburg, VA.
- Jones, D., Thomas, S., & Morgan, B. (2017, April 26). *Missile base deployments: Impact on military children*. Presented at the Tri-Service Nursing Research conference.
- Umberger, R., Todt, K., Sparks, L., Talbott, E., & Thomas, S.P. (2018, February). *Informal caregivers of sepsis survivors in Appalachia: Individual interviews and pilot surveys*. Presented at the Society of Critical Care Medicine, San Antonio, TX.
- Greenberg, K., Greenberg, N., Thomas, S.P., Moret, L., Murphy, B., Smith, J., & Sohn, B. (2018, February). *Pedagogy at the heart of teaching and learning: Facilitating dialogue of the lived experience*. Practice session at the Conference on Higher Education Pedagogy, Virginia Tech, Blacksburg, VA.
- Hutson, S.P., Wyatt, T.H., Thomas, S.P., Durbin, T.M., Lavin, R., & Niederhauser, V. (2019, January). *Better together: Innovative strategies to educate DNP and PhD students collaboratively*. Podium presentation at the AACN Doctoral Conference, San Diego, CA.
- Sohn, B.K., Smith, J., Greenberg, K., Greenberg, N., & Thomas, S.P. (2019, February). *What can they learn if they don't have grades? Learning outcomes with a phenomenological approach*. Research session presentation at the Conference on Higher Education Pedagogy, Virginia Tech, Blacksburg, VA.
- Greenberg, K., Greenberg, N., Moret, L., Murphy, B., Sohn, B., Smith, J. & Thomas, S.P. (2019, February). *Messing about at the phenomenological heart of teaching*. Practice Session presentation at the Conference on Higher Education Pedagogy, Virginia Tech, Blacksburg, VA.
- Greenberg, K., Greenberg, N., Thomas, S.P., Moret, L., Murphy, B., Sohn, B., & Smith, J. (2019, April 8). *Messing about at the heart of teaching*. Presentation at the Innovative Teaching and Learning Conference, University of Tennessee, Knoxville.
- Hutson, S.P., Neal, A.M., Thomas, S.P., Brewer, T.L., Wyatt, T.H., & Niederhauser, V.P. (2022). *Building your scholarly brand: Strategies for nursing doctoral students*. Presented at the AACN Doctoral Conference (held virtually).
- Munoz, L.R., Thomas, S.P., Sebach, A.M., Neal, A.M., & Gibbons, M.M. (2022, August 5). *On a mission: Experiences of DNP-prepared nurses pursuing a PhD*. Poster presentation at Graduate Nursing Student Academy. Washington, DC

C. International Presentations at Scientific Sessions

Thomas, S. P. (1983, July). *The relationship between selected predictor variables and the perceived health status of Americans in middle adulthood*. Presented at Sigma Theta Tau International Nursing Research Congress, Universidad Complutense, Madrid, Spain.

Thomas, S. P., Shoffner, D., & Groër, M. (1986, May and October). *An analysis of gender differences in adolescent stress factors*. Presented at the International Nursing Research Conference, Edmonton, Alberta, Canada, in May; and at the annual convention of the Tennessee Nurses' Association, in October.

Thomas, S. P., & Albrecht, K. (1986, November). *Stressors and coping styles of American dual-career professional women*. Presented at the Second International Congress on Women's Health Issues, Halifax, Nova Scotia.

Thomas, S. P. (1987, Oct.). *Development of an empirical model of health: A five-year progress report*. Presented at the American Nurses' Association International Nursing Research Conference, Arlington, VA; and at the Tennessee Nurses' Association annual convention, Memphis, TN.

Thomas, S. P., & Donnellan, M. (1988, Nov.). *Angry mid-life women: Correlates and intervention strategies*. Presented at the Third International Congress on Women's Health Issues, Tampa FL.

Thomas, S. P., Brown, B. E., Donnellan, M., Grover, S., Wilt, D., & Atakan, S. (1990, November). *Anger and stress in mid-life women: Contrasting profiles of clinical and non-clinical samples in the U.S.A. and in Turkey*. Presented at the International Congress on Women's Health Issues, Palmerston North, New Zealand.

Thomas, S. P., Fields, B., & Tsai, C. (1992, May). *Anger expression in Caucasian, Black, and Asian-American mid-life women*. Presented at the International Nursing Research Conference "Voyage into the Future Through Nursing Research," Columbus, OH.

Thomas, S. P. (1992, August). *Women's anger: Precipitants, manifestations and health consequences*. Presented at the International Congress on Women's Health Issues, Copenhagen, Denmark

Thomas, S. P. (1996, March). *Women's anger: Effects of suppression on blood pressure*. Paper presented at the Fourth International Congress of Behavioral Medicine, Washington, DC.

Thomas, S. P. (1996, September). *Women's anger: Effects of suppression on blood pressure*. Paper presented at the 10th European Health Psychology Society Conference, Dublin, Ireland.

