The Recovery-Based Interprofessional Distance Education (RIDE) Rotation: Tips for Building Faculty and Student Teams

Lora Humphrey Beebe, PhD, PMHNP-BC, Professor; Marian Roman, PhD, PMHCNS-BC & Cheryl Daugherty, MSN, PMHNP-BC

**The RIDE Rotation**

**A 4-week series of modules, using IPE and recovery concepts**

**Before Module 1.** Students completed the Pre Training Online Evaluation of Teamwork, Knowledge, Attitudes and Skills for Health Sciences Students (Brock, Chiu & Rish, 2014).

- Modules 1 & 2: online synchronous via Bb collaborate or Zoom
- Week 1-IPE
- Week 2-the Recovery model
- Week 3 – “live” interaction with simulated client
- Week 4- Three-day clinical intensive developing team based wellness plans

Week 5 – online debriefing/evaluation via focus group and completion of the Post Training Online Evaluation of Teamwork, Knowledge, Attitudes and Skills for Health Sciences Students (Brock, Chiu & Rish, 2014).

**TEAM BUILDING ACTIVITIES**

- monthly meetings, formal and informal gatherings in person and online, and attendance at a 3 day IPE conference.
- collaboration with IPE and curricular consultants to design the overall curriculum, objectives and formative and summative evaluations.
- Design of student activities and determinations about delivery methods and grading rubrics in collaboration with an online pedagogy expert.
- All RIDE faculty participated in faculty training in our online platform
- A series of six videos were scripted, produced and edited by our videographer in collaboration with RIDE faculty and a graduate student from the University of Tennessee performing arts program, to demonstrate common mental health symptoms and IPE core concepts.
- Collaboration with evaluation team to develop and submit IRB approval.
- Visits to clinical sites to meet our clinical partners and discuss logistics for the 3 day on site clinical intensive

**DELIVERABLES**


**OUR PARTNERS**

- Graduate students and faculty in Psychiatric Mental Health Nursing
- Pharmacy
- Nutrition
- Exercise Physiology
- Staff/clients at our clinical site!

**NEXT STEPS**

- The final (grant-supported) cohort will complete the RIDE in February, 2017
- Planned publications will report results from cohort four, analyze pooled data from all cohorts, and examine outcomes based upon discipline, timing in program and prior experience on healthcare teams (yes/no)
- Faculty intend to continue offering the RIDE to students from as many disciplines as possible

**LESSONS LEARNED**

- Identify committed faculty early
- Seek support from administrative partners
- Provide faculty release time for project activities
- Provide early training in online education theory and how-tos (with refreshers)
- Provide orientation to psychiatric populations and facility
- Shadowing experience on day one of clinical intensive
- Tireless work to increase program visibility and student understanding of program

**It’s never too early to start thinking about sustainability!!!**

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