Droppleman, P., Davis, M., Thomas, S., & Wood, A. (1996, September). *The anger of postpartum depression*. Poster presented at the 10th European Health Psychology Society Conference, Dublin, Ireland.

- Thomas, S.P. (1996, November). *Women's anger: Effects of suppression on blood pressure*. Paper presented at the 7th International Congress on Women's Health Issues, Khon Kaen, Thailand.
- Droppleman, P.G., Droppleman, E., duMont, P., & Thomas, S.P. (1996, November). *Phenomenological study of the lived anger experience of French women living in France*. Paper presented at the 7th International Congress on Women's Health Issues, Khon Kaen, Thailand.
- Droppleman, P.G., Davis, M., & Thomas, S.P. (1996, November). *Phenomenological study of the lived experience of postpartum depression*. Paper presented at the 7th International Congress on Women's Health Issues, Khon Kaen, Thailand.
- Smith, M., Droppleman, P.G., & Thomas, S.P. (1996, November). *Under assault: The experience of work-related anger in female registered nurses*. Paper presented at the 7th International Congress on Women's Health Issues, Khon Kaen, Thailand.
- Thomas, S.P. (1997, September). *Angry? Let's talk about it!* Paper presented at the 11th European Health Psychology Society conference, Bordeaux, France.
- Thomas, S.P., Smucker, C., & Droppleman, P. (1998, June). *It hurts most around the heart: A phenomenological exploration of women's anger*. Paper presented at the Ninth International Congress on Women's Health Issues, Alexandria, Egypt.
- Meighan, M., Davis, M., Thomas, S.P., & Droppleman, P. (1998, June). *Living with postpartum depression: The father's experience*. Paper presented at the Ninth International Congress on Women's Health Issues, Alexandria, Egypt.
- Thomas, S.P. (1999, June). *A phenomenological study of chronic pain*. Paper presented at the Tenth International Congress on Women's Health Issues, Indianapolis, Indiana.
- Thomas, S.P. (1999, October). *A phenomenological study of chronic pain*. Poster presented at the 13th Conference of the European Health Psychology Society, Florence, Italy.
- Thomas, S.P. (1999, October). *Age differences in anger frequency, intensity, and expression*. Poster presented at the 13th Conference of the European Health Psychology Society, Florence, Italy.
- Mozingo, J., Davis, M., Droppleman, P., & Thomas, S.P. (1999, October). *I felt violated: Women's experience of childbirth-associated anger*. Poster presented at the 13th Conference of the European Health Psychology Society, Florence, Italy.
- Thomas, S.P. (2000, January). *Narratives of power and powerlessness: Anger of African American and Caucasian American women*. Paper presented at the International Congress on Women's Health Issues, San Francisco, California.
- Thomas, S.P., Shattell, M., & Martin, T. (2001, February). *The phenomenal world of the hospitalized psychiatric patient*. Paper presented at the International Interdisciplinary Qualitative Research Conference, Edmonton, Alberta, Canada.

- Thomas, S.P. (2001, April). *Violent and nonviolent girls: Contrasting perceptions of anger experiences, school, and relationships*. Poster presented at the 3rd International Society of Psychiatric-Mental Health Nurses Conference, Phoenix, Arizona.
- Thomas, S.P., Davis, M., Fields, B., & Dias-Bowie, Y. (2001, June). *Strategies to increase the number of African American nurses*. Paper presented at the Twelfth International Congress on Women's Health Issues, Wilmington, NC.
- Thomas, S.P. (2001, June). *Violent and nonviolent girls: Contrasting perceptions of anger experiences, school and relationships*. Paper presented at the Twelfth International Congress on Women's Health Issues, Wilmington, NC.
- Thomas, S.P. (2001, November). *A new approach to existential phenomenological nursing research*. Paper presented in symposium session "Using Existential Phenomenology to Understand Nursing Phenomena" at the 36th Biennial Convention of Sigma Theta Tau International, Indianapolis, IN. (I also organized and chaired this symposium).
- Thomas S.P. (2002, April). *Men's anger: A phenomenological exploration of its meaning*. Paper presented in symposium session "Using Existential Phenomenology to Understand Nursing Phenomena" at the Eighth International Qualitative Health Research Conference, Banff, Canada. (I also organized and chaired this symposium, which included a different set of papers than the symposium at Sigma Theta Tau).
- Thomas, S.P. (2002, April). *Men's anger: A phenomenological exploration of its meaning*. Poster presented at the Fourth Annual Conference of the International Society of Psychiatric-Mental Health Nurses, Washington, DC.
- Shattell, M., Collins, M., & Thomas, S. (2003, February). *"Making nice" and "schmoozing": An exploration of social desirability issues in qualitative interviews*. Paper presented at the 9th International Qualitative Health Research Conference, Guadalajara, Mexico.
- Thomas, S.P. (2003, February). *Overview of a 5-year program of phenomenological studies on race and discrimination in higher education*. Paper presented in symposium session "Examining Issues of Race and Discrimination Using Phenomenological Methodology" at the 9th International Qualitative Health Research Conference, Guadalajara, Mexico (I also organized and chaired this symposium).
- Thomas, S.P. (2003, June). *Application of terror management theory to 9/11 reactions of American mid-life women*. Paper presented at the 14th International Congress on Women's Health Issues, Victoria, British Columbia, Canada.
- Thomas, S.P., Davis, M., Greenberg, K., Pollio, H., Sall, A., Klukken, G., Thompson, C., & Conwill, W. (2004, April). *"Wait, give me a chance": The struggle of the African American student on the predominately white university campus in the U.S.* Paper presented at the Tenth International Qualitative Health Research Conference, Banff, Alberta, Canada.
- Thomas, S.P., & Martin, T. (2004, April). *Longing to make a difference*. Paper presented at the International Society of Psychiatric-Mental Health Nurses, St. Louis, MO.

- Hector, M.A., Thomas, S.P., Pollio, H.R., & Hector, J.H. (2004, June). *Listening to patients today: Walt Whitman's "The Wound Dresser" reconsidered*. Paper presented (by Hector) at the 18th Conference of the European Health Psychology Society, Helsinki, Finland.
- Wade, J., & Thomas, S.P. (2004, July). *Parenting a child with early onset childhood bipolar disorder: A phenomenological study*. Paper presented (by Wade) at the 15th International Research Congress of Sigma Theta Tau, Dublin, Ireland.
- Thomas, S.P. (2004, November). *Women's Health: Anger, Aggression, and Violence*. Paper presented at the 15th International Congress on Women's Health Issues, Sao Pedro, Brazil.
- Thomas, S.P., Hall, J., Stevens, S., & Broyles, T. (2005, April). *Dimensions of thriving in female survivors of childhood abuse*. Paper presented at the International Society of Psychiatric-Mental Health Nurses, Pittsburgh, PA.
- Gunther, M., & Thomas, S.P. (2005, May). *"It sticks in my mind": A phenomenological exploration of nurses' unfinished business in acute care settings*. Paper presented at the 11th Qualitative Health Research Conference, Utrecht, The Netherlands.
- Thomas, S.P. (2006, March). *Life Trajectories of Women Survivors of Child Maltreatment: Redemptive and Contaminating Sequences*. Paper presented at the 7th Global Conference "Perspectives on Evil and Human Wickedness," Salzburg, Austria.
- Thomas, S.P. (2006, April). *Diverse turning points and trajectories of female survivors of childhood maltreatment*. Paper presented at the 8th annual conference of the International Society of Psychiatric-Mental Health Nurses, Denver, Colorado.
- Shattell, M., Hogan, B., McAllister, S., & Thomas, S.P. (2006, July). *"She took the time to make sure she understood:" Mental health patients' experience of being understood within the therapeutic relationship*. Paper presented (by Shattell) at the IARR Conference, Rethymnon, Crete.
- Shattell, M., Hogan, B., McAllister, S., & Thomas, S.P. (2006, July). *"She provided the platform, the space: Mental health patients' experience of being understood*. Paper presented (by Shattell) at the 17th International Nursing Research Congress of Sigma Theta Tau International, Montreal, Canada.
- Thomas, S.P. (2006, July), *Narrative Trajectories of Women Survivors of Child Maltreatment: Redemptive and Contaminating Sequences*. Paper presented at the 17th International Nursing Research Congress of Sigma Theta Tau International, Montreal, Canada.
- Thomas, S.P. (2006, November). *Trajectories of women recovering from childhood maltreatment*. Paper presented at the Congress of the International Council on Women's Health Issues, Sydney, Australia.
- Gunther, M., & Thomas, S.P. (2006, November). *Unfinished business: Moral distress in the everyday work life of hospital nurses*. Paper presented at the Congress of the International Council on Women's Health Issues, Sydney, Australia.

- Thomas, S.P., & Burk, R.C. (2008, June). *What are the students angry about?* Poster presented at the 2nd International Nurse Education Conference, Dublin, Ireland. (Poster staffed by Burk)
- Thomas, S.P., & Hall, J.M. (2008, July). *Anger in the trajectory of healing from childhood maltreatment.* Paper presented at the Congress of the International Council on Women's Health Issues, Gaborone, Botswana.
- Thomas, S.P., & Shattell, M. (2008, July). *Mentoring to become a journal editor.* Paper presented at the International Academy of Nurse Editors, Padua, Italy.
- Shattell, M., Chinn, P., Thomas, S.P., & Cowling, R. (2008, July). *Quality of peer review as perceived by authors and editors.* Paper presented at the International Academy of Nursing Editors, Padua, Italy.
- Grasso, M., Drake-Clark, D., Thomas, S.P., & Banta, T.W. (2008, July). *Developing successful women leaders: the National Institute of Education Fellows Program.* Paper presented at the "Engendering Leadership Through Research and Practice" Conference, Perth, Western Australia (paper read by Drake-Clark).
- Thomas, S.P., & Chinn, P. (2009, July). *Exploring the quality of peer review processes.* Paper presentation at the annual meeting of the International Academy of Nursing Editors, Chicago.
- Thomas, S.P. (2009, September). *Quality of peer reviews in 3 nursing journals from the perspective of authors and editors.* Poster presentation at the Sixth International Congress on Peer Review and Biomedical Publication, Vancouver, Canada.
- Thomas, S.P. (2010, April). *Understanding the meaning of urban spaces and places to women: Impact on health and well-being.* Poster presentation at the 18th International Congress of the International Council on Women's Health Issues, Philadelphia, PA.
- Carlson, K., Powers, S. Thomas, S.P., & Phillips, K. (2011, April). *Narratives of childhood by male and female perpetrators of child sexual abuse.* Poster presentation at the International Society of Psychiatric-Mental Health Nurses, Tucson, AZ.
- Thomas, S.P., Phillips, K., Carlson, K., Kirkwood, E., Shieh, B., & Worley, J. (2012, March). *Childhood experiences of perpetrators of child sexual abuse.* Paper presentation at the International Society of Psychiatric-Mental Health Nurses, Atlanta, GA.
- Thomas, S.P., Phillips, K., Goodpasture, J., & Shenandoah, C. (2013). *Childhood sibling and peer relationships of perpetrators who sexually abuse children.* Poster presentation at the International Society of Psychiatric-Mental Health Nurses, San Antonio, TX.
- Phillips, K., Lancaster, J., Mefford, L., Shieh, E., & Thomas, S.P. (2013). *Sleep disturbance related to adverse childhood experiences among adults who have committed sex offenses against a child.* Poster presented at the International Society of Psychiatric-Mental Health Nurses, San Antonio, TX.
- Thomas, S.P., Phillips, K., & Gunther, M. (2013, October). *Childhood narratives of*

perpetrators who sexually abuse children. Paper presented at the 8th European Congress on Violence in Clinical Psychiatry, Ghent, Belgium.

Gunther, M., Thomas, S.P., & Phillips, K. (2013, October). *Childhood sibling and peer relationships of perpetrators who sexually abuse children*. Paper presented at the 8th European Congress on Violence in Clinical Psychiatry, Ghent, Belgium.

Phillips, K., Mefford, L., Thomas, S.P., Gunther, M., Tavakoli, A., Shieh, E., & Lancaster, J. (2013, October). *The relationship of adverse childhood experiences with quality of life in adults who themselves have committed a sex offense against a child*. Poster presented at the 8th European Congress on Violence in Clinical Psychiatry, Ghent, Belgium.

Jones, D., & Thomas, S.P. (2017, March). *Military children's perceptions of parents' frequent missile base deployments*. Poster presented at the International Society of Psychiatric-Mental Health Nurses, Baltimore, MD.

Thomas, S.P. (2018, April). *Editors Panel*. Podium presentation at the International Society of Psychiatric-Mental Health Nurses, Tempe, AZ

Thomas, S.P., Smith, J., Moret, L., & Henry, D. (2018, June). *A different way of engaging in dialogue, as researchers and teachers inspired by Merleau-Ponty*. Podium presentation at the International Human Science Research Conference, Spartanburg, SC. (organized the symposium session and presented individual paper within it)

Thomas, S.P. (2019, May). *From anger to hope*. Podium presentation at the International Society of Psychiatric-Mental Health Nurses, Charlotte, NC.

Todt, K., & Thomas, S.P. (2020, June). *The lived experience of nurses caring for Appalachian patients diagnosed with infective endocarditis who use or have used intravenous drugs*. Poster presentation at the International Society of Psychiatric-Mental Health Nurses (held virtually due to COVID-19 pandemic).

Bartmess, M., & Thomas, S.P. (2021, August). *Shaping effective nurse scientists through independent studies for scholarly writing*. Poster presentation at the International Academy of Nursing Editors (held virtually).

Additional note regarding presentations: Numerous non-research presentations and invited addresses have also been made for audiences including American Academy of Nursing, American Nurses Association, more than a dozen State Nurses Associations, the National Council of State Boards of Nursing, the National League for Nursing, the National Association of Women Lawyers, the International Society of Psychiatric-Mental Health Nurses, the Association of Nursing Service Administrators, the American Veterinary Medicine Association, the American Psychiatric Nurses Association, the Association of Rehabilitation Nurses, the 12th Annual Nurse Educators Conference in the Rockies, Cedars-Sinai Medical Center in Los Angeles; the Georgia Hospital Association, the East Tennessee Human Resources Agency, the annual conference of Creative Healthcare Management, the Association of Diploma Schools of Professional Nursing, many universities, hospitals, nursing schools, health departments, women's organizations, civic clubs, community groups, and churches.

Most recent non-research presentations:

- Participated in “Meet the Editors” panel at Southern Nursing Research Society meetings in February 2013, February 2015, and February 2016;
- “Leading a Scholarly Life” speech given at STTI induction ceremony, Gamma Chi chapter, April 19, 2016;
- “Fundamentals of Writing Manuscripts for Scholarly Journals,” June 15, 2017 at the conference for the Minority Fellowship Program of the American Nurses Association/SAMHSA;
- Moderator of “Meet the Editors” panel at Southern Nursing Research Society conference in Atlanta, GA, March 22, 2018
- “Writing for Publication” for doctoral students at East Tennessee State University, 2018
- “How to Start and Maintain a Qualitative Research Interest Group” for Oregon Health & Science University, School of Nursing, November 10, 2022

VII. UNIVERSITY SERVICE:

College of Nursing Service:

Faculty Development committee	1983 - 1987
Computer Committee	1984 - 1988
MSN Admissions Committee	1984-88, & ‘97-‘00
Director, Feasibility Study for PhD Program in Nursing	1986 -1988
Search Committee for New Faculty	1988
Preparer of Evaluation Section of Self-Study for NLN Visit	1988
Human Subjects Committee Chairperson	1988 - 1998
Constitution and Bylaws Committee	1988-89, 1994-95
PhD Admissions Committee	1989 - present
Search Committees for New Faculty	1990, 1992-93, 1994
Chair of Two Faculty Peer Review Teams	1990
Promotion and Tenure Committee	1990-91, 1992 -95, 1997-2003, 2004-2006
Graduate Curriculum Committee	1990 - 1996
Search Committee for Dean	1991 - 1992
Graduate Scholarships Committee	1993 - 1996
Computer Planning Task Force	1993 - 1994
Planning Committee, Homecoming Conference	1993
Search Committee for Associate Dean for Research	1994
Chairperson Graduate Curriculum Committee	1994-95
Chairperson Self-Study for NLN Accreditation	1994 – 1997
Search Committee for Dean	1994 - 1995
Search Committee for Associate Deans	1996 - 1997
Search Committees for Faculty	1998-00, 01-02, 07-08
Member of 2 peer review teams for faculty members in Nursing	1998-‘99
Chair, 1 peer review team (College of Nursing)	1999-2000
Chair, Promotion and Tenure Committee	‘99-2000 & ‘03-‘04, 2018-2020
Member, Curriculum Committee	2000-2013
Member, Graduate Curriculum Committee	2013-present
Chair, 1 post-tenure review committee (Nursing)	2001
Chair, Search Committee, Associate Dean for Academic Affairs	2002-‘03
Chair, 1 post-tenure review committee (Nursing)	2002

Member, 1 post-tenure review committee (Nursing)	2004
Chair, Search Committee, Associate Dean for Research	2005-'06
Member, Search Committee for Faculty	2010
Chair, Search Committees for Faculty	2011-2015
Secretary of the Faculty	2012-2013
Member, Search Committee for Academic Advisor	2013-2014
Member, Search Committee for Associate Dean, Research	2014-2015
Member, Search Committee for Faculty	2016-2017
Chair, Search Committee for Faculty & Associate Dean	2017-2018
Member, Promotion and Tenure Committee	2020-2021
Member, Promotion and Tenure Committee	2023-2024

University Service:

Nursing Representative to Council on International Education	1985-1986
Nursing Representative to Faculty Affairs Committee	1985 –1986
Faculty Link Network for International Education	1986 - 1997
Institutional Review Board for Research with Human Subjects	1988 - 1998
Research Council	1988 - 1994
Research Cabinet	1988 - 1990
Member, Compliance Committee of Research Council	1988 - 1989
Chair, Compliance Committee of Research Council	1989 - 1993
Member, Search Committee for Academic Vice Chancellor	1992 - 1993
Co-chair, Faculty Senate Committee for Administrator Evaluation	1993- 1994
Chair, Committee to review Dean of Libraries	1993
Member, Committee to review Chancellor	1993
Member, Committee for Chancellor's Award for Research	1994
Chair, Search committee for Compliance Coordinator	1994
Chair, Faculty Senate Committee for Administrator Evaluation	1995
Board Member, Association of Women Faculty	1996 - 2000
Member, Post-Tenure Review for Psychology Faculty Member	2000
Member, UT Commission for Women	2001-2003
Member, Post-Tenure Review Committee, Faculty in Child & Family	2001
Member, 1 post-tenure review committee (in Education)	2003
Member, Reflective Practice Committee of Teaching, Learning Center	2009
Member, Spirituality and Critical Inquiry Colloquy	2009
Member, External Tenure Review Committee	2019, 2022
Member, Post-Tenure Review Committees	2022
Member, Intercollegiate Review Committee	2023-2024

VII. PROFESSIONAL SERVICE:

Professional Organization Memberships and Offices Held:

Charter Member, Southern Nursing Research Society, served as:

- Newsletter Reporter for Tennessee, 1987-1989
- Chairperson, Student Poster Competition, 1992
- Planning committee for annual conference, 1992
- Facilitator, Psychiatric-Mental Health Interest Group, 1993-1994 and 2001
- Invited speaker on logistics of doctoral education, 2000
- Member, Communications Committee, 2004-2005
- Member, Archives Committee, 2008-2010

Member, SOJNR Task Force, 2010
Member, Succession Planning and Nominations Committee, 2014-2016

Member, International Council on Women's Health Issues since 1986; served on:
Board of Directors, 1986-1992, and 1996-2004, and 2006-2010
Abstract Reviewer, ICOWHI Australia Congress, 2006

Member, American Psychological Association, Psychology of Women Division and Health Psychology Division, served as:
Co-chair Nursing/Psychology Committee 1993-1994
Chair Nursing/Health Psychology committee 1994-1997
Reviewer for the Division 35/AWP Student Research Prize, 1996, 1997

Member, International Society of Psychiatric-Mental Health Nurses since 1999, served as:
Member, ISPN Products Committee, 1999
Elected Member-at-large, Nominating Committee, 2002-2004
Member ISPN Foundation Board, 2017-2019
Member, Editors' Panel, 2018

Member, American Psychiatric Nurses Association and local chapter of APNA, served as:
Member, Newsletter Committee of Tennessee Chapter, 1999
Member, national APNA Research Steering Committee, 2000-2001
Member, national APNA Research Council, 2002-2015
Chair, Scholarly Review for national APNA Conference, 2005
Grant Reviewer, APNF Research Grants, 2011-2015 and 2018

Member, Society of Behavioral Medicine since 1983, served as:
Chair for Abstract Reviews on Emotions, Attitudes, Stress, and Type A Behavior for 1994 Conference
Member, Program Committee for 1994 conference
Reviewer of Abstracts for 1995 conference
Member, Nursing Membership Subcommittee, 1995
Named a Fellow, 1999
Member, Nominating Committee, 1999-2001

Member of Sigma Theta Tau International Nursing Honor Society, Gamma Chi Chapter; served as:
Chairperson Chapter Research Committee, 1984-1985; 1988-1989; 1991-1992; and 1999-2000
Chapter Faculty Advisor, 1987-1989
Presider at Biennial Convention Scientific Sessions, 1989, 1991, 1993
Collateral Reviewer for Grants at national level, 1988-1990
Chapter President-Elect 1991-1992
Chapter President 1992-1993
Member Chapter Research Committee, 1994-1995 and 2000-2005
Distinguished Lecturer, STT International, 2000-2001
Mentor to Mona Shattell in the Chiron Mentoring Program, STTI, 2007-2008

Member, American Nurses Association and District 2 of the Tennessee Nurses Association since 1965; served as:

1st Vice President, District 2, TNA, 1976-1977
Recording Secretary, District 2, TNA, 1977-1978
Chairperson, Psychiatric/Mental Health Interest Group 1977-1978
Vice-Chairperson Nurse Educators Interest Group 1978-1979
Registration chairperson, conventions of Tennessee Nurses Association, 1977, 1980, 1983
President, District 2, TNA, 1978-1980
Newsletter Editor, District 2, TNA, 1980
Delegate to American Nurses' Association conventions, 1978, 1980, 1985, 1988
Chairperson, TNA Resolutions Committee, 1979
Secretary and Newsletter Editor, Psychiatric/Mental Health Interest Group, 1979-1981
Member TNA Reference Committee, 1985
Member, District 2 Legislative Committee, 1985-1987
Chairperson, TNA Nurse Educators Council, 1985-1986
Chairperson, TNA Research Committee, for three two-year terms, 1985-1991
Member, TNA Nominating Committee, 1986
TNA Board of Directors, 1986-1988
Chairperson, district nominating committee, 1987
Member, Tennessee state convention planning committee, 1988
Judge, submissions for AJN/TNA Excellence in Writing Award, 1991
Committee of Judges for the Search for Excellence contest, 1992
Several terms on District 2 Board of Directors
Delegate to numerous TNA conventions
Chairperson, numerous workshops (e.g., neurological nursing, orthopedic nursing)
Member, ANA Council of Nurse Researchers
Member, ANA Political Action Committee (Winner's Circle)
Named a Fellow, American Academy of Nursing, 1996
Member, District 2 Nominating Committee, 2004-2005 and 2005-2006
Member, Expert Panel on Violence, American Academy of Nursing, 2000-present

IX. COMMUNITY SERVICE

- Served on Grant Planning Committee for series of local continuing education programs on Aging and Mental Health (grant of \$49, 527 funded by NIMH)
- Served two terms on Governing Board, East Tennessee Health Improvement Council (health planning agency for 16-county area), 1976-1982
- Served on Board of Directors, Greater Knoxville Epilepsy Foundation, 1981-1983
- Writer of health column for "Farragut Press Enterprise" newspaper for several years
- Group facilitator, numerous singles seminars and divorce adjustment groups, First United Methodist Church and Church Street Methodist Church, for more than twenty years
- Organized nursing student involvement and staffed College of Nursing display at the African American student health fair, sponsored by UT chapter of NAACP, 2003
- Contributor to variety of social justice projects through West Side Unitarian Universalist Church, 2009 – present
- Consultant regarding nurses' stress at East Tennessee Children's Hospital; conducted "listening sessions" and made recommendations, 2013
- Member, Women in the Next Generation Society of United Way, 2013 and continuing
- Member, UT Alliance of Women Philanthropists, 2014 and continuing

Pro bono speeches on stress management, anger management, and various wellness topics for community organizations, such as: Kiwanis Club, East Tennessee Education Association, Mountain Empire Arthritis Association, ORNL Instrumentation and Controls Division, Rotary Club, AAUW, Professional Administrators of Volunteer Services, Knoxville branch of Federally Employed Women, Knoxville Association of Women Executives, Women’s Council of the UT National Alumni Association, League of Women Voters, Western Carolina Women’s Coalition, Knoxville Academy of Medicine Alliance, Professional Secretaries International, Air Force Reserve Directorate of Personnel (McGhee Tyson National Guard Base), UT Science Forum, and for area hospitals such as Lakeshore, Children’s, and UT Medical Center

Television interviews have included “Good Morning America,” “Lifetime Magazine,” “Telemedicine Canada” “Good Day Atlanta,” “Breakfast Television Toronto,” WTTG Fox Morning News, Washington, DC, CNN Atlanta, Channel 8 Indianapolis, KARE Minneapolis, “Around Arlington,” (and others)

Radio interviews have included stations in Denver, Tampa, Nashville, Toronto, Dallas/Fort Worth, New York, St. Louis, Albany, Ottawa, Los Angeles, and Japan

Newspaper articles about research have appeared in “New York Times” (Jane Brody column), “USA Today,” “Chicago Tribune,” Gannett Suburban Newspapers, and many other newspapers

Magazine articles about research have appeared in more than three dozen magazines (e.g., Redbook, Self, Mademoiselle, Glamour, Ladies Home Journal, Working Woman, McCall’s, New Woman, Woman’s Day, Woman’s World, Cosmopolitan, First for Women, Fitness, Cooking Light, American Health, O magazine, AARP magazine, and Money\$Worth)

Media interviews since 2005: February, 2005 interview by Christina Orlovsky for Nurse.Zone.com; April, 2005 interview by Dorothy Foltz-Gray for “Prevention” magazine; October, 2005 interviews by Jennifer O’Connor for “Homemakers” magazine (Canadian) and Susan Greenberg for “Women’s Health” magazine; January 2006 interview by Shelley Levitt for “Women’s Health” magazine; August 2006 interview for “Nursing Spectrum” about nurses’ horizontal hostility; September 2006 interview for “Self” magazine about anger; October 2006 interview by Jody DiPerna of Pittsburgh City Paper about inappropriate fighting on the field by athletes; May 2008 interview by Rory Evans for “Allure” magazine; Provided info to Rebecca Webber for article on women’s anger for “Glamour” in October, 2008 and follow-up info in January, 2009; Interviewed by Julie Taylor for article on mothers’ anger at children for “Good Housekeeping” magazine, October 20, 2009; Interviewed by Jennifer Larson June 10, 2010 for article about nurses’ stress and depression for the national nursing website NurseZone; Interviewed April 23, 2012, by Erin Strecker for article on emotional sobriety for O magazine; Interviewed August 18, 2014 by Jodi Helmer for article in AARP magazine (published in Dec.2014/Jan.2015 issue); Interviewed Dec. 4, 2014 by Sunny Sea Gold for article on anger in “Dr. Oz: the Good Life” magazine, which appeared in the magazine March 2015; Interviewed Dec. 2015 by Sunny Sea Gold for article for Brides.com (article out 1/19/16); Interviewed by Elise Sole for article in “Yahoo Lifestyle” about adult temper tantrums (posted June 1, 2018, online); Interviewed by Lauren McKeon of Chatelaine magazine about women’s anger on November 8, 2018; Interviewed by Christina Frangou for magazine article on January 10, 2020; Interviewed by Deb Wood for story on anger management in NursingJobs.com (Nov. 2020).

X. HONORS AND AWARDS

- Scholastic Honorary Societies: Alpha Lambda Delta, Phi Kappa Phi, Kappa Delta Pi, Pi Lambda Theta, Sigma Theta Tau
- Named to Outstanding Young Women of America – 1972
- First Place, Writing Contest for Nurses sponsored by American Hospital Association Assembly of Hospital Schools of Nursing – 1979
- Nurse of the Year, District 2, Tennessee Nurses' Association, 1980
- National Institute of Education Fellowship Recipient - 1981-1982
- Hilton Smith Fellowship Recipient, University of Tennessee, 1982-1983
- Outstanding Doctoral Student, Dept. of Educational and Counseling Psychology, UTK, 1983
- 1983 Jessie Harris Award for Exceptional Performance as a Graduate Student, University of Tennessee "Women of Achievement" Awards Ceremony, 1983 (one of five graduate students selected from throughout the university)
- Florence McIntyre Award for Academic Excellence, U. of Tennessee "Women of Achievement" Awards, 1983
- Outstanding Dissertation Award, College of Education, UT-Knoxville, 1984
- Named to *Who's Who in American Nursing*, 1986-1987 edition
- Nursing Scholarship Award, Tennessee Nurses' Association District II, 1987
- Hall of Fame Award, Tennessee Nurses' Association District II, for service and leadership, 1989
- American Journal of Nursing/Tennessee Nurses' Association Excellence in Writing Award, 1989
- Chancellor's Award for Research and Creative Achievement, UTK, 1992
- Research Award, Gamma Chi Chapter, Sigma Theta Tau, 1993
- Named to *Who's Who in the World*, 1995
- Citation Paper Award for paper presented at the Fourth International Congress of Behavioral Medicine, 1996
- Named a Fellow, American Academy of Nursing, 1996
- Named a Fellow, Society of Behavioral Medicine, 1999
- Excellence in Research Award, Gamma Chi Chapter, Sigma Theta Tau, 2001
- First Place Research Poster Presentation Award, American Psychiatric Nurses Association, 2001
- Jeanette Chamberlain Award, International Society of Psychiatric -Mental Health Nurses, 2002
- American Journal of Nursing Book of the Year Award, Nursing Research category, for "Listening to Patients," 2002
- Choice Magazine Award as an Outstanding Academic Title, for "Listening to Patients," 2002
- Research Award, International Society of Psychiatric-Mental Health Nurses, 2004
- Outstanding Nurse Educator Award, Knoxville chapter of American Psychiatric Nurses Association, 2004

- American Journal of Nursing Book of the Year Award, Professional Development and Issues category, for “Transforming Nurses’ Stress and Anger” (2nd edition), 2004
- American Journal of Nursing Book of the Year Award, Psychiatric-Mental Health Nursing category, for “Transforming Nurses’ Stress and Anger” (2nd edition), 2004
- 3rd Place Research Poster Award, American Psychiatric Nurses Association, 2005 (collaborative research with Mona Shattell of UNC Greensboro)
- Citation Paper Award for paper with Maureen Groer, Society of Behavioral Medicine, 2006
- Excellence in Research Award, Gamma Chi Chapter, Sigma Theta Tau, 2006
- Chiron Mentoring Program Award, Sigma Theta Tau International, with mentee Mona Shattell, 2007-2008 (Program now called the Mentorship Leadership Development Program)
- Outstanding Abstract Award, Sigma Theta Tau Research Day, UT College of Nursing, 2008 (coauthors Linda Mefford (PI), Maureen Groer, Dava Shoffner, and Bonnie Callen)
- 2011 Best Research Poster Award, International Society of Psychiatric-Mental Health Nurses (coauthors Kelly Carlson, Stephanie Powers, Kenneth Phillips)
- Outstanding Alumni Award, Department of Educational Psychology and Counseling for 2011, University of Tennessee, Knoxville (award given September, 2012)
- 2014 Don Bell Memorial Graduate Poster Award-- First Place Research Poster, Sigma Theta Tau International and Student Nurses Association Research Day, University of Tennessee, Knoxville (coauthors Jenny Webb, Melanie Morris, and Terri Combs-Orme)
- Daisy Faculty Award – 2014
- 2015 Research Paper of the Year Award, *MCN, The American Journal of Maternal Child Nursing*, with coauthors Jenny Webb, Melanie Morris, and Terri Combs-Orme
- 2015 Recipient of Dr. Sylvia E. Hart Distinguished Alumni Award
- 2016 Sara and Ross Croley Endowed Professorship in Nursing
- 2016 Best Research Poster Award, Gamma Chi Chapter, Sigma Theta Tau International, November 7, 2016 (first author Reba Umberger)
- Melva Jo Hendrix Lectureship Award, International Society of Psychiatric-Mental Health Nurses, April 13, 2018
- First Place Student Research Poster Award with PhD student Kendrea Todt, International Society of Psychiatric-Mental Health Nurses, June, 2020
- Outstanding PhD Faculty Excellence in Teaching Award, May 2021
- Graduate Excellence in Didactic Instruction Award, May 2022
- Sara and Ross Croley Endowed Professorship in Nursing, renewed 2